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INTERNATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES

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TEXTBOOK OF DIABETES MELLITUS

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Dr. Sarita Bajaj, Dr. Alok Kanungo

Credential Committee

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Dr. Anant Nigam

RSSDI 2005 Organizing Secretary

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Minutes of the Annual General Body Meeting of the Research Society for the Study of Diabetes in India held on Saturday, November 6, 2004 at 6 pm in S.K. Memorial Hall, Gandhi Maidan, Patna

Following members were present: Agra, Prof. Shyam Sundar Gupta, Agra, Dr. Arun Kumar Gupta, Agra, Dr. Kailash Kumar Vishwani, Ahmedabad, Prof. O.P. Gupta, Ahmedabad, Dr. Banshi Saboo, Bangalore, Dr. Narasimha Setty K.R., Bangalore, Dr. Sheela Bhanumathi S., Bangalore, Dr. Kashinath Dixit, Bhubaneswar, Dr. Jagannath Mohapatra, Cuttack, Cuttack, Dr. Jayanta Kumar Panda, Davangere, Dr. P.M. Upasi, Dhar, Dr. Ashok Jain, Dhenkanal, Dr. Sriprasad Mohanty, Durgapur, Dr. Biswadeb Ghosh, Faridabad, Dr. Sanjeev Kumar Kapoor, Hyderabad, Dr. Ushabala P., Jammu, Dr. Jitendra Singh, Jammu, Dr. Ashok Kumar Saraf, Jammu, Dr. Verinder Dhar, Kanul, Dr. Prabhakaran K., Mandya, Dr. Ramachandra K., Mumbai, Dr. Suresh C. Purohit, Mysore, Prof. Basavanna Gowdappa H., Mysore, Dr. Balakrishna Achar T., Narkatpally, Prof. Srinivasa Rao Y., New Delhi, Dr. Rajesh Kumar Marya, Patna, Prof. H.K. Singh, Patna, Prof. Shanti Singh, Patna, Dr. Santosh Kumar Singh, Pinjore, Dr. Lingaraj Jena, Rourkela, Dr. Suresh K. Bansal, Rourkela, Dr. Sudhir Ranjan Samal, Ujjain, Dr. Vimal Kumar Garg, Vadodara, Prof. Mani Uliyar V., Varanasi, Dr. Rakesh Kumar Mishra, Visakhapatnam, Dr. Sridhar G.R.; and Executive Committee members present were: Dr. B.B. Tripathy, Dr. H.B. Chandalia, Dr. R.V. Jayakumar, Dr. N. Sudhakar Rao, Dr. P.V. Rao, Dr. S.V. Madhu and Dr. Suresh Purohit. President. Dr. Muralidhar Rao called the meeting to order.

1. Condolences. All members observed silence for a minute as a mark of respect to Dr. Sam G.P. Moses and Dr. M.C. Srivastava, senior members of RSSDI, who passed away. It was resolved that condolence messages be sent to the families of the bereaved.

2. Apologies. Dr. C. Munichoodappa and Dr. Siddharth Das sent their apologies for not being able to attend the AGBM.

The AGB then took up the agenda

3. Minutes of the XXXI Annual General Body Meeting of the Research Society for the Study of Diabetes in India held on October 11, 2003 at 5.15 pm in the BM Birla Auditorium, Jaipur, which had already been circulated among all members, were read by Honorary Secretary General. They were adopted by General Body.

4. The report of the Society, its activities, statement of accounts and the balance sheets for the year 2003-04 were read by Honorary Treasurer. These were proposed by Dr. Suryanarayana and seconded by Dr. Tripathi. GB adopted the same.

5. General Body confirmed Bangalore as the venue of the XXXIII annual scientific meeting of RSSDI to be held in September 2005.

The theme topics for the same were adopted namely:

i. MMS Ahuja Symposium - Glycemic Targets in Diabetes Mellitus – how far are we from them?

ii. Nutrition section- Choice of carbohydrates - role of low glycemic index diets in the management of diabetes mellitus.

6. 'Delhi' was approved and adopted as venue for the XXXIV annual scientific meeting of RSSDI in 2006.

7. General Body approved and adopted the constitutions of Andhra Pradesh, Delhi and Punjab-Chandigarh State chapters of the Society. With regard to the application of Uttar Pradesh, it was decided that the same be placed in the next Executive Committee meeting.

8. A few members pointed out that the RSSDI journal is not reaching them in time. Secretary has assured all necessary arrangements will be done to sort this problem of non-receipt of the Journal.

9. GB was informed by Chairman, Research committee of all research proposals recommended by research committee and cleared by RSSDI for funding in 2004. These included one major proposal and 4 minor proposals apart from one multicentre project on behalf of RSSDI. These are:

- a. Minor projects (< Rs 40,000)
1. Title: An evaluation of autonomic nervous activity in type 2 diabetics using conventional and new methods. Principal Investigator: Dr. B. Ganapathi. Institution: St. John's Medical College Hospital, Bangalore.
 2. Title: Light microscopic study of allo-transplanted rat pancreatic islets with tacrolimus. Principal Investigator: Dr. S. Gunasekaran. Institution: Christian Medical College, Department of Physiology, Vellore.
 3. Title: Screening for type 2 diabetes mellitus in persons attending Gandhi Medical College associated Hamidia hospital, Bhopal. Principal Investigator: Dr. Simmi Dube. Institution: Gandhi Medical College associated Hamidia Hospital, Bhopal.
 4. Title: Postprandial lipaemia and endothelial function in type 2 diabetes mellitus with and without macrovascular disease. Principal Investigator: Dr. Vinod Kumar. Institution: University College of Medical Sciences, Delhi.
- b. Major projects
1. Title: A multi-centre study on early-onset diabetes in India - The MEDI Study Principal Investigator: Dr. Unni Krishnan Institution: Amrita Institute of Medical Sciences, Kochi.
- c. Multicentre project on behalf of RSSDI.
1. A multicentric, randomized, controlled study of Yoga and Fenugreek in the prevention of type 2 diabetes mellitus – The Indian Diabetes Prevention Study.
Coordinator: Dr. S.V. Madhu, University College of Medical Sciences, Delhi. Investigators:
1. Dr. P.V. Rao, Nizam's Institute of Medical Sciences, Hyderabad; 2. Dr. K.M. Prasanna Kumar, M.S. Ramaiah Medical College, Bangalore; 3. Dr. H.B. Chandalia, Diabetes Endocrine Nutrition Management and Research Centre, Mumbai; 4. Dr. Sarita Bajaj, Medical College, Allahabad.
 8. GB approved the resolution by the Executive Committee for appointing Dr. A.K. Das as Executive Patron
 9. Hony. Secy. General read out the results of the election for executive committee held in 2004. i.e. President: Prof. S. Muralidhar Rao; Vice Presidents: Prof. N. Sudhakar Rao, Prof. K.M. Prasanna Kumar; Secretary: Prof. P.V. Rao; Joint Secretary: Prof. S.V. Madhu; EC members–North: Dr. Sarita Bajaj; East: Dr. S. Choudhary; Declared elected: All India: Dr. S. Chandrasekharan, Dr. S.R. Arvind; West: Dr. Shashank Joshi; South: Dr. G. C. Reddy. GB passed it.
 10. Outgoing President, Prof. R.V. Jayakumar thanked General Body members for all their support and installed the new president of RSSDI, Prof. S. Muralidhar Rao.
 11. GB placed on record its appreciation for Dr. H.K. Singh for the wonderful Annual Meeting of the Society. Several members expressed praise for the scientific progress.
- The meeting ended with thanks to the chair.
Hyderabad P.V. Rao
March 2005 Secretary
- Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held on Saturday, April 3, 2004 at 6.00 pm in Hotel Center Point, 6th Floor Chambers, Nagpur.**
- Following were present: Executive Patrons: Dr. B.B. Tripathy, Dr. Sam G.P. Moses, Dr. H.B. Chandalia, Dr. C. Munichoodappa. Executive members: Dr. R.V. Jayakumar, Dr. Muralidhar Rao, Dr. P.V. Rao, Dr. A.K. Das, Dr. K.M. Prasanna Kumar, Dr. Suresh Purohit. Invitee: Dr. H.K. Singh and Dr. Arvind Gupta. Dr. R.V. Jayakumar, President of the RSSDI took the chair and called the meeting to order.
1. EC members observed one minute's silence as a mark of respect to Dr. P.J. Geeverghese, Executive Patron of the RSSDI who had passed away. President spoke a few words on Dr. Geeverghese and his contribution to diabetes.
 2. Agenda for the meeting was proposed by Dr. Munichoodappa and seconded by Dr. A.K. Das. Executive Committee adopted the same.
 3. Honorary Secretary read out the following:
 - a. Minutes of the Executive Committee meeting held on Thursday, October 9, 2003 at 8.30 pm in Hotel Park Plaza, Jaipur.
 - b. Minutes of the General Body meeting held on Saturday, October 11, 2003 at 5 pm in Birla Auditorium, Jaipur.
 - c. Minutes of the Executive Committee meeting held on Saturday, October 11, 2003 at 7 pm in Birla Auditorium, Jaipur. The same were adopted by Executive Committee.
 4. Action taken on important decisions of Executive Committee meeting:
 - a. In view of the payment of dues on December 13, 2003 by Dr. R.J. Dash, the President, Dr. R.V. Jayakumar proposed that his suspension from RSSDI may be revoked.
 - b. Executive committee was informed that website of RSSDI was started and is fully functional.
 5. Secretary informed EC that applications for starting State Chapters of RSSDI were received from 3 states as per following details:
 - Andhra Pradesh, from 52 life members forwarded by Dr. G.R. Sridhar and Dr. P.V. Rao
 - Punjab & Chandigarh, from 50 life members forwarded by Dr. Anil Bhansali
 - Delhi, from 57 life members forwarded by Dr. Rajeev Chawla and Dr. S.V. Madhu.
 6. EC took note of these applications and requested Secretary to verify signatures and process the same.
 7. Dr. Arvind Gupta, Organizing Secretary, RSSDI 2003, Jaipur informed the EC that there was a net saving of 37 lakhs from RSSDI 2003. He submitted a cheque for Rs 36 lakh to EC. Dr. A.K. Das expressed appreciation for the contribution and thanked him on behalf of EC.
 8. Vote of thanks to Dr. Sunil Gupta, Organizing secretary, Annual Conference of the RSSDI Maharashtra Chapter, was proposed by Dr. R.V. Jayakumar on behalf of EC acknowledging his efforts in organizing the Conference at Nagpur and for holding the RSSDI Executive Committee. EC congratulated him, Dr. H.B. Chandalia, Dr. S. Mehtalia and all other members of the Organizing Committee for setting a new standard for State Chapter conference.
 6. EC advised that research funding of

projects by RSSDI should be expedited. President and Research Committee may finalize sanction of projects by June 2004. Circular for research proposals may be sent in next RSSDI newsletter.

7. Dr. B.B. Tripathy reiterated that Chairman, Scientific Committee of RSSDI 2004 has to coordinate the Scientific Program as per well laid down procedures and guidelines. Funding for the Scientific Committee's expenses are to be provided by the Organizing Committee.
8. EC resolved to increase the corpus for various activities of RSSDI as follows:
 - a. Textbook, Rs.35 lakh, b. Research funds, Rs.40 lakh, c. Journal Rs.40 lakh. This was proposed by Dr. A.K. Das and seconded by Dr. Jaya Kumar and accepted.
9. Dr. Prasanna Kumar, Organizing Chairman of RSSDI 2005 proposed registration fee of Rs.1200 till 31st March 2005. Dr. Muralidhar Rao proposed Dr. G.R. Sridhar from Visakhapatnam as Chairman, Scientific Committee for RSSDI 2005. EC accepted the same.
10. As one of the posts of Executive Patrons had fallen vacant, Dr. H.B. Chandalia proposed the name of Dr. A.K. Das for the same, which was seconded by Dr. B.B. Tripathy. This was approved by Executive Committee.

Hyderabad P.V. Rao
September 2004 Secretary

Notice is hereby given that the Executive Meeting of the Research Society for the Study of Diabetes in India will be held in the Seminar Hall, SK Memorial in Gandhi Maidan, Patna at 6.30 pm on November 5, 2004.

1. Condolences and apologies.
2. To propose and adopt agenda by Executive Committee.
3. To read and adopt minutes of the Executive Committee Meeting held on Saturday, April 3, 2004 in Nagpur with amendments, if any.
4. To consider the proposals for holding Annual Scientific Meeting of RSSDI in 2006 in Delhi or Jammu.
5. To consider two themes for Nutrition Symposium and Ahuja Symposium, for RSSDI 2005.
6. To consider sanction of full time accountant and computer assistant to

the RSSDI office.

7. To consider the application of Dr. D.K. Hazra, Dr. S.S. Gupta and Dr. A.K. Gupta from Agra with signatures of 52 life members from UP for starting State Chapter.
8. To consider acquiring a permanent structure in Delhi to locate the national headquarters of RSSDI.
9. To approve and forward uncontested nominations to the posts of President, two Vice Presidents, Secretary, Joint Secretary and EC members from North and East.
10. To announce the results of elections held for the posts of EC members from All India, West and South regions.
11. To consider and nominate one Executive Patron.
12. To consider any other business with the permission of the chair.

Hyderabad Dr. P.V. Rao
October 2004 Secretary
Note:

1. EC meeting will immediately follow the Inauguration function, scheduled at 5.30 pm.
2. EC meeting will be in the Seminar Hall in the basement of SK Memorial Hall.

Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held on Friday, November 5, 2004 in S.K. Memorial Hall, Gandhi Maidan, Patna at 6.30 pm

Members present: Dr. B.B. Tripathy, Dr. H.B. Chandalia, Dr. R.V. Jayakumar, Dr. Muralidhar S. Rao, Dr. N. Sudhakar Rao, Dr. P.V. Rao, Dr. S.V. Madhu, Dr. Alok Kanungo and Dr. Suresh Purohit.

1. Condolences and apologies. EC members observed one minute's silence as a mode of respect to Dr. Sam G.P. Moses, Executive Patron and Dr. M.C. Srivastava, Senior Member of the RSSDI who had passed away. It was resolved that condolence message be sent to the family of the bereaved by Honorary Secretary General.
2. Dr. S. Muralidhar Rao proposed and Dr. N. Sudhakar Rao seconded the agenda for the Executive Meeting, which was approved.
3. Minutes of Executive meeting at Nagpur were adopted with following amendments/decisions:
 - i. No further action is needed on Dr. R.J. Dash, as the matter stands resolved. As he has paid his dues, his revocation be endorsed and a

copy of the same sent to Dr. R.J. Dash.

- ii. As regards website, it was pointed out that RSSDI website is fully owned by RSSDI and it was decided to further strengthen it and take it forward. This will be operated from Hyderabad. The EC proposed that a web committee be constituted with Honorary Secretary General declared as Web Editor. Other members of Credential Committee will be members of Web Committee. The name of RSSDI website is 'RSSDI.org' and it was decided that this will be the only website to the publicized.
- iii. Honorary Secretary informed EC that the application for constitution of state chapters from Andhra Pradesh, Delhi and Punjab and Chandigarh were scrutinized and were found to be in order. The same were approved by EC.
- iv. It was decided to form an academic sub committee to formulate guidelines for functioning of State Chapters with Dr. R.V. Jaya Kumar, Dr. P.V. Rao and Dr. K.M. Prasanna Kumar. The same to be announced in annual GBM.
- v. Honorary Secretary General was instructed by EC to pay income tax of RSSDI in Hyderabad.
- vi. It was decided to inform GBM about induction of Dr. A.K. Das as Executive Patron.
- vii. Regarding Registration fee for Annual Scientific Meeting of the RSSDI in Bangalore in 2005, EC suggested these should be Rs.2500 till March 15, 2005, Rs.3500 till August 15, 2005, Rs.6000 after August 15, 2005 including spot.
- viii. It was also suggested that authors of the papers accepted for oral presentation at the Annual Conference may be provided funding from RSSDI to encourage research and presentation at RSSDI annual conference.
- ix. The minutes were proposed by Dr. Prasanna Kumar and seconded by Dr. Suresh Purohit and passed with above modifications.
4. EC considered the proposals for holding annual scientific meeting of RSSDI in 2006 in Delhi and Jammu, and decided to propose Delhi as the

venue for 2006 to the General Body.

5. Following theme subjects for 2005 were approved by EC:

i. Nutrition theme "Choice of carbohydrate - low glycemic index diets in diabetes"

ii. MMS AHUJA Symposium "Glycemic target in diabetes – how far are we from them".

6. It was decided to provide a research grant of Rs.5000 for centers who will generate data for theme symposia and whose work is accepted for theme symposia.

7. EC accepted the proposal for office personnel to the RSSDI office and sanctioned part time accountant and one fulltime computer assistant.

8. EC considered the application for starting UP state chapter. EC felt that a few more members from other parts of UP should be included to make it a State Chapter.

9. EC considered the proposal for acquiring a permanent structure in Delhi to locate national headquarters of RSSDI. EC felt there was no need for such a permanent structure at present.

10. EC Approved following uncontested nominations to the post of President, two Vice Presidents, Secretary, Joint Secretary and EC members form North and East, and the Vice President to hold additional post of Treasurer. President - Prof. S. Muralidhar Rao, Vice President - Prof. N. Sudhakar Rao, Vice President - Prof. K.M. Prasanna Kumar, Secretary General - Prof. P.V. Rao, Joint Secretary – Prof. S.V. Madhu, EC members: North – Dr. Sarita Bajaj, East - Dr. S. Choudhary.

11. Honorary General Secretary Dr. P.V. Rao explained the election procedure he followed in view of representations by members regarding election for post of EC members form South and West. EC discussed the issue at length and decided to refer all disputes that arose from these elections to the arbitration committee as provided in constitution. Honorary Secretary then read out the election results and names of candidates who were declared elected i.e. EC members: All India - Dr. S. Chandrasekharan, Dr. S.R. Aravind, West zone - Dr. Shashank Joshi, EC member - South zone - Dr. G.C. Reddy.

12. EC resolved that decision for new executive Patron to be deferred.

The meeting ended with thanks to the chair.

Hyderabad Dr. P.V. Rao
March 15, 2005 Secretary

Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held on Saturday, November 6, 2004 in S.K. Memorial Hall, Gandhi Maidan in Patna at 7 pm

The meeting of the new Executive Committee was held at 6 pm and was presided by Dr. S. Muralidhar Rao. Following members attended: Dr. B.B. Tripathy, Dr. H.B. Chandalia, Dr. Muralidhar S. Rao, Dr. N. Sudhakar Rao, Dr. P.V. Rao, Dr. S.V. Madhu.

1. EC resolved that all committees of the Society will continue as such for next one year.

RSSDI 2005. Chairman, Organizing Committee, Prof. K.M. Prasanna Kumar. Chairman, Scientific Committee. Dr. G.R. Sridhar.

Research Committee 2005. Chairman, Prof. S.V. Madhu. Dr. Jitendra Singh, Prof. Sarita Bajaj, Dr. Alok Kanungo.

Credential Committee 2005. Chairman, Dr. C. Munichoodappa. Prof. Sidhartha Das, Dr. Anant Nigam.

Editorial Committee 2005. Chairman, Prof. H.B. Chandalia. Dr. C.S. Yagnik, Prof. R.V. Jayakumar, Prof. A.K. Das, Dr. A. Ramachandran, Dr. V. Mohan, Prof. D.K. Hazra, Prof. Sidhartha Das Ex-Off, Dr. G.R. Sridhar, Dr. P.V. Rao.

Textbook Committee. Chairman, Prof. B.B. Tripathy. Prof. H.B. Chandalia, Prof. A.K. Das, Prof. P.V. Rao, Prof. S.V. Madhu, Prof. V. Mohan.

2. EC approved constitution of following committees of the Society for year 2005.

RSSDI 2005. Chairman, Organizing Committee: Prof. K.M. Prasanna Kumar. Chairman, Scientific Committee: Dr. G.R. Sridhar.

Academic Committee 2005. Chairman, Dr. R.V. Jaya Kumar. Dr. P.V. Rao, Dr. K.M. Prasanna Kumar.

Web Committee 2005. Web Editor, Prof. P.V. Rao. Dr. C. Munichoodappa. Prof. Sidhartha Das. Dr. Anant Nigam.

Arbitration Committee. Prof. B.B. Tripathy, Prof. H.B. Chandalia, Prof. A.K. Das.

3. It was decided to hold mid term Executive Meeting at the end of April at Hyderabad.

The meeting ended with thanks to the chair.

Hyderabad Dr. P.V. Rao
March 15, 2005 Secretary

Notice is hereby given that the Executive

meeting of the Research Society for the Study of Diabetes in India will be held at 5.30 pm in Diamond Hall (Hall B), 4th Floor, Tip Top Plaza in Thane on Saturday, April 16, 2005.

1. Condolences and apologies.

2. To propose and adopt agenda by the Executive Committee.

3. To read and adopt minutes with amendments, if any, of:

a. Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held on Friday, November 5, 2004 in S.K. Memorial Hall, Gandhi Maidan, Patna at 6.30 pm.

b. Minutes of the Annual General Body Meeting of the Research Society for the Study of Diabetes in India held on Saturday, November 6, 2004 at 6 pm in S.K. Memorial Hall, Gandhi Maidan, Patna.

c. Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held on Saturday, November 6, 2004 in S.K. Memorial Hall, Gandhi Maidan in Patna at 7 pm.

4. To consider dates for the Annual Scientific Meeting of RSSDI in 2006 in Delhi.

5. To consider two themes for Nutrition Symposium and Ahuja Symposium, for RSSDI 2006.

6. To consider any other business with the permission of the chair.

Hyderabad Dr. P.V. Rao
March 15, 2005 Secretary

Note:

1. Dr. K.M. Prasanna Kumar suggested that following items may be included in the agenda for the EC meeting.

a. to consider selection of Executive patron

b. to conduct EC meeting for half a day and not to club with other meetings.

2. Dr. G.C. Reddy, Dr. Subhankar Chowdhary, Dr. K.M. Prasanna Kumar, Dr. S.R. Arvind and Dr. S. Chandrasekharan have informed their inability to attend the EC meeting.

3. For any assistance, please contact Dr. Vijay Negalur: 25474061 2483372 2486297 5474021
negalur@msn.com Dr. Vijay G. Negalur, Renuka Hospital, Gupte Rd Thane Dt, Dombivli W 421 202 MS.