

RSSDI Digital Workshop on Type 1 Diabetes

16th October, 2021 (Saturday)
10:30AM – 08:30PM (IST)

17th October, 2021 (Sunday)
09:30AM – 08:00PM (IST)

Join
RSSDI - Type 1 Diabetes Network

T1DN

Objective

To improve the standard of care of Type 1 Diabetes in India

Who should attend?

Diabetologists/ Physicians with a keen interest in managing Type 1 Diabetes

Organized by:



Dr. Banshi Saboo
President - RSSDI

Dr. Ch. Vasanth Kumar
President Elect - RSSDI

Dr. Sanjay Agarwal
Secretary - RSSDI

RSSDI Type 1 Diabetes Task Force

Dr. Alok Gupta
UK

Dr. Partha Kar
UK

Dr. A. K. Jhingan
New Delhi

Dr. Archana Sarda
Aurangabad

Dr. Deepak Dalal
Mumbai

Dr. Rishi Shukla
Kanpur



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RSSDI Executive Committee

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Dr. Ch. Vasanth Kumar

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Dr. Rajeev Chawla

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Dr. Bikash Bhattacharjee
Dr. Sudhir Bhandari

Co-opted
Dr. Brij Makkar
Dr. Vijay Panikar
Dr. Rakesh Sahay

Scientific Program

DAY 1 : SATURDAY
16th OCTOBER, 2021

Inauguration

10:30AM - 12:00PM (IST)

Basics of Type 1 Diabetes

12:00PM - 01:30PM (IST)

Chairpersons:

Dr. Ch. Vasanth Kumar
(Hyderabad)

Dr. Sanjay Reddy
(Bengaluru)

Dr. Anju Virmani
(New Delhi)



Dilemmas in Diagnosing
Type 1 Diabetes

12:25PM - 12:45PM (IST)



Dr. K. M. Prasannakumar
(Bengaluru)

Etiopathogenesis
of Type 1 Diabetes:
What is New?

12:00PM - 12:20PM (IST)



Dr. Sharad Pandsey
(Nagpur)

Goals of Care in Treatment
of Type 1 Diabetes

12:50PM - 01:10PM (IST)

Discussion

01:15PM - 01:30PM (IST)

Insulin Pump & Technology Symposium

01:30PM - 03:00PM (IST)

Chairpersons:

Dr. Saurabh Mishra
(Kanpur)

Dr. Arun Shankar
(Thiruvanthpuram)

Dr. Ragnar Hanas
(Sweden)



Usage of Insulin
Pump in Toddlers

01:55PM - 02:15PM (IST)



Dr. Thomas Danne
(Germany)

Advances in Insulin
Pump Therapy

01:30PM - 01:50PM (IST)



Dr. Jothydev Kesavadev
(Thiruvanthpuram)

Closing the Loop:
Where we are?

02:20PM - 02:40PM (IST)

Discussion

02:45PM - 03:00PM (IST)

Scientific Program

DAY 1 : SATURDAY
16th OCTOBER, 2021

Sugar Monitoring in Type 1 Diabetes

03:00PM - 04:00PM (IST)

Chairpersons:

Dr. L. Sreenivasa Murthy
(Bengaluru)

Dr. Paratp Jethvani
(Rajkot)

Dr. Pratik Chaudhary
(UK)



Dr. Manoj Chawla
(Mumbai)

SMBG: Usage,
Interpretation &
Limitations

CGMS: Use, Interpretation
& Time-in-Range (TIR)

03:25PM - 03:45PM (IST)

03:00PM - 03:20PM (IST)

Discussion

03:50PM - 04:00PM (IST)

Medical Nutrition Therapy

04:00PM - 05:00PM (IST)

Chairpersons:

Dr. Kavita Gupta
(Nagpur)

Dr. Ashutosh Chaturvedi
(Jaipur)

Dr. S. S. Dariya
(Jaipur)

Ms. Sheryl Salis
(Mumbai)



Dr. Minal Mohit
(Jaipur)

Age wise Nutrition
Goals in Persons
with Type 1 Diabetes

Principles of Carb Counting
in Type 1 Diabetes

04:25PM - 04:45PM (IST)

04:00PM - 04:20PM (IST)

Discussion

04:50PM - 05:00PM (IST)

Scientific Program

DAY 1 : SATURDAY
16th OCTOBER, 2021

Insulin

05:00PM - 06:30PM (IST)

Chairpersons:

Dr. Anuj Maheshwari
(Lucknow)

Dr. Mithun Bhartia
(Guwahati)

Dr. Sanjay Agarwal
(Pune)

Dose Adjustment and
Intensifying the Insulin
Therapy

05:25PM - 05:45PM (IST)



Dr. A. K. Das
(Puducherry)

Insulin Regimes:
Different Types
and their Use

05:00PM - 05:20PM (IST)

Dr. Sunil Gupta
(Nagpur)

Lipohypertrophy:
Preventable
Problem



Discussion

06:15PM - 06:30PM (IST)

05:50PM - 06:10PM (IST)

Education for Type 1 Diabetes

06:30PM - 08:30PM (IST)

Chairpersons:

Dr. Debasis Basu
(Kolkata)

Dr. Sachindra Joshi
(Mumbai)

Dr. A. G. Unnikrishnan
(Pune)

Digital Apps (mHealth)
for Type 1 Diabetes

06:55PM - 07:15PM (IST)



Dr. Sujoy Ghosh
(Kolkata)

Structured Diabetes
Education: How to
Deliver it?

06:30PM - 06:50PM (IST)

Dr. Tejas Limaye
(Pune)

Madhuraksha App: A
Collaborative effort of RSSDI
for Care of Type 1 Diabetes

07:45PM - 08:05PM (IST)



Dr. Archana Sarda
(Aurangabad)

Educating Persons with
Type 1 Diabetes in a Low
Resource Setting

07:20PM - 07:40PM (IST)

Discussion

08:10PM - 08:30PM (IST)

Scientific Program

DAY 2 : SUNDAY
17th OCTOBER, 2021

Empowering Families with Type 1 Diabetes

09:30AM - 11:00AM (IST)

Chairpersons:

Dr. Sanjeev Phatak
(Ahmedabad)

Dr. Anil Goomber
(New Delhi)

Dr. Deepak Dalal
(Mumbai)

Psychosocial & Emotional
Aspects of Type 1 Diabetes
Care

09:55AM - 10:15AM (IST)

Discussion

10:45AM - 11:00AM (IST)



Dr. Rishi Shukla
(Kanpur)

Approach to Children
with Type 1 Diabetes &
their Family

09:30AM - 09:50AM (IST)



Dr. Shaila Bhattacharya
(Bengaluru)

Self management in
Type 1 Diabetes

10:20AM - 10:40AM (IST)

Managing Type 1 Diabetes in Special Situations

11:00AM - 12:30PM (IST)

Chairpersons:

Dr. Meena Chhabra
(Delhi)

Dr. Arundhati Dasupta
(Siliguri)

Mr. Sahil Madan
(New Delhi)

Sports & Travel: Care in Type
1 Diabetes

11:25AM - 11:45AM (IST)

Discussion

12:15PM - 12:30PM (IST)



Dr. Shalini Jaggi
(New Delhi)

Pre-Conception,
Gestation & Lactation:
Care in Type 1 Diabetes

11:00AM - 11:20AM (IST)



Dr. Alok Gupta
(UK)

Peri-operative Care in
Type 1 Diabetes

11:50AM - 12:10PM (IST)

Scientific Program

DAY 2 : SUNDAY
17th OCTOBER, 2021

Preventing Acute Complications in Type 1 Diabetes in 2021

12:30PM - 02:00PM (IST)

Chairpersons:

Dr. P. V. Rao
(Hyderabad)

Dr. Kalpana Dash
(Raipur)



Dr. Aspi Irani
(Mumbai)

DKA: Management &
Prevention

12:55PM - 01:15PM (IST)



Dr. Ganesh Jevalikar
(Gurgaon)

Preventing
Hypoglycemia & it's
Management

12:30PM - 12:50PM (IST)



Dr. A. K. Jhingan
(New Delhi)

Managing Type 1
Diabetes during Sick Days

01:20PM - 01:40PM (IST)

Discussion

01:45PM - 02:00PM (IST)

Panel Discussion : Research in Type 1 Diabetes

02:00PM - 03:00PM (IST)

Moderator:



Dr. Sujoy Ghosh
(Kolkata)

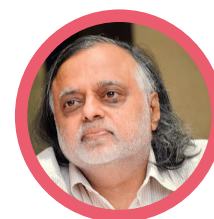
Panelists:



Dr. Graham Ogle
(Australia)



Dr. C. S. Yajnik
(Pune)



Dr. S. S. Srikantha
(Bengaluru)

Scientific Program

DAY 2 : SUNDAY
17th OCTOBER, 2021

Challenges & Solution in Type 1 Diabetes

03:00PM - 04:00PM (IST)

Chairpersons:

Dr. Rajeev Chawla
(New Delhi)

Dr. Kalpana Jog
(Pune)

Dr. Rakesh Sahay
(Hyderabad)

Solutions Pertaining to India
for better anagement of
Type 1 Diabetes

03:20PM - 03:35PM (IST)



Dr. Shashank Joshi
(Mumbai)

Challenges in Managing
Type 1 Diabetes: Global
(IDF) Perspective

03:00PM - 03:15PM (IST)



Dr. V. Mohan
(Chennai)

Long and Healthy Life is
Possible with Type 1
Diabetes

03:40PM - 03:55PM (IST)

Discussion

03:55PM - 04:00PM (IST)

DIY Workshop

04:00PM - 05:00PM (IST)

Chairpersons:

Dr. Dhruvi Hasnani
(Ahmedabad)

Dr. Vinay Dhandania
(Ranchi)

Ms. Jazz Sethi
(Ahmedabad)

My Experience with
Looping

04:15PM - 04:30PM (IST)



Mr. Tim Streat
(UK)

Nuts & Bolts of
Artificial Pancreas

04:00PM - 04:15PM (IST)



Dr. Partha Kar
(UK)

Using DIY: A Technology
and Patient's Choice

04:30PM - 04:45PM (IST)

Discussion

04:45PM - 05:00PM (IST)

Scientific Program

DAY 2 : SUNDAY
17th OCTOBER, 2021

Mixed Bag

05:00PM - 06:30PM (IST)

Chairpersons:

Dr. Alok Kanungo
(Bhubneswar)

Dr. Rohit Kapoor
(Amritsar)

Dr. Vijay Vishwanathan
(Chennai)

Chronic Complications in
Type 1 Diabetes: A Major
Challenge for Survival

05:25PM - 05:45PM (IST)



Dr. Sanjay Bhadada
(Chandigarh)

Managing Celiac Disease &
Thyroid in Type 1 Diabetes

05:00PM - 05:20PM (IST)



Dr. Anurag Bajpayee
(Kanpur)

Monitoring Growth &
Puberty in Type 1 Diabetes

05:50PM - 06:10PM (IST)

Discussion

06:15PM - 06:30PM (IST)

Advocacy

06:30PM - 08:00PM (IST)

Chairpersons:

Dr. Shuchy Chug
(Bengaluru)

Dr. Jaiprakash Sai
(Hyderabad)

Ms. Nupur Lalvani
(Pune)

Community Awareness for
Type 1 Diabetes

06:50PM - 07:05PM (IST)



Dr. Apoorva Gomber
(USA)

Living with Type 1
Diabetes

06:30PM - 06:45PM (IST)

Dr. Banshi Saboo
(Ahmedabad)

Creating Leaders with Type
1 Diabetes

07:30PM - 07:45PM (IST)



Dr. B. M. Makkar
(New Delhi)

Registry in Type 1 Diabetes:
A Need for India

07:10PM - 07:25PM (IST)

Discussion

07:45PM - 08:00PM (IST)



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