

## **BOOK REVIEW:**

### **"Diabetes and its management"**

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The Diabetes Clinic at Kings College has the distinction of being one of the leading centres in the U.K. for diabetes care. It was initially established under the patronage of Drs. R.P. Lawrence and Oakely and now continues the traditions established over half a century. This is the fourth edition of the text. The book aims to provide practical guidance in the understanding and management of diabetes. It is abridged from the larger book "Clinical diabetes and its biochemical basis". Advances in treatment of diabetes complications have been briefly presented. The scope of angioplasty, laser treatment, dialysis and transplantation has been indicated. Chapter revision has been up-to-date and the chief merit is the concise manner of presentation. Illustrations are in black and white, and hence lack lustre.

Some information is really sparse, such as:

**DIET:** There are hardly two lines on the fat content of diet.

**INSULIN RESISTANCE:** The definition is based on the older concept, i.e., 200 units of insulin daily for more than one week.

**MANAGEMENT ISSUES:** These are hardly mentioned.

**PRIMARY/SECONDARY FAILURES TO SULFONYLUREAS:** No mention in the text.

The book will be use to general practitioners, diabetes educator nurses and other professionals engaged in diabetes care.