



RSSDI NEWS

2006 • 34 • 1 • May

www.rssdi.org

EXECUTIVE PATRONS

Prof. B.B. TRIPATHY Cuttack
Prof. H.B. CHANDALIA Mumbai
Dr. C. MUNICHOODAPPA Bangalore
Prof. ASHOK KUMAR DAS Pondicherry
Prof. BINODE K. SAHAY Hyderabad

PRESIDENT

Prof. N. SUDHAKAR RAO Hyderabad

VICE PRESIDENT

Prof. K.M.PRASANNA KUMAR Bangalore

PAST PRESIDENT

Prof. MURALIDHAR S. RAO Gulbarga

SECRETARY

Prof. P.V. RAO Hyderabad

JOINT SECRETARY

Prof. S.V. MADHU Delhi

TREASURER

Prof. N. SUDHAKAR RAO Hyderabad

EXECUTIVE COMMITTEE

Prof. SARITA BAJAJ Allahabad
Prof. S. CHOUDHARY Kolkata
Dr. SHASHANK JOSHI Mumbai
Prof. G.C. REDDY Hyderabad
Prof. S.CHANDRASEKHARAN Chennai
Dr. S.R. ARVIND Bangalore
Dr. SURESH C. PUROHIT Mumbai
Prof. K.R.NARASIMHA SETTY Bangalore
Dr. BANSHI SABOO Ahmedabad

INTERNATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES

Editors: Prof. H.B. Chandalia, Dr. P.S. Lamba
National Editorial Board: Dr. A. Ramachandran,
Dr. R.V. Jayakumar, Dr. A.K. Das, Dr. D.K. Hazra,
Dr. V. Mohan, Dr. P.V. Rao, Dr. G.R. Sridhar, Dr.
C.S. Yajnik

TEXTBOOK OF DIABETES MELLITUS

Editor-in-Chief: Prof. B.B. Tripathy
Editors: Prof. H.B. Chandalia, Prof. A.K. Das,
Dr. P.V. Rao, Dr. S.V. Madhu, Dr. V. Mohan

Research Committee

Prof. S.V. Madhu, Dr. Jitendra Singh,
Dr. Sarita Bajaj, Dr. Alok Kanungo

Credential Committee

Dr. C. Munichoodappa, Prof. Sidhartha Das,
Dr. Anant Nigam

RSSDI 2006 Organizing Secretary

Dr. RAJEEV CHAWLA New Delhi

Chairman, Scientific Committee

Prof. R.V. JAYAKUMAR Kottayam

Web Committee

Web Editor: Prof. P.V. Rao.
Dr. C. Munichoodappa, Prof. Siddhartha Das,
Dr. Anant Nigam

Academic Committee

Chairman: Dr. R.V. Jaya Kumar, Dr. P.V. Rao,
Dr. K.M. Prasanna Kumar

CORPORATE MEMBERS

* Novo Nordisk India * Hoechst Marion Roussel*
* Nicholas Piramal India * USV *
* Sun Pharmaceuticals * Bal Pharma *
* Bayer India * Torrent Pharmaceuticals *
* Alkem Laboratories *
* Life Scan Johnson & Johnson *
* Panacea Biotec * Wockhardt * Lupin *

Welcome to RSSDI 2006 New Delhi

On behalf of the organizing committee, it is our privilege to extend a warm invitation to all of you to RSSDI 2006 at Ashok Hotel, New Delhi from November 3-5, 2006. The organizing committee is working hard to create a top class scientific programme consisting of a blend of highly interactive sessions with distinguished international and national faculty along with wonderful opportunities for all diabetes researchers among us to present their work to a large number of physicians and diabetologists from all over the country.

November is one of the best months to visit Delhi when the weather is pleasantly cool that would allow you to enjoy the many tourist delights in and around Delhi. We look forward to having you at New Delhi in 2006 and promise to make your visit a memorable one.

Prof. S.V. Madhu

Organising Chairman
149, Bhagirathi Apartments
13/1, Sec 9, Rohini, Delhi 110 085
drsvmadhu@gmail.com

Dr. Rajeev Chawla

Organising Secretary
North Delhi Diabetes Centre
180 Jai Apartment, Sector 9
Rohini, Delhi 110 085
tel 011 27563814, 27554643
mob 98117 99666
rssdidelhi@gmail.com

LIFE MEMBERSHIP OF RSSDI

RSSDI is the largest Indian organisation of diabetes health care professionals and researchers. In April 2006, 4017 life members are represented from 29 Indian States and Union Territories as follows: Andaman and Nicobar (2), Andhra Pradesh (572), Assam (76), Bihar (137), Jharkhand (44), Chandigarh (17), Delhi (196), Gujarat (163), Goa (10), Haryana (76), Himachal Pradesh (22), Jammu and Kashmir (15), Karnataka (373), Kerala (199), Manipur (14), Meghalaya (5), Mizoram (3), Madhya Pradesh (153), Chattisgarh (38), Maharashtra (488), Orissa (147), Pondicherry (7), Punjab (112), Rajasthan (172), Tamil Nadu (413), Tripura (10), Uttar Pradesh (332), Uttaranchal (15), West Bengal (197). There are eight Life Members from Nepal. In addition to becoming a member of the most prestigious society of diabetologists in India, it entitles you to a free copy of the International Journal of Diabetes in Developing Countries published quarterly..Life membership subscription is Rs.2500 payable to RSSDI at Hyderabad. For cheques, add Rs.50 as outstation charges.

34th Annual Scientific Meeting of the Research Society for the Study of Diabetes in India

November 3, 4 and 5, 2006,
New Delhi

www.rssdi2006.org

Nutrition Section: Choices of Dietary Fat in Diabetes — Facts and Fantasies

Ahuja Symposium: Combination Therapy for Control of Diabetes

Diabetes researchers are invited to collect relevant data for presenting theme papers and for sending research abstracts of oral or poster presentations to Chairman, Scientific committee before August 31, 2006. All members are requested to send their suggestions regarding topics that they would like to be discussed during the CME programme of the 34th Annual Conference of RSSDI: New Delhi 2006.

Prof. R V Jayakumar

Chairman, Scientific Committee
3 Ancheril Gardens
Gandhinagar P.O.
Kottayam 686 008
Tel 0481 2597925 2594424 0484
2802025
rvjayakumar@aims.amrita.edu

RSSDI -2006, New Delhi

November 3-5, 2006, Ashok Hotel, New Delhi

REGISTRATION FORM

(Please fill in Block Letters and tick in the appropriate box)

Prof. Dr. Mr. Ms.

Name : _____
Designation : _____
Affiliation : _____
Specialty : _____
Mailing Address : _____

Phone : _____
Fax : _____
E-Mail : _____
Accompanying : _____
Persons : _____

Registration Fee:

Category	Upto April 30, 2006	Upto Sep. 15, 2006	From Sep. 16, 2006 onwards
Member	INR 3,500	INR 5,500	INR 7,500
Non Member	INR 4,500	INR 6,500	INR 9,500
Accompanying Person	INR 1,500	INR 2,500	INR 3,500
PG Student	INR 2,000	INR 2,500	INR 2,500
CME	INR 1,000	INR 1,000	INR 1,500
Foreign Delegates	US\$ 250	US\$ 250	US\$ 400

I am making the payment as follows: Delegate fee Rs. _____
Accompanying Person(s) fee Rs. _____
TOTAL Rs. _____

Please find enclosed here with a Pay Order/D.D./Cheque No. _____ Dated _____
Drawn on (Name of Bank) _____ in favour of "RSSDI-2006" Payable at Delhi, being sent to the
Conference Secretariat.

Place _____ Signature _____

We shall appreciate if you could please staple your visiting card.

1. CME on November 3, 2006 is complimentary for the delegates who have registered for the conference.
2. All payments should be made in the form of a Bank Draft / Cheque (add Rs.50/- for outside station cheque) payable at New Delhi, Drawn in favour of RSSDI-2006 and sent to conference Secretariat.
3. **PG Students should attach a certificate from their Head of the Department/Institution.

RSSDI 2006 - THEME SUBJECT

Nutrition Section: Choices of Dietary Fat in Diabetes - Facts and Fantasies

RSSDI members are invited to collect data on the above theme for presenting papers in theme symposia. Proforma to guide collection of data is given below. In addition research abstracts are invited for oral and poster presentations to reach Chairman, Scientific Committee before August 31, 2006.

PROFORMA

HOSP. No. _____

DATE _____

Name : _____

Age _____ Yrs.

Sex : M _____ F _____

Phone No _____

Address : _____ Occupation _____

Ht (cms) : _____ Wt (kgs) _____ IBW _____ Kgs BMI _____ Kg/m²

Waist (cms) _____ H/o/obesity _____

Recent weight gain _____ H/o Pregnancies (If female) _____

Physical Exercise: Yes (Number of times per week) / No _____ Blood pressure (mm Hg)_right arm sitting _____

Drug _____ Dose _____

Medications a.

b.

WT

WAIST

BP

FBG

PPBG

HbA1c (if Diabetic)

T. CHOLESTEROL

T. TRIGLYCERIDES

HDL

LDL

VLDL

EMERGY INTAKE (cal)

FIBER INTAKE (g)

FAT INTAKE (g)

1. Quantity and amount no fat consumed

a. Cooking _____ gms/day

b. Fried foods : daily weekly/occasionally _____

c. Other fat containing food (Amount-gms/day)

i. _____

ii. _____

iii. _____

2. Saturated fat intake

3. Unsaturated fat intake

Dietary Compliance

Data may be collected in 150 consecutive patients with diabetes on quality and quantity of fat intake at baseline. Also studies with specific dietary intervention involving fat can be planned and short term data after 3 months may be collected on various parameter listed.

34th Annual Conference of RSSDI: New Delhi 2006

Theme: Combination Therapy for Control of Diabetes

S. No. :
Centre, City :
Date :

Name: _____ Surname: _____ Sex: _____ Age (yrs): _____
Duration of diabetes (yrs) _____ Age of onset of diabetes (yrs): _____
Physical exercise : Yes (number of times per week : _____) / No
Smoking : No / Stopped / Yes (number of cigarettes a day: _____)

Weight (kg) : _____ Height : (cm) _____ Waist circumf (cm) : _____
Blood Pressure (mm Hg), right upper limb: setting _____
Abnormal physical signs : _____ No / Yes (_____)

Fasting plasma glucose	: (mg/dl)	Blood Urea
Post prandial plasma glucose	: (mg/dl)	Se. creatinine
Total cholesterol	: (mg/dl)	urine albumin
Triglycerides	: (mg/dl)	
LDL Cholesterol	: (mg/dl)	
HDL cholesterol	: (mg/dl)	
HbA1c	: (%)	
Other investigations	: (Specify)	

Complications : Neuropathy _____ Retinopathy (Fundus / E) _____
: Nephropathy _____

Treatment

1. Non pharmacological
 - i. Diet
 - ii. Exercise
2. Oral drugs
 - i. Monotherapy : _____ if yes specify drug
 - ii. Combination of 2 oral agents _____ if yes specify
 - iii. Combination of 3 oral agents _____ if yes specify
3. Combination of oral agents & insulin _____ if yes specify
4. Insulin _____ if yes specify
5. Drug combination as initial pharotherapy if yes specify _____ drugs

Note :

- Study 150 or more consecutive persons with type 2 diabetes from your center who were investigated
- Duration of diabetes: 1 year or more.
- If intervention study is planned with specific drug combination, data can be collected in 50 patients for a period of 12 weeks on all parameters.