



RSSDI NEWS

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INTERNATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES

Editors: Prof. H.B. Chandalia, Dr. P.S. Lamba
National Editorial Board: Dr. A. Ramachandran,
Dr. R.V. Jayakumar, Dr. A.K. Das, Dr. D.K. Hazra,
Dr. V. Mohan, Dr. P.V. Rao, Dr. G.R. Sridhar, Dr.
C.S. Yajnik

TEXTBOOK OF DIABETES MELLITUS

Editor-in-Chief: Prof. B.B. Tripathy
Editors: Prof. H.B. Chandalia, Prof. A.K. Das,
Dr. P.V. Rao, Dr. S.V. Madhu, Dr. V. Mohan

Research Committee

Prof. S.V. Madhu, Dr. Jitendra Singh,
Dr. Sarita Bajaj, Dr. Alok Kanungo

Credential Committee

Dr. C. Munichoodappa, Prof. Sidhartha Das,
Dr. Anant Nigam

RSSDI 2006 Organizing Secretary

Dr. RAJEEV CHAWLA New Delhi

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Prof. R.V. JAYAKUMAR Kottayam

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Web Editor: Prof. P.V. Rao.
Dr. C. Munichoodappa, Prof. Siddhartha Das,
Dr. Anant Nigam

Academic Committee

Chairman: Dr. R.V. Jaya Kumar, Dr. P.V. Rao,
Dr. K.M. Prasanna Kumar

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Notice is hereby given that the 34th Annual General Body Meeting of the Research Society for the Study of Diabetes in India will be held on Saturday, November 4, 2006 at 17.00 hours in Hall A, Hotel Ashoka, New Delhi

1. To read and confirm the Minutes of the 33rd Annual General Meeting of the Research Society for the Study of Diabetes in India held on 24th September 2005 at 17.00 hrs in Shantiniketan, Whitefield Road, Bangalore.
2. To consider and adopt report of the Society and its activities, and Statement of Accounts and the Balance Sheets of the year 2005-2006.
3. To confirm and adopt the themes for the 35th (Kolkata) and 36th (Hyderabad) Annual Scientific Meetings of the Research Society for the Study of Diabetes in India.
4. To consider and adopt the venue for the 37th Annual Scientific Meeting of the Research Society in 2009.
5. Research Committee recommendations to grant four minor and two major research projects for the year 2006-07, forwarded by the executive committee will be announced.
6. Travel grant sanctioned by the Scientific Committee and forwarded by the Executive Committee will be announced.
7. To consider any other business with the permission of the chair.
8. To install the President of the Society for the year 2007.

Hyderabad

October 15, 2006

Dr. P.V. Rao

Secretary

Note: If there is no quorum within 15 minutes of the appointed hour, the meeting will stand adjourned upto 5.15 p.m. and then the meeting will proceed on the same day and at the same place when it will not be necessary to have a quorum.

Minutes of 33rd Annual General Body Meeting of the RSSDI held on 24th September 2005 at 17.00 hrs in Shantiniketan, Whitefield Road, Bangalore

1. Dr. Munichoodappa proposed the minutes of the 32nd Annual General Body Meeting of RSSDI held on Nov 6th at Patna which was adopted by GB.
2. Action taken report and report of Society: Request has been circulated for missing addresses and updates of addresses.
3. Rs. 17 lakh was saved by Dr. H.K. Singh, Organizing Secretary for RSSDI 2004 in Patna. GBM appreciated his contribution despite low attendance and low pharmaceuticals participation in the conference.
4. EC proposals for the theme symposia were approved by GBM viz.
 - a. Ahuja symposium: Combination therapy for control of Diabetes Mellitus.
 - b. Nutrition symposium: Choices of dietary fat in diet, facts and fancies.
5. Any Other Matter:
 - a. EC proposal for kolkata as the venue for RSSDI 2007 was approved and confirmed by GBM. The proposal of Hyderabad for RSSDI 2008 was also approved by GBM. It was also decided that the themes for the next two annual conferences may be decided 2 years in advance.
 - b. It was decided that all future annual conferences and annual general body meetings would be held in November every year: Some members pointed out that annual conference of RSSDI 2005 had no concurrent sessions and this was restricting delegates. Also members

wanted clinical oriented talks to be included in addition to research orientated talks:

- c. Some members pointed out that the CD of the proceedings of RSSDI 2005 was being sold for RS 900 in the exhibition area in RSSDI 2005 booth. This was disapproved by all and explanation was sought from the Organizing Committee for this. Dr. A.K. Das proposed that a one time condonation of this action may be given which was agreed to. It was resolved that in future such sale of CDs should not occur.
- d. Prof. A.K. Das moved a resolution expressing thanks and appreciation for Dr. Munichoodappa, Dr. Prassanna Kumar, Dr. Narsimha Shetty and Dr. G.R. Sridhar for the successful organization of RSSDI 2005.
- e. The AGBM also resolved that the certificate to delegates should be given only after their name is entered in the same; certificate to be handed over on the last date of the conference.
- f. The outgoing President, Dr. Muralidhar S. Rao installed the new president of RSSDI for 2006, Prof. N. Sudhakar Rao.

The meeting ended with thanks to the chair.

Hyderabad
April 10, 2006

Dr. P.V. Rao
Secretary

Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held in the Meeting Hall above the Main Conference Hall in Shantiniketan, Bangalore at 3 PM on September 23, 2005

Following members attended: Prof. B.B. Tripathy, Prof. H.B. Chandalia, Prof. C. Munichoodappa, Prof. Ashok K. Das, Prof. K. M. Prasanna Kumar, Prof. Muralidhar S. Rao, Prof. P.V. Rao, Prof. S.V. Madhu, Dr. Subhankar Chowdhury, Dr. Shashank R. Joshi, Prof. Sarita Bajaj, Prof. G. C. Reddy, Prof. S. Chandrasekharan, Dr. S.R.

Aravind, Prof. K.R. Narasimha Setty, Dr. Suresh Purohit.

Agenda

1. Apologies: Dr N Sudhakar Rao sent his apologies expressing inability to attend EC meeting.
2. Agenda of the executive committee was proposed and adopted by executive committee with following amendments:
EC resolved that the meeting of the executive committee should be held for half a day before annual conference or state chapter meetings so that things can be discussed freely. Notice for the EC meetings should be sent well in advance.
3. Meeting of the EC members held at 6.30 pm in Diamond Hall (Hall B), 4th Floor, Tip Top Plaza in Thane on Saturday, April 16, 2005, were proposed by Prof A.K. Das and approved with amendments:
 - a. With regard to Prof Sam GP Moses Oration, Mrs. Moses was contacted but she expressed inability to make any contribution for the same. However, Dr Moses's son expressed interest. EC welcomed this gesture and resolved that his contribution be finalized before RSSDI 2006.
 - b. EC resolved to thank Dr. Munichoodappa, Dr Prasannakumar, Dr Narsimha Shetty and Dr G.R. Sridhar for their efforts to make RSSDI 2005 a success.
4. EC resolved that for 2007 RSSDI Kolkata may be approved as venue for holding the annual conference subject to formation of State chapter in West Bengal.
5. EC proposed the following themes for theme symposia
 - a. Ahuja symposium: Combination therapy for control of Diabetes Mellitus.
 - b. Nutrition symposium choices of dietary fat in diet, facts and fancies.
6. EC considered the names of Prof. R.V. Jayakumar, Dr. Sarita Bajaj and

Dr. Nikhil Tandon and approved the name of Dr. R.V. Jayakumar for the post of Chairman, Scientific Committee for RSSDI 2006.

7. The uncontested nomination of Prof. N. Sudhakar Rao for the post of President was approved by EC.
8. EC decided that the cheque amounting to 50% of 29th RSSDI conference savings of Rs. 23,64,346 might be given to Punjab and Chandigarh chapter, once the state chapter EC is formed.
9. EC approved the same. Apart from research corpus, Rs 5 lakhs from current funds may be set aside per year for research proposals. This amount may be increased in a particular year subject to approved of EC if proposal is of sufficient merit.
10. Progress regarding RSSDI Textbook was discussed and the target date for bringing out the second edition was decided as Middle 2006.
Textbook Committee Report: The editorial board was authorized to fix the price and other aspects of the publication of Textbook.
Editorial Committee Report: Editor of the Journal was requested to include Chairman, Scientific Committee of RSSDI annual conference as Guest Editor for the issue of the Journal related to the conference.
11. Induction of members into the EC for strengthening State Chapter should not be an automatic procedure. In case of a large chapter, representative of the chapter may be invited to the EC as a special invitee, if the state is under represented in the EC. Dr Banshi Saboo's, application in this regard may be put up to the new President for his approval.
12. Any other matter:
 - a. In the matter of Dr PV Rao's proposal to resign from the post of Honorary Secretary, RSSDI, EC resolved that Dr. P.V. Rao to continue till the next term.
 - b. Proposal of Indigene for education course on diabetes was discussed by EC and it as

decided not to vet the proposal, as Indigene has already been blacklisted by RSSDI. Eli Lily, may be suggested to become a corporate member of RSSDI, and to communicate directly in this matter. EC empowered the President and Secretary to act on behalf of EC in this regard.

- c. The proposal of Dr. Nadgouda to donate Rs 2,00,000 amount for an Oration in RSSDI was discussed and it was decided that this proposal may be considered for a guest lecture and not for an Oration.
- d. EC felt that the SOPs for Orations need to be worked out in detail for the future. The accreditation committee was authorized to decide on the above matters.

The meeting ended with thanks to the chair.

Hyderabad
April 10, 2006

Dr. P.V. Rao
Secretary

Minutes of Executive Committee Meeting of the Research Society for the Study of Diabetes in India will be held in the conference hall in Shantiniketan, Bangalore at 6 pm on September 24, 2005

Following members attended: Prof. B.B. Tripathy, Prof. H.B. Chandalia, Prof. C. Munichoodappa, Prof. Ashok K. Das, Prof. K. M. Prasanna Kumar, Prof. Muralidhar S. Rao, Prof. P.V. Rao, Prof. S.V. Madhu, Dr. Subhankar Chowdhury, Dr. Shashank R. Joshi, Prof. Sarita Bajaj, Prof. G. C. Reddy, Prof. S. Chandrasekharan, Dr. S.R. Aravind, Prof. K.R. Narasimha Setty, Dr. Suresh Purohit.

Constitution of RSSDI committees:

EC decided to extend the term of all committees for further one year. Credential committee will not include Constitutional committee.

- a. RSSDI 2006 Annual Conference:- Chairman, Organizing Committee, Prof. S.V. Madhu; Chairman, Scientific committee, Dr. R.V. Jayakumar.
- b. Research committee 2006: Chairman: Prof. S.V. Madhu, Dr.

Jitendra Singh, Prof. Sarita Bajaj, Dr Alok Kanungo.

- c. Credential Committee 2006: Chairman: Dr. C. Munichoodappa, Prof. Sidhaartha Das, Dr. Anant Nigam.
- d. Editorial Committee 2006: Chairman: Prof. H.B. Chandalia, Dr. C.S. Yagnik, Prof. R.V. Jayakumar, Prof. A.K. Das, Dr. A. Ramachandran, Dr. V. Mohan, Prof. D.K. Hazra.
- e. Textbook Committee 2006:- Chairman: Prof. B.B. Tripathy, Prof. H.B. Chandalia, Prof. A.K. Das, Prof. P.V. Rao, Prof. S.V. Madhu, Prof. V. Mohan.
- f. Web Committee:- Web Editor: Prof PV Rao, Dr. C. Munichoodappa, Prof. Sidhartha Das, Dr. Anant Nigam.
- g. There was a Suggestion in the EC to dedicate the RSSDI Textbook Second Edition to Dr. Moses and Dr. Gee Verghese.
- h. Matter of co-opting Dr. Banshi Saboo into the EC was taken up Dr. Sudhakar Rao, President conveyed his decision to co-opt Dr. Banshi Saboo into the EC for one year. He also conveyed his approval for co-opting Dr. Suresh Purohit for a similar period.
- i. The date of midterm EC meeting of RSSDI was decided tentatively for March 2006 and it was decided that this may be clubbed with the State Chapter meeting.

The meeting ended with thanks to the chair.

Hyderabad
April 10, 2006

Dr. P.V. Rao
Secretary

Minutes of the Executive Committee meeting of the Research Society for the Study of Diabetes in India held at 5.30 pm in Diamond Hall (Hall B), 4th Floor, Tip Top Plaza in Thane on Saturday, April 16, 2005

Following Executive members were present : Dr. B.B. Tripathy, Dr. C. Munichoodappa, Dr. H.B. Chandalia, Dr. A.K. Das, Dr. Muralidhar S. Rao, Dr. R.V. Jayakumar, Dr. N. Sudhakar Rao, Dr. Shashank Joshi, Dr. Sarita

Bajaj, Dr. S.V. Madhu, Dr. P.V. Rao. President. Dr Muralidhar Rao called the meeting to order.

1. Agenda was proposed by Dr. C. Munichoodappa, seconded by Prof. R.V. Jayakumar and adopted by EC.
2. Dr. G.C. Reddy, Dr. Subhankar Chowdhary, Dr. K.M. Prasanna Kumar, Dr. S.R. Arvind. Dr. S. Chandrasekharan sent their apologies for not being able to attend the EC meeting.
3. Following minutes were circulated.
 - a. Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held on Friday, 5th November, 2004 in S.K. Memorial Hall, Gandhi Maidan, Patna at 6.30 pm
 - b. Minutes of the Annual General Body Meeting of the Research Society for the Study of Diabetes in India held on Saturday, 6th November 2004 at 6 pm in S.K. Memorial Hall, Gandhi Maidan, Patna
 - c. Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held on Saturday, 6th November 2004 in S.K. Memorial Hall, Gandhi Maidan in Patna at 7 pm

These were then adopted by EC, with following amendment, as proposed by Dr. N. Sudhakar Rao and seconded by Dr. A.K. Das. 'Honorary Secretary General was instructed by EC to file income tax of RSSDI in Hyderabad'.

4. Dr. C. Munichoodappa suggested that a new letterhead of RSSDI has to be drafted and printed. All EC members must be informed the minutes or results within 2 weeks after a meeting or elections. Also, the need for more effective communication to all was emphasized.
5. EC suggested that if a member of EC does not attend 3 consecutive EC meetings without a valid reason, his EC membership should be forfeited. EC considered this very important issue, for immediate attention. As a constitution amendment would be required for this, it was decided to

formulate a suitable amendment and necessary notice of 2 months be given to members prior to Annual GBM. Also, members suggested that a special GBM may be needed for this purpose.

6. Dates for the Annual Scientific Meeting of the RSSDI for 2006 at Delhi, were proposed as November 3, 4 and 5, 2006, and they were approved by EC.
7. Suggestions for theme symposia at RSSDI 2006 were considered by EC.
 - a. Nutrition symposium
 - i. Low carbohydrate vs. high carbohydrate diets in diabetes mellitus.
 - ii. Micronutrients and anti oxidants in diabetes mellitus.
 - b. MMS Ahuja Symposium
 - i. Psychosocial issues for type 1 diabetes mellitus.
8. Dr. Narasimha Setty, Organizing Secretary, RSSDI 2005, made a presentation giving an overview of the arrangements for the conference including venue, transportation etc. which was appreciated by EC. EC expressed satisfaction at the arrangements.
9. EC recommended induction of the Organizing Secretary and the Scientific Secretary of the Annual Scientific Meetings, into the RSSDI Executive Committee. Accordingly, Dr. Narasimha Setty is invited to the EC and he has consented.
10. Election disputes, which were referred to arbitration committee. - Secretary General, Dr. P.V. Rao first appraised EC about the 2 applications regarding the elections of RSSDI held in 2004. Arbitration committee identified 2 issues arising out of the matter.
 - i. How to avoid lapses in future? Recommendations for the same were made in its report.
 - ii. Whether election procedure was violated?

After going through the entire material placed before it, arbitration committee's verdict on this was conveyed to EC by Prof. A.K. Das that "There was no violation of

election procedure. And that no intentional, malafide, irregularity was committed. Hence elections were taken as valid. And no reelections were required." This was unanimously adopted by EC.

11. Dr. A.K. Das informed that Sam G.P. Moses Oration medal was being provided by Dr. Moses himself earlier. EC decided to continue with the Oration. EC also requested Dr A.K. Das to talk to Dr. Anand Moses and the family of Dr. Sam G.P. Moses to find out if they would like to support. Otherwise, RSSDI will continue the same.
12. Dr. H.B. Chandalia pointed out that RSSDI website has to be managed by the Web Committee and the Editor of the RSSDI Journal. EC approved the same.
13. Dr. Shashank Joshi suggested that in near future, there should be SOPs for all Orations of RSSDI.
14. Dr. S.V. Madhu, Chairman, Research Committee read out the report of the Research Committee activities in 2004-05.
 - i. He informed EC that funds for the projects approved by RSSDI in June and July 2004 have been disbursed. Details for these were:
 - a. Total for annual four minor projects: 1.74 lakh
 - b. 1st installment for one major project: 1.25 lakh
 - ii. He also informed EC that 2nd installment for the 1 major project of Rs. 1.25 lakhs is being released. The final installment for the 2nd year will be released only following the annual progress report submission by the principal investigator.
 - iii. He also informed that the Indian Prevention of Diabetes Study on behalf of the RSSDI, which was approved earlier and announced in annual GBM at Patna, has been finalized. Final operational details are being worked out and the project is ready to be started by June 2005. He proposed to the EC to set aside a budget of Rs.10 lakh per year (Rs.2 lakh per each center) starting from

June 2005 for 4 years by when the project is expected to conclude.

- iv. After discussion among EC members, Dr. H.B. Chandalia mentioned that we cannot depend on corpus fund interest alone for research activities. EC then approved the proposed budget for the above project.
- v. Dr. S.V. Madhu has informed that the new circular calling for research proposals for funding in the current year 2005-06 has already been forwarded to the Secretary General for circulation in the News Letter. Last date for submission will be 31st May, 2005 and the funding decided by end of July 2005.
15. EC approved induction of Dr. Suresh Purohit into Executive Committee, for strengthening the activities of RSSDI in Maharashtra.
16. Dr. P.V. Rao, Secretary General mentioned that Dr. K.M. Prasanna Kumar, had sent a letter in which he had mentioned that the vacancy of Executive Patron be filled up without further delay. The same was taken by EC. Three names came up for the same i.e. Dr. V. Seshiah, Dr. B.K. Sahay and Dr O.P. Gupta. It was decided that voting be held. Following voting, as both Dr. V. Seshiah and Dr. B.K. Sahay received equal number of votes, President was given 'casting vote'. On voting from President, Dr. B.K. Sahay was declared elected as Executive Patron.
17. President and EC members have congratulated the Organizers of the RSSDI Maharashtra Chapter meeting in Thane for successfully conducting the academic proceedings and conveyed thanks for facilitating the RSSDI EC meeting in the venue.
18. Decision of arbitration committee was conveyed to the 2 applicants, Dr. Suresh Purohit and Dr. Narasimha Shetty.

The meeting ended with thanks to the chair.

Hyderabad
September 25, 2006

Dr. P.V. Rao
Secretary