

ORGANISATION OF A DIABETIC CLINIC

(Under Preview of A Teaching Hospital/District/Private Hospital with more than 350 Beds and Catchment Population of Approximately 350,000):

OBJECTIVES

- * To provide specialist service for diabetics.
- * To liaison speciality advice often required in a diabetic, especially obstetrical and ophthalmic.
- * To enable patients to have access to laboratory facilities required for control of diabetes and to monitor cardiovascular or renal complications.
- * To provide: nutritional counselling:
- * To develop scope for education of diabetic patients and training in skills for self care.

COMPONENTS

Medical doctor (M.D.) with special training in diseases of metabolism.

Junior doctor trainees to assist in the clinical responsibility.

Nurse specially trained for providing guidance to diabetics in learning necessary skills of self care.

Dietician for nutritional counselling.

LABORATORY STAFF

Technician and laboratory assistant for the biochemical investigations.

SOCIAL WORKER

To liaison for health care, provide inputs (medicaments) and arrange for regular clinic follow up, to create awareness in community for early detection and to help needy diabetics.

SPACE

Clinical Area

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| Examination room and patient waiting area, appointment counter, telephone | 24 x 24 ft. |
| Nurse area - weight and height & record with injection facilities | 12 x 12 ft. |
| Laboratory area | 12 x 12 ft. |

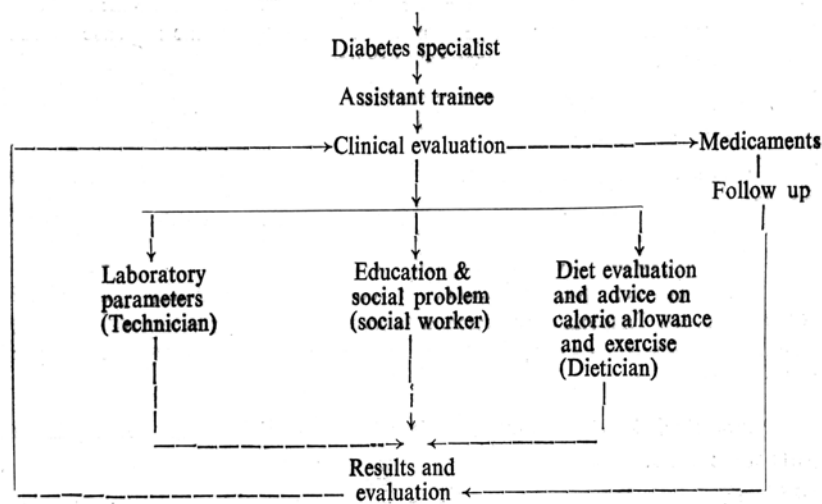
Laboratory Provisions

Facilities for blood glucose, HbA₁C, lipids, urea, creatinine, ECG, etc.

Suggested Working Plan

Flow sheet :

Referral by G.P./Other Disciplines in Medicine



Financial Aspects

1. Staff, space and laboratory (Hospital budget).
2. Drugs and patient education programme (research grants).