RSSDI Registry of People with DFUs in India Instructions for site registration, recruit and follow the participants

Step 1: Doctor (site) Registration:

1a. Doctor who treats people with DFUs can get registered. You will have to use your **G-mail id** for the registration and create the password

1b. Filling in all the details on availability of foot care team at your clinic/hospital

Step 2: Participant recruitment, data collection and data entry

Eligible Participant:

- 1. Persons who visits the participating centre with an active DFU/s for treatment
- 2. Aged >18 years
- 3. Both gender
- 4. Both type 1 and type 2 diabetes
- 5. Willingness to give written informed consent

It is mandatory to obtain a written consent from the participant and share it with Data Coordination Centre. After the consent process, the participant information (baseline) can be collected and entered as given below.

Participant information has 3 sections(pages).

Section I includes 1) Socio-demographic information, 2) Health facility details (will be auto updated as per the doctor registration), 3) Medical History, 4) Other Diabetic Complications/ Co-morbidities, 5) Lifestyle factors, 8) Foot care habits, 9) Biochemical Investigations (reports within 4 months)

Section II – exclusively included details on active diabetic foot ulcer and its treatment

- Date of assessment
- Assessment of Wound
- Infection Details
- Treatment details

To Upload the Wound photo – Take the photo of Wound on the day of assessment before any treatment or procedures done at your center.

Section III - 3-minute foot examination

To fill this section, the investigator needs to ask for the presence of symptoms (high risk feet) and perform some dermatologic, neurologic, musculoskeletal and vascular examination. A separate downloadable document (IWGDF Guidelines) is provided on foot examination by monofilament and 128Hz Tuning fork for reference.

You can also refer the videos for the neurologic examinations (by 10g monofilament, 128 Hz Tuning Fork). Videos for the Neurologic Examination

Kindly contact at **Email**: geneticlab@mvdiabetes.co.in, **Mobile**: 9962855535 for any queries from 10:00 AM to 6:00 PM (Mondays to Fridays) and from 10:00 AM to 1:00 PM (Saturdays). Please send the queries through email or WhatsApp after 6:00 PM.