

SEASONALITY AND AGE AT DIAGNOSIS IN SOUTH INDIAN IDDM

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Analysis of 617 IDDM subjects registered during January 1984 to January 1988 showed that in 64.6%, diabetes was diagnosed at or before 15 years of age and the peak occurred at 10-15 years. The peak was at 11 years in girls while in boys there were two peaks at 15 and 19 years. The earlier peak in girls is seen in other populations also but a second peak in boys

is rarely described. The male : female ratio of 1.5 : 1 is similar to that described from the West.

The typical higher incidence seen in winter months in European IDDM was absent in our population. There was a higher incidence in August in the urban population especially in the younger females.