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### INTERNATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES

Editors: Prof. H.B. Chandalia, Dr. P.S. Lamba

**International Editorial Board:** Dr. Umesh Dashora (UK), Dr. Sreekumaran Nair (USA), Dr. Ved Gossain (USA), Dr. M.A.K. Omar (South Africa), Dr. Paresh Dandona (USA), Dr. Mahen Wijesuriya (Sri Lanka), Dr. C.B. Sanjeevi (Sweden), Dr. Romesh Khadori (USA)

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### TEXTBOOK OF DIABETES MELLITUS

**Editor-in-Chief: Prof. B.B. Tripathy**

Editors: Prof. H.B. Chandalia, Prof. A.K. Das, Dr. P.V. Rao, Dr. S.V. Madhu

### Research Committee

Prof. S.V. Madhu, Dr. Jitendra Singh, Dr. Sarita Bajaj, Dr. Alok Kanungo

### Credential Committee

Dr. C. Munichoodappa, Prof. Sidhartha Das, Dr. Anant Nigam

### RSSDI 2004 Organizing Secretary

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### Chairman, Scientific Committee

Prof. S.V. MADHU                      Delhi

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 \* Nicholas Piramal India \* USV \*  
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**Notice is hereby given that the XXXII Annual General Body Meeting of the Research Society for the Study of Diabetes in India will be held on Saturday, November 6, 2004 at 17.15 hours in the S.K. Memorial Hall, Gandhi Maidan, Patna.**

**Minutes of the Annual General Body Meeting of the Research Society for the Study of Diabetes in India held on Saturday, October 11, 2003 at 5.30 p.m. in the BM Birla Auditorium, Jaipur**

### Proposed Agenda

- To read and confirm the Minutes of the XXXI Annual General Meeting of the Research Society for the Study of Diabetes in India held on October 11, 2003 at 5.15 p.m. in the BM Birla Auditorium, Jaipur, Rajasthan.
- To consider and adopt report of the Society and its activities, and Statement of Accounts and the Balance Sheets of the year 2003-2004.
- To confirm and adopt the venue and themes for the XXXIII Annual Scientific Meeting of the Research Society for the Study of Diabetes in India to be held in Bangalore, and to consider and adopt the venue for the XXXIV Annual Scientific Meeting of the Research Society.
- To consider and adopt the constitution of Andhra Pradesh, Delhi and Punjab-Chandigarh State Chapters of the Society.
- To consider any other business with the permission of the chair.
- To install the President of the Society for the year 2005 and the Executive Members for 2005-2007.

Hyderabad  
 September 7, 2004

**Dr. P.V. Rao**  
 Secretary

### Note:

- If there is no quorum within 15 minutes of the appointed hour, the meeting will stand adjourned upto 5.30 p.m. and then the meeting will proceed on the same day and at the same place when it will not be necessary to have a quorum.
- Elections to the Executive Committee of RSSDI for the year 2005-2007 was held in October 2004. The results of the Elections and the new Executive Committee will be announced in the General Body Meeting at Patna.

- Minutes of the 30th Annual GBM were confirmed and passed by GBM.
- Hony. Secretary presented the statement of accounts and the Auditor's report. He informed the GBM that Income Tax returns have been filed for last 8 years and that all accounts / taxes are likely to be smooth hereafter. GBM approved the same.
  - Other matters & EC resolutions to be placed before GBM for approval were then put to the GBM:
    - The issue of Non payment of dues by Prof. R.J. Dash was discussed and GBM decided that following action be taken against him:
      - Prof. R.J. Dash be placed under suspension for 3 months. In case of non-payment even then
      - EC was empowered to remove him from primary membership of RSSDI.
      - Appropriate Legal action be initiated simultaneously to recover the money.
 Dr. Mukherjee wanted preventive steps in this regard for the future. President requested him to submit a written proposal. GBM finally adopted the following resolution:
      - Suspension of Dr. R.J. Dash for 3 months.
      - Legal consultations to be taken during these 3 months
      - Opinion to be taken about freezing bank account
      - Mention of suspension and action in RSSDI newsletter and journal.
    - Constitutional amendment with regards to electronic and print media. Resolution of EC, henceforth no electronic recording and printing of the meetings of RSSDI be allowed to be made by any commercial company. Any such recording will be done by RSSDI themselves, if required as decided by EC was approved by GBM.

- iii. "Patna" was confirmed as the venue for Annual Scientific Conference in 2004. The draft Brochure for the same was placed before GBM and was approved with following amendments to the Tariff.
- Deadline of 31/12/03 to be deleted
  - Rs 1400 till 31/03/04
  - Rs. 1600 till 31/05/05 till 15/07/05
  - Spot registration
  - The fee for non member was increased to Rs.2000
- iv. The themes proposed by EC for RSSDI 2004 viz. type 2 diabetes mellitus in the young (< 20yrs) for Scientific sections and nutritional management of obesity for nutrition section, approved by GBM.
- v. Increase in life membership of RSSDI to Rs.2500 w.e.f. January 1, 2004 was approved.
- vi. Proposal for holding Annual Scientific meeting of RSSDI in 2005 in Bangalore by Karnataka Chapter was considered along with proposals from Delhi and Jammu.

GBM decided that Karnataka State chapter would organize RSSDI 2005 in Bangalore.

3. Constitution of state chapters was discussed at length. Following amendments to the same were made:
- 1.1 All the state chapters are bound to abide by directions of the parent body of RSSDI as and when such contingency arises.
- 1.2 "Honorary Chapter Secretary" and "Honorary Chapter Treasurer" in place of Hony Secretary and Honorary Treasurer respectively.
- 1.3.2 To be deleted
- 1.4 In the event of dissolution of chapter its assets have to be transferred to parent body.
- 1.7 The words — "with due concurrence of the centre" — to be added".
- 2.2 To be deleted
- 2.4.2 This body will last for "two years" in place of "three years" There shall be no 'Patron' for state chapters.

The constitution for state chapters was adopted by GBM with the above mentioned amendments. It was proposed by Dr. J.K. Mukherjee and seconded by Dr. Munichoodappa.

4. Constitution of Editorial Board of RSSDI Textbook by EC was approved as proposed by GB. It was decided that once the manuscript for the second edition was ready, Editorial board will call for tenders to minimize cost of printing and cost of production.
5. Karnataka and Kerala state chapters were unanimously approved. Constitutional amendment (at 3i) – was adopted by GBM. Rs 12,00,000 as grant in aid for RSSDI Kerala chapter as 50% of money submitted by 30th RSSDI organizing committee in Kochi was approved.
6. GBM was informed that there was a single valid nomination for the post of President RSSDI by Dr. R.V. Jayakumar. He was declared elected unopposed. Dr. R.V. Jayakumar, was formally installed as President by the ongoing President Dr. Siddharth Das.
7. Dr. Mukherjee raised the issue of commercialization of the scientific programme and specifically pointed to the use of a particular brand name of Insulin in presentations.

Dr. H.B. Chandalia suggested that more free papers from young scientists be encouraged.

It was also suggested that while making the scientific programme for annual conferences the afternoon sessions be held as concurrent sessions viz. Basic Sciences and Clinical Sciences.

GBM placed on record a resolution congratulating Dr. Anant Nigam, Dr. Arvind Kumar and Dr. Prasanna Kumar for excellent organization of RSSDI 2003 and its scientific programme. Special words of appreciation were for the punctuality maintained in conduct of the scientific programme throughout the conference.

GBM also recorded its appreciation of the efforts of Treasurer and Secretary of RSSDI in filing Income Tax returns and obtaining PAN and TAN numbers.

Dr. A.K. Das proposed a special appreciation for the outgoing president and his team for all the achievements during his tenure. This was adopted by GBM.

The GBM concluded with thanks to the chair.

Hyderabad  
November 10, 2003

**Dr. P.V. Rao**  
Secretary

## Minutes of EC meeting of the Research Society for the Study of Diabetes in India was held on Saturday, October 11, 2003 at 7.00 p.m. in BM Birla Auditorium, Jaipur, Rajasthan

EC meeting of the Research Society for the Study of Diabetes in India was held on Saturday, October 11, 2003 at 7.00 p.m. in BM Birla Auditorium, Jaipur, Rajasthan. Prof. R.V. Jayakumar, President of RSSDI took the chair and called the meeting to order. Following members attended: Dr. P.V. Rao, Dr. A.K. Das, Dr. Suresh Purohit, Dr. K.M. Prasanna Kumar, Dr. Muralidhar S. Rao, Dr. H.B. Chandalia, Dr. C. Munichoodappa, Dr. Sidharth Das, Dr. R.V. Jayakumar and Dr. N. Sudhakar Rao. Invitees were: Dr. Anant Nigam, Dr. Arvind Gupta and Dr. H.K. Singh.

1. Constitution of various committees. EC approved constitution of various committee as under.
    - § EC confirmed Dr. S.V. Madhu as Scientific Committee Chairman for RSSDI 2004.
    - § It was decided to continue same Research Committee for 1 more year with Dr. S.V. Madhu as Chairman. Dr. S.V. Madhu accepted the responsibility for developing the research proposal on Prevention of Diabetes Mellitus in the next 6 weeks.
    - § Textbook Committee – same to continue.
    - § Editor for Journal – to continue for 1 more year and constitute his committee
    - § Credential committee – Dr. Munichoodappa, Dr. Siddharth Das, Dr. Anant Nigam
    - § Accreditation Committee – Chairman: Dr. Prasanna Kumar, Members: Dr. A.K.Das, Dr. Muralidhara Rao
  2. EC recorded its appreciation for the high quality of poster presentations at RSSDI 2003.
  3. EC passed a resolution appreciating Dr. Siddharth Das particularly for his efforts in drafting the constitution of RSSDI and State chapters, in resolving financial matters and steering RSSDI through other complex issues.
  4. EC also noted its appreciation for Dr. Anant Nigam, Dr. Arvind Gupta and Dr. Prasanna Kumar for their excellent organization of RSSDI 2003.
  5. Date for next EC meeting was fixed for April 2004.
- EC meeting ended with thanks to the chair.

**Minutes of the Executive Committee Meeting of the Research Society for the Study of Diabetes in India held on Saturday, October 9, 2003 at 8:30 p.m. Hotel Park Plaza, Jaipur, Rajasthan**

Professor Siddharth Das, President of RSSDI took the chair and called the meeting to order. Following members were present: Prof. B.B. Tripathy, Prof. H.B. Chandalia, Dr. A.K.Das, Dr. Siddharth Das, Dr. P.V. Rao, Dr. R.V. Jayakumar, Dr. S.V. Madhu, Dr. S.K. Agarwal.

- 1) Agenda for the meeting was adopted.
- 2) Minutes of the executive committee meeting of RSSDI held at Chennai were read and adopted.
- 3) Action taken report:
  - a) EC noted and approved that Income Tax returns for pending RSSDI accounts were filed. EC resolved that whenever money comes from a Chapter conducting the annual conference, this may be kept as CORPUS fund. Proposed by Dr. Siddharth Das, seconded by Dr. A.K.Das and adopted by EC.
  - b) EC resolved that in view of non-response from Prof. R.J. Dash and his failure to comply with earlier EC and general body directions, strict action should be initiated against him. EC members felt that this should be in the form of
    - i) Suspension of primary membership of RSSDI, which should be communicated to RSSDI members through RSSDI newsletter and journal.
    - ii) To serve a legal notice on him asking him to deposit the money due to RSSDI immediately.
  - c) EC resolved that constitution for chapters should be uniform for all the chapters of RSSDI. Dr. H.B. Chandalia and Dr. A.K. Das proposed the following amendment: "No state chapters can make any interaction/representation with any national or international forum directly." The constitution for State Chapters was adopted by EC with the above-mentioned amendment.
  - d) It was resolved that, to promote sales of RSSDI Textbook, following additional measures be taken.
    - i) Slides showing availability of RSSDI Textbook be shown at the RSSDI 2003 conference.
    - ii) Counter for sale or booking of textbooks at the conference venue.

iii) Letter to all Medical Colleges be sent again informing availability of the Textbook.

- e) The president Dr. Siddharth Das proposed that henceforth no electronic recording and printing of the meetings of RSSDI be allowed to be made by any commercial company. Any such recording will be done by RSSDI themselves, if required as decided by EC. This resolution was seconded by Dr. H.B. Chandalia and adopted by EC. EC also resolved that if Wockhardt were to pay balance money of Rs.1,00,000 to the parent body of RSSDI the company may be exonerated and ban on its participation in RSSDI may be lifted. Secretary General of RSSDI was authorized to inform Wockhardt of this decision and if the company agreed in writing to the same it may be allowed to participate in RSSDI 2003.
  - f) EC passed the same.
  - g) Credentials of the members of Kerala and Karnataka States were checked by Secretary General. EC approved the same and formation of Kerala and Karnataka chapters of RSSDI.
  - h) The Secretary informed the EC that credential committee had approved 1054 provisional members for academic membership of RSSDI. The same was approved by EC. EC also decided that credential "constitution" committee be called Credential Committee henceforth and the word "constitution" be deleted from its name.
    - i) EC passed the constitutional amendment.
    - j) EC resolved that RSSDI should approach INDIRA GANDHI OPEN UNIVERSITY for proper accreditation of RSSDI CME programme.
    - k) The Secretary informed the EC that there was only one valid nomination for the post of President of RSSDI from Dr. R.V. Jayakumar. His unanimous election to the post of President of RSSDI was approved by EC and forwarded to GBM.
- 4) EC deliberated on the proposal to consider an interest free loan/one time grant of Rs. One lakh or more to Diabetes Foundation of India in

exchange for space to locate the national headquarters of RSSDI. EC decided to request the Trustee of DFI to provide.

- I. Details of when and how the Trust was founded.
- II. Related Government of India and land allotment documents.
- 5 EC approved the release of Rs.12,00,000 as grant in aid to RSSDI Kerala chapter and resolved that once the Chapter opens an account, cheque for the same be given.
- 6 EC approved last EC resolution to increase life membership of RSSDI to Rs.2500 with effect from Jan 1st 2004.
- 7 EC approved raising the funding of IJDDC from Rs.50,000 to Rs.75,000 per issue.
- 8 EC approved the holding of Annual Scientific meeting of RSSDI in 2005 in Bangalore, Karnataka and decided to forward the same to GBM.
- 9 EC considered the proposal for nominating editors to the second edition of RSSDI Textbook. The following constitution of the Textbook committee was decided by EC. Editors-in-chief : Dr. B.B. Tripathy and Dr. H.B. Chandalia; Editors: Dr. A.K. Das, Dr. P.V. Rao, Dr. V. Mohan and Dr. S.V. Madhu.
- 10 EC resolved that RSSDI should manage website of its own. In this connection it was decided that Abbot India be approached to transfer domain to RSSDI. EC felt that the website can be maintained through advertisements.
- 11 While reiterating the need to focus on research activity, EC resolved that the existing Research Committee as already decided by earlier EC viz. Dr. S.V. Madhu as Chairman along with members, Dr. Jitendra Singh, Dr. Sarita Bajaj and Dr. Alok be finalized and made functional. It was also resolved that research committee to meet at 2 p.m. on October 10, 2003.
- 12 Passed by EC with the amendment "June 15th each year" instead of "May 31 each year".
- 13 EC resolved that State Chapters of RSSDI have to pay the parent body the amount needed to be paid as Income Tax for their respective chapters. This money has to be transferred to the parent body by June 15th of each year. This has to be included in the relevant clause of the constitutions of state chapters and placed before GBM for approval.
- 14 a) EC approved that in addition to interest on corpus of Rs.25,00,000,

funds amounting to Rs.5,00,000 per year from current annual earnings will be set aside for research projects. It is also decided to do away with the ceiling of Rs.40,000 per project.

- b. EC resolved that Rs. 30,00,000 be set aside as Textbook corpus for 2nd Edition.
- 15 EC approved the same
- 16 EC approved the same
- 17 EC resolved to delete this proposal
- 18 The guidelines for recording proceedings of RSSDI meetings have been framed at 3 (e)
- 19 EC's decision at 3 (e).
- 20 Themes for RSSDI 2004 at Patna EC decided on the following 2 themes to be placed before GBM
  - a. Scientific Section – "Type 2 Diabetes mellitus of young (< 20 yrs)"
  - b. Nutrition Section – "Nutritional management of obesity"
  - c. EC placed on record its appreciation of the efforts of the President, Secretary and Treasurer in resolving several pending and complex issues and thanked them, for the same.

The EC meeting ended with thanks to the chair.

#### **Minutes of the RSSDI Research committee meeting held on October 10, 2003, at 2 p.m. at BN Birla Auditorium, Jaipur**

The meeting was held under the chairmanship of Professor S.V. Madhu. The following members attended the meeting, Dr. S.V. Madhu, Dr. Jitendra Singh and Dr. Alok Kanungo.

The following decisions were taken:

- It was resolved that research should be made the focus of RSSDI as this is one of its major objectives. Note was taken by the members of the EC resolution in its meeting on October 9, 2003 that the funds allocated for research would now be Rs 5 lakh per year from annual earnings in addition to interest on Corpus of Rs.25 lakhs.
- Regarding plan for research proposals following resolution were made:
  1. One major proposal may be funded by RSSDI annually by an amount not exceeding Rs. 2 lakh.
  2. In addition, 2 or 3 projects may be funded annually not exceeding Rs.40,000 per project.
  3. In order to encourage research

among young scientists and post graduate medical students interested in undertaking research in diabetology multiple small projects may be funded by RSSDI for Indians less than 40 years of age. If he is a member of RSSDI. The amount funded for such projects may be between Rs.10,000 and 20,000 per project as per availability of funds. This project may be funded with a rider that the results of such research would be first presented at the annual conference of RSSDI. Part funding of projects by RSSDI may be considered for the proposal as long as the amount funded in RSSDI is more than 50% of the projected budget in the proposal.

§ As part of the initiative for research by RSSDI and in accordance with earlier EC decisions it was resolved that a study protocol entitled "Diabetes Prevention Programme in India" would be drafted by the research committee and submitted within six weeks to the EC for approval and implementation. Additional external funding for the same, if required, may also be undertaken.

§ Call for research proposals to be circulated in the RSSDI newsletter to all RSSDI members.

§ A registry for Indian type 1 Diabetes Mellitus patients through all members of RSSDI to be initiated.

§ Constitution of research committee may be notified to the RSSDI Journal (IJDDC).

The research committee considered the research proposal entitled "Effects of aging on glucose metabolism, body mass index, waist hip ratio, and other parameters indicative of cardiovascular risk, in subjects with normal glucose tolerance: a 5-year longitudinal study" submitted by Dr. K.M. Prasanna Kumar, Dr. Prem Pais, Dr. Jennifer George, Dr. V. Mohan et al. The members felt that while the aims of the proposal merit investigation, the detailed formal proposal with well-defined and independent inclusion and exclusion criteria and other aspects of methodology needs to be submitted before it can be considered. Also detailed proposal on budget has to be appended with the proposal for consideration.

#### **Notice is hereby given that the Executive Committee Meeting of the Research Society for the Study of Diabetes in India will be held on Saturday, April 3, 2004 at 6.00 p.m. in Hotel Center Point, 4th Floor Chambers, Nagpur**

1. Agenda to be proposed and seconded by EC members and Executive Committee to adopt the same.

2. Minutes of the Executive Committee meeting of the Research society for the study of diabetes in India, held on Thursday, October 9, 2003 at 8.30 p.m. in Hotel Park Plaza, Prithviraj Road, Jaipur tel 2360202.

Minutes of the General Body meeting of the Research Society for the Study of Diabetes in India, held on Saturday, October 11, 2003 at 5 p.m. in Birla Auditorium, Jaipur, Rajasthan

Minutes of the Executive Committee meeting of the Research Society for the Study of Diabetes in India, held on Saturday, October 11, 2003 at 7 p.m. in Birla Auditorium, Jaipur, Rajasthan will be read by Secretary to be adopted with amendments, if any.

3. Action taken on important decisions of EC meeting.

a. Prof. R.J. Dash, deposited Rs.23,64,346 by draft payment on December 13, 2003.

b. www.rssdi.org and www.rssdi.net are launched and are being updated. All IJDDC articles (since 1990) published on web in text format are being converted to IJDDC Journal format.

4. 60 life members from Andhra Pradesh applied for starting AP Chapter of RSSDI as forwarded by Dr. G.R. Sridhar and Dr. P.V. Rao.

50 life members from Punjab and Chandigarh applied for starting Punjab and Chandigarh Chapter of RSSDI in a letter dated March 1, 2004 by Dr. Anil Bhansali.

64 life members from Delhi state applied for starting Delhi Chapter of RSSDI as forwarded by Dr. Rajiv Chawla and Dr. S.V. Madhu.

EC may approve and forward these proposals for two state chapters to AGM.

5. To consider any other business with the permission of the chair.

Hyderabad **Dr. P.V. Rao**  
March 2004 Secretary