



# RSSDI NEWS

2000 | 28 | 4 | September

**RSSDI 2000    October 20-22    MUMBAI**

28th Annual Scientific Meeting

**Research Society for the Study of Diabetes in India**

This invitation to the esteemed members of the RSSDI is made so that you can make yourselves available for the important meeting of this year. There is also a CME on the eve of the RSSDI Conference on October 19, 2000. RSSDI 2000 shall be an intensive scientific program lasting for two and a half days. There shall be two concurrent sessions, one devoted to Clinical Diabetology and the other to Basic Research. The Workshops will be conducted as a third concurrent session.

The themes of this year's conference are 'Lifestyle changes in management and prevention of diabetes', and 'Diabetes and Pregnancy'.

The RSSDI 2000 will also include: Presidential Oration, Prof. Sam G.P. Moses Oration, Prof. M. Vishwanathan Oration; Thematic Symposia; Symposia on Molecular Insights into Diabetic Complications, Atherosclerosis and Diabetes, Immunology of Type 1 Diabetes, Iatrogenic Complications of Diabetes; Pharmacology Update, Controversies in Diabetes, Free Communications, Meet the Experts.

Looking forward to your active participation in October 2000.

## ORGANIZING COMMITTEE

## Members

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Dr. Lalit Ambani  
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Dr. Lotika Purohit  
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Dr. N.F. Shah  
Dr. Sanjeev Shah  
Dr. Samiya Shaikh  
Dr. Suresh Thakkar  
Dr. Prema Vartakhvi

*Organizing Secretaries*  
Dr. P.S. Lamba  
Dr. Vijay Panikar

*Conference Manager*  
Sri Arun Bhattacharya

Registration fees before September 30 are: Members Rs.2000, Non-members Rs.3000, Associates Rs.1500; Spot registration: Members Rs.4000, Non-members Rs.6000, Associates Rs.1500. Kindly pay by crossed cheque addressed to 'Diabetes Bulletin'.

## SECRETARIAT

103-104  
Lady Ratan Tata Medical Center  
Maharshi Karve Road  
Mumbai 400 021  
tel 022 287 1613 fax 363 3695  
denmarc@hotmail.com

## EXECUTIVE PATRONS

Prof. SAM G.P. MOSES                      Chennai  
Prof. B.B. TRIPATHY                      Cuttack  
Prof. H.B. CHANDALIA                      Mumbai  
Prof. P. GEEVERGHESE                      Kochi  
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## PAST PRESIDENT

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Prof. P.V. RAO

Department of Endocrinology and Metabolism  
Nizam's Institute of Medical Sciences  
Hyderabad 500 082 AP  
rssdi@hd2.dot.net.in    www.diabetes-india.com

## HONORARY JOINT SECRETARY

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edc@vsnl.com    www.endocrine-india.com

## HONORARY TREASURER

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Prof. R.V. JAYAKUMAR                      Kottayam  
Dr. SHARAD PENDSEY                      Nagpur

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Prof. K.M. Prasanna Kumar, Dr. Ajay Sood,  
Dr. Eesh Bhatia

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Dr. Sharad Pendsey

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Prof. Sam G.P. Moses, Prof. H.B. Chandalia,  
Prof. A.K. Das, Dr. P.V. Rao, Dr. S.V. Madhu

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\* Bayer India \* Torrent Pharmaceuticals \*  
\* Alkem Laboratories \*

## ELECTION OF THE RSSDI PRESIDENT FOR 2001

The tenure of the President shall be one RSSDI year (2.5.2 item i), and (2.5.3) to get elected as the President, a candidate should have held an elected position in the EC for three years. (3.1) Nominations are invited from among the eligible members for the post of the President duly proposed by a valid member and seconded by a valid member accompanied by candidate's consent and bio-data to reach the Honorary Secretary before September 30.

The formal announcement of election results will be made in the XXVIII Annual General Body Meeting of the Research Society for the Study of Diabetes in India, to be held in Mumbai.

## AHUJA RESEARCH FUND

At the 25th anniversary meeting of the RSSDI, Prof. M.M.S. Ahuja has decided to take steps for formation of a diabetes research forum with a seed money donation of Rs. one lakh. Following his sad demise, it is proposed that the objectives of this forum shall be met through an independent team of eminent teachers and researchers under the guidance of Prof. K. Kannan, Madurai in association with Dr. C.S. Yagnik, Pune; Dr. Ajay Sood, New Delhi; Dr. Eesh Bhatia, Lucknow; Prof. K.M. Prasannakumar, Bangalore and Prof. R.V. Jayakumar, Kottayam. A corpus fund of Rs.10 lakhs will be raised and managed by Prof. K. Kannan in Madurai, for disbursing the annual interests accrued as diabetes research grants. The first donation of Rs.21,225 to this trust was received from Professor Paul Zimmet, International Diabetes Institute, Caulfield, Australia on October 27, 1998. Generous donations to this good cause are solicited from all clinicians, researchers and sponsors, to be remitted in favor of Ahuja Research Fund a/c, Madurai and sent to Prof. K. Kannan, 789 Ar. Anna Nagar, Madurai 625 020 TN tel 0452 726434 533563 537266 fax 650122 aruncan@vsnl.com

## 9th Congress of the Syrian Diabetes Association

on November 22-24, 2000 in Damascus

Further enquiries from  
Dr. Bassam Abdul Massih  
President SDA  
PO Box 4539 Damascus Syria  
tel 00963 11 3312164 fax 3317913  
gemini@net.sy

## Diabetes as a paradigm: Psychological support in chronic disease

by Department of Psychology,  
Andhra University  
on December 17, 2000 at  
Visakhapatnam  
*approved for 5 RSSDI credit hours*  
Register by sending Rs.300 by draft  
favoring **Diabetes 2000** to

Dr. Sridhar G.R.  
Endocrine and Diabetes Center  
15-12-16 Krishna Nagar  
Visakhapatnam 530 002 AP  
tel 0891 576385 566301  
edc@vsnl.com

## CME in Diabetes

on December 23 and 24, 2000  
in Ravi Mathhai Auditorium,  
Indian Institute Of Management,  
Vastrapur, Ahmedabad  
*approved for 10 RSSDI credit hours*  
Register by sending Rs.600 by draft  
favoring **Diabetes Federation of  
Gujarat** to

Dr. Mayur Patel  
304 Supath, Nr Vijay char rasta  
Navrangpura  
Ahmedabad 380 009  
tel 079 6406030 6405727 7439099  
drmayur@yahoo.com

## The First World Congress on the Fetal Origins of Adult Disease

sponsored by the British Medical Journal  
on February 2, 3 and 4, 2001  
at Oberoi Towers, Mumbai

Further details from  
Dr. R.D. Potdar  
Society for the  
Natal Effects on Health in Adults  
Plot 6 Block F, opp Govt Colony  
Bldg no 326, Bandra East  
Mumbai 400 051 MS  
tel 022 6516439 6456763  
fax 6516438  
mrcssc@vsnl.com

## INTERNATIONAL SYMPOSIUM ON TYPE II DIABETES

by World-India Diabetes Foundation  
on January 13, 14 and 15, 2001  
at Kochi, coordinated by  
Prof. K. Sreekumaran Nair  
200 First Street SW  
Mayo Clinic, Rochester MN 55905  
tel 507 284 2511 507 255 4828  
aakre.melissa@mayo.edu

Invited Speakers include Paul Zimmet,  
CS Yajnik, Robert Rizza, Peter Flatt,  
Robert Kahn, John Tooke,  
Claudio Cobelli, A Ramachandran,  
V Mohan, K Fryan, K Sree Nair,  
John Wahren, V Iyer, Timothy O'Brien,  
TKR Rao, Olle Ljunqvist,  
Panos Halvatsiotis, C Muralidharan,  
RV Jayakumar, A Ramachandran,  
HB Chandalia, Edward Horton,  
D Powell, S Amiel, Colum Gorman,  
Sam GP Moses, PV Rao, KV Johny,  
N Kochupillai.

*tentatively approved for 15 RSSDI  
credit hours*

Enquiries from  
Prof. Jayakumar R.V.  
3 Ancheril Gardens  
Gandhinagar P.O.  
Kottayam 686 008 KE  
tel 0481 597925 594424 0471 448109  
fax 0481 598506  
dr\_jayakumar@vsnl.com

## DIABETES IN ASIA 2001

on February 18, 19 and 20, 2001  
at Chennai  
by DESI and NNEF  
co-ordinated by Dr. Arun Bakshi, UK  
*tentatively approved for 15 RSSDI  
credit hours*

Invited speakers :

Prof. Hajera Mahtab, Bangladesh;  
Dr. Khalid Ali Al Rubeaan, Saudi Arabia;  
Dr. Mahen Wijesuriya, Sri Lanka;  
Dr. Madhur Dev Bhattarai, Nepal;  
Prof. A. Samad Shera, Pakistan;  
Dr. Abdulrazzaq, Dubai;  
Dr. A. Alwan, WHO;  
Prof. Graham Hitman, UK;  
Dr. Hilary King, WHO;  
Prof. Rhys Williams, UK.

Enquiries from  
Diabetes Research Centre  
4 Main Road, Royapuram  
Chennai 600 013  
tel 044 5954913  
fax 5954919  
ramachandran@vsnl.com  
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## NOTICE

Notice is hereby given that the XXVIII Annual General Body Meeting of the Research Society for the Study of Diabetes in India will be tentatively held on Saturday, October 21, 2000 at 5.30 pm in Hotel Oberoi Towers, Mumbai to transact the following business:

### Agenda

1. Apologies
2. Adoption of Agenda
3. To read and confirm the minutes of the XXVII Annual General meeting held on February 12, 2000 at 4 pm at Bhubaneswar, Orissa.
4. To consider and adopt report of the Society and its activities, and Statements of Accounts and the Balance Sheets of the years 1999-2000.
5. To consider and adopt the venue and themes for the XXVIX Annual Scientific Meeting of the Research Society for the Study of Diabetes in India to be held in Chandigarh, and to consider and adopt the venue for the XXX Annual Scientific Meeting of the Research Society for the Study of Diabetes in India.
6. To consider and adopt the themes for Scientific Section and Nutrition Section in the XXVIX Annual Scientific Meeting of the Research Society for the Study of Diabetes in India to be held in Chandigarh, and to consider and adopt the same for the XXX Annual Scientific Meeting of the Research Society for the Study of Diabetes in India.
7. To consider and adopt the following *amendment* to the Constitution of the Research Society for the Study of Diabetes in India, as proposed by Prof. H.B. Chandalia and forwarded by the Executive Committee Meeting held on February 10, 2000 at 7 pm in Bhubaneswar, Orissa.  
The amendment proposed by the Editorial Committee \*4.1.6 DUTIES OF THE HONORARY EDITOR \* 5.2 JOURNAL as —`The Editorial Committee may appoint two Joint/ Associate Editors, in addition to the Chief Editor for the International Journal of Diabetes in Developing Countries. Such appointment shall be made by the Editor in consultation with the EC' is referred to AGM for approval.
8. To consider any other business with the permission of the chair.
9. To install the President of the Society for 2001.

Hyderabad  
August 31, 2000

**Dr. P.V. Rao**  
Hon. Secretary

### Notes :

1. If there is no quorum within 15 minutes of the appointed hour, the meeting will stand adjourned upto 5.45 pm and then the meeting will proceed on the same day and at the same place when it will not be necessary to have a quorum.
2. Any member who wishes to ask any question is requested to send the same in writing to the Secretariat so as to reach the Secretariat on or before October 14, 2000.
3. The minutes of the XXVII Annual General Body Meeting of the RSSDI held at Cuttack are circulated to all members in the September 2000 issue of RSSDI NEWS.
4. The Constitution of the RSSDI as registered in 1972 is in December 1997 issue of RSSDI NEWS for the reference of all members. The amended Constitution of the RSSDI, as prepared by the members of the Constitution Committee in due consultation with all office bearers of the RSSDI was circulated to all members from Cuttack on October 23, 1997. The alterations to the amended Constitution of the RSSDI as adopted at the XXV Annual General Body Meeting on December 12, 1997 are indicated in the minutes of the XXV AGM. The amended Constitution of the RSSDI, following the XXV and XXVI Annual General Body Meetings is as in the January 1999 issue of RSSDI NEWS.
5. The Income and Expenditure Accounts and Balance Sheets of the Society for the year ended March 31, 2000 will be circulated to all members before AGM.

### Minutes of the twenty-seventh Annual General Body Meeting of the Research Society for the Study of Diabetes in India held on Saturday, February 12, 2000 at 4 pm at Bhubaneswar, Orissa.

Prof. B.K. Sahay, President of the Society was in the Chair.

The following members were present:

20 Prof. Sam G.P. Moses, 35 Prof. Binode Kumar Sahay, 42 Prof. B.B. Tripathy, 63 Prof. H.B. Chandalia, 75 Prof. B.N. Srivastava, 96 Dr. Munichoodappa C., 113 Dr. Sanjeevi C.B., 117 Dr. Sridhar G.R., 207 Dr. Sunil Gupta, 295 Dr. Bhanumathi Viswanatham, 328 Dr. Hanumanth Rao T., 349 Dr. Amanullah Khan K., 416 Dr. Yellappa K., 460 Dr. Venkatesan M.G., 476 Dr. Prasad V.S.V., 547 Dr. Suresh K. Bansal, 551 Dr. Ramesh K. Goenka, 564 Dr. Virendra K. Suri, 636 Dr. R.K. Baruah, 675 Dr. Umakanta Mishra, 677 Dr. Krutibas Parida, 803 Dr. Bijoyananda Mohapatra, 811 Prof. S. Kumar, 875 Dr. Malakondaiah D., 902 Prof. H.K. Singh, 916 Dr. Surendra Kumar, 939 Dr. Baldev Singh Bhatia, 951 Dr. Venkateswara Rao Vallabhaneni, 1105 Maj. Jayaprakash Narayana C.V.R., 1123 Dr. Dilip Patil, 990031 Dr. Chakrapani Ede, 990051 \*Dr. Monojit K. Mukhopadhyay, 990055 Dr. P.S. Lamba, 990057 Prof. Samar Banerjee.

The following business was transacted as per the agenda.

1. Minutes of the XXVI Annual General meeting held on December 19, 1998 at the Indian Institute of Management in Ahmedabad, and the Statement of Accounts and the Balance Sheet for the year ended March 31, 1999 as earlier circulated were passed being proposed by Prof. K.C. Samal and seconded by Prof. B.B. Tripathy.
2. In response to the proposal by Dr. C.B. Sanjeevi from Stockholm for providing training to researchers from India, the Secretary informed that the annual interest accrued from the RSSDI corpus funds partly offsets publication cost of IJDDC. An additional corpus fund of Rs.10 lakh is required for initiating any support to research personnel.
3. The venue for 2000 Annual Scientific Meeting was confirmed as Mumbai. Prof. H.B. Chandalia has informed that Dr. P.S. Lamba will officiate as the Organizing Secretary of the RSSDI 2000. Themes for RSSDI 2000 suggested are - Diabetes and pregnancy, for the Scientific section, - Life style interactions in diabetes management, for the Nutrition section.
4. There was one request for holding the Annual Scientific Meeting of the RSSDI in the year 2001 from Prof. R.J. Dash and Chandigarh was unanimously selected as the venue for RSSDI 2001.
5. Prof. H.B. Chandalia requested that the Scientific Secretary of the Annual Scientific Meeting of the RSSDI should be made the guest editor of IJDDC for one issue, for publishing the proceedings of the Annual Meeting.
6. Dr. Sidhartha Das requested permission for contributing to the Orissa Cyclone Relief Fund, and members consented to the suggestion of Dr. C. Munichoodappa that half of the unspent balance from the RSSDI 99 funds be donated to the Relief Fund.
7. Prof. B.K. Sahay continued as President of RSSDI in 2000, and thanked the members for their support during his earlier tenure as the President, and assured the members of furthering the activities of RSSDI.
8. The meeting ended with a vote of thanks and appreciation by the President of RSSDI to Prof. B.B. Tripathy, Dr. Sidhartha Das and Organizing Committee members of the RSSDI 99, and Prof. K.C. Samal, Dr. Alok Kanungo and the Scientific Committee members of the RSSDI 99.

Hyderabad  
February 17, 2000

**Dr. P.V. Rao**  
Hon. Secretary

## RSSDI ACCREDITED CONTINUING MEDICAL EDUCATION PROGRAM

Primary care physicians are invited for a post CME self assessment patterned after similar programs of IMA College of General Practitioners, IMA Academy of Medical Specialities (DSC) and the AKN Sinha Institute of Continuing Medical Education, IMA.

Clinicians with MB BS qualification after attending 100 hours of the RSSDI accredited CME programs wishing to attend the post CME self-evaluation in the School of Diabetology, Hyderabad may please write to the Honorary Secretary.

Self evaluation program also includes submission of 20 detailed case records with 2 IDDM and 2 GDM cases in the long case format as prepared for examinations in the teaching hospitals.

In addition, investigations, treatment given and follow-up should also be briefed. These records are to be neatly typed on A4 size white papers and spiral bound, and submitted at the time of self-evaluation program of the Accreditation.

Please note that for registering to the self assessment of the accreditation program (1) draft for Rs.1000 favoring 'diabetology' (2) copy of your M.B.,B.S. certificate, and (3) copies of accredited CME programs attended by you, should reach the Secretariat before December 17, 2000.

The date of the self assessment program is tentatively fixed for December 24, 2000 to be held in School of Diabetology at NIMS, Hyderabad for 2 hours between 12 noon and 2 pm. The self assessment will be to answer about 60 to 100 MCQs in two hours.

You are required to submit 20 case records neatly typed on A4 size papers and spiral bound, on the day of self assessment.

*Accreditation is an attendance and self evaluation system of the continuing medical education activity for primary care physicians. It is not equivalent to a Certificate, Diploma or Degree awarded by the Universities, and it does not confer any academic qualification or distinction on a clinician.*

**Following clinicians have participated in 100 hours of RSSDI accredited CME programs, submitted prescribed case records and attended post CME self assessment program between 1996 and 1999.**

**1996 :** Dr. SUDHEER B.V., BAPATLA; Dr. RAVI KUMAR B., KAVALI; Dr. IQBAL AHMED MOHAMMED, KANDUKUR; Dr. RAMABRAHMAM SURAPANENI, VIJAYAWADA; Dr. LAKSHMINARAYANA A., GOVADA; Dr. DEEPAK LAL M.C., CHENNAI; Dr. NARASIMHACHARYN L., MADURAI; Dr. DHARMAKRISHNAMARAJA K., RAJAPALAYAM; Dr. V.K. SURI, BHILAI; Dr. S.K. BANSAL, ROURKELA; Dr. RAVICHANDRAN P., SALEM; Dr. PARAMAHAMSA G., CUDDAPAH; Dr. GOPALAKRISHNA RAO V., AMALAPURAM; Dr. YELLAPPA K., SANGAREDDY; Dr. PURUSHOTTAM LAL, AMBARNATH; Dr. VENKATESWARLU SUNKESULA, TENALI; Dr. MURTHI C.S., AMALAPURAM; Dr. SIVARAMA KRISHNA K., TENALI; Dr. T.C. RATHOD, YAVATMAL; Dr. GOPINATH R., MADURAI; Dr. CHANDRA MOHAN G., VADIPATTI; Dr. LOTIKA S. PUROHIT, MUMBAI; Dr. SURESH C. PUROHIT, MUMBAI; Dr. SAMBI REDDY Bh., TENALI; Dr. VENKATESAN M.G., SALEM; Dr. MURALIDHARAN C., DINDIGUL; Dr. MADAN GOPAL KOTLA, HYDERABAD; Dr. MADANA MOHAN T., HYDERABAD; Dr. HRISHIKESAN V.B., KANCHEEPURAM; Dr. ARJUNAN P., CHENNAI; Dr. SELVARAJ D., TUTICORN; Dr. SUDHIR G., HYDERABAD; Dr. DURGA PRASAD C., RAGHUDEVAPURAM; Dr. M. YADAGIRI RAO, HYDERABAD; Dr. SURYANARAYANA MURTHY M., HYDERABAD; Dr. JAYAVEERA KUMAR T. CUDDALORE; Dr. GURUBRAHMAM Ch., KANIGIRI

**1997 :** Dr. ASHUTOSH SRIVASTAVA, JABALPUR; Dr. NAGRAJ B.V., RAIPUR; Dr. UMAKANTA MISHRA, BHUBANESWAR; Dr. VASANTHA A.G., HYDERABAD; Dr. GIRIDHAR BABU M.K., MADURAI; Dr. RAO D.A., VIZIANAGARAM; Dr. MANOJ KUMAR Ch., GUDIVADA; Dr. PARTHA SARATHI CHAUDHURY, SHILLONG; Dr. PADMAVATHI DEVI C., GUNTUR; Dr. RAGHAV PENTYALA, GUNTUR; Dr. PRASAD V.S., VIZIANAGARAM; Dr. HANUMANTH RAO T., HYDERABAD; Dr. UMA DEVI N., HYDERABAD

**1998 :** Dr. PRATHIMA REDDY A., HYDERABAD; Dr. KRISHNAVENI A., KHAMMAM; Dr. SUJATHA VENKATESH N., HYDERABAD; Dr. SUNIL GUPTA, NAGPUR; Dr. VENKATESH A., ADONI; Dr. R.L. KYNDIAH, SHILLONG; Dr. VENKATESWARA RAO VALLABHANENI, VIJAYAWADA; Dr. RAJANI G., GUDIVADA; Dr. W.K. DKHAR, SHILLONG; Dr. SIVARAMA RAJU V., VISAKHAPATNAM; Dr. VIJAYARATHINAM P., MADURAI

**1999 :** Dr. Md WALIUDDIN, HYDERABAD; Dr. SHAIK NAZIR, NARASARAOPET; Dr. VEERAGANGADHAR B. NITALLI, JOG FALLS; Dr. RAJESH SETHIYA J., JALNA; Dr. M.U.KULKARNI, JALNA; Dr. JYOTI TALPALLIKAR, BIDAR; Dr. T.V.S. RAMAN, AMALAPURAM; Dr. K. GOPALA KRISHNA, HYDERABAD; Dr. D. MALAKONDAIAH, KANDUKUR; Dr. B. ASHOK KUMAR, SINGARAYAKONDA; Dr. C.C.S. REDDY, TIRUPATI

**SAM G.P. MOSES ASHOK K. DAS P.V. RAO**

## INTERNATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES

The Journal is not being published as per schedule, from mid 1997, but prior to this the publication of the Journal was fairly regular and per schedule. The chief reason for the present delay is paucity of material.

In order to rectify the situation we request medical teachers, researchers and scientists to send us a few articles a year for publication. These could be in the form of original articles or comprehensive reviews. If your busy schedule does not permit you to submit materials to us we would appreciate it if you could encourage other junior doctors to work under your guidance to submit their work for publication.

We would also like to inform you that we are in the process of getting our Journal approved by an abstracting agency. For this purpose, the section on abstracts would have to be deleted from the Journal. However since this occupies quite a few pages, omission of this section would call for greater support from your side in the form of articles, reviews and case reports to maintain the current size and standard of the Journal.

We hope that you will support the Journal whole heartedly. This will ultimately help us all in projecting diabetology research from India on a global scale.

## ACADEMIC LIFE MEMBERSHIP

Eligible life members may please ensure that their membership is included under the category of academic life members by checking address label on the envelope enclosing this issue of RSSDI NEWS. Academic life members are identified with letters ACAD preceding their membership number on the first line of address label.

The RSSDI invites applications from clinicians with post graduate degree and researchers with doctorate qualification for academic life membership, addressed to the Credential Committee mentioning the years of obtaining their post graduate qualifications.