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INTERATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES Editor Prof. H.B. Chandalia

TEXTBOOK OF DIABETES MELLITUS

Editor-in-Chief Prof. B.B. Tripathy

Research Committee Prof. S.V. Madhu, Dr. Jitendra Singh, Dr. Sarita Bajaj, Dr. Alok Kanungo

Credential Committee Dr. C. Munichoodappa, Prof. Sidhartha Das

RSSDI 2004 Organizing Secretary

Prof. H.K. SINGH Patna

Chairman, Scientific Committee

Delhi

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RSSDI SECRETARIAT

Department of Endocrinology and Metabolism Nizam's Institute of Medical Sciences Hyderabad 500 082 AP

RSSDI NEWS

2004 • 32 • 2 • May

32nd Annual Scientific Meeting of the Research Society for the Study of Diabetes in India November 5, 6 and 7, 2004, Patna

www.rssdi2004.com

THEME SUBJECTS

Nutrition Section: Nutritional management of Obesity

Ahuja Symposium: Type 2 diabetes mellitus in young (below 20 years age)

Life members may please register by sending Rs.3000 (non life members Rs.3200, Associate members Rs.2500) before July 15, 2004 favoring RSSDI 2004. For Students and Residents (Registration Rs.800), proof is required from Professor or Head of the Department. Children above 12 years age and spouse may please be registered. Registration for CME on November 4, 2004 is Rs.300.

Delegates above 75 years age and their spouses are welcome to **RSSDI 2004** in Patna to avail free Registration.

Remittances All remittances must be made by bank draft/bankers cheque to RSSDI 2004 payable at PATNA. Outstation cheques should carry an additional amount of Rs. 50 towards banking charges.

Diabetes researchers are invited to collect relevant data for presenting theme papers and for sending research abstracts of oral or poster presentations to Chairman, Scientific Committee before August 31, 2004.

RSSDI 2004 Secretariat Prof. H.K. Singh E/139 Doctors Colony Lohia Nagar, Kankarbagh Patna 800 020 BI 0612 2685388 3110966 2347522 dr_hksingh@rediffmail.com

Chairman - Scientific Committee

Prof. S.V. Madhu B-149 Bhagirathi, 13/1 Sector 9, Rohini, Delhi 110 085 011 22586262 x554 fax 22290495 svmadhu@bol.net.in

LIFE MEMBERSHIP OF RSSDI

RSSDI is the largest Indian organization of diabetes health care professionals and researchers. In April 2004, 3484 life members are represented from 29 Indian States and Union Territories as follows: Andamans and Nicobar (2), Andhra Pradesh (522), Assam (70), Bihar (10), Jharkhand (40), Chandigarh (18), Delhi (154), Gujarat (146), Goa (10), Haryana (70), Himachal Pradesh (17), Jammu and Kashmir (14), Karnataka (305), Kerala (171), Manipur (11, Meghalaya (4), Mizoram (3), Madhya Pradesh (131), Chattisgarh (36), Maharashtra (426), Orissa (129), Pondicherry (6), Punjab (86), Rajasthan (140), Tamil Nadu (359), Tripura (9), Uttar Pradesh (303), Uttaranchal (12), West Bengal (173).

In addition to becoming a member of the most prestigious society of diabetologists in India, it entitles you to a free copy of the International Journal of Diabetes in Developing Countries published quarterly.

Life membership subscription is Rs.2500. For cheques, add Rs.50 as outstation charges. For life membership of RSSDI kindly make your cheque/bank draft payable to RSSDI at Hyderabad and send it to Prof. P.V. Rao, Secretary, RSSDI, Professor and Head, Department of Endocrinology and Metabolism, Nizam's Institute of Medical Sciences, Hyderabad 500 082.

RESEARCH GRANTS FOR DIABETES RESEARCH

In pursuance of one of the primary objectives of RSSDI and taking serious note of the rising burden of diabetes mellitus in our country, research grants have been set aside to facilitate research in this important area.

Research proposals are invited from Indian scientists interested in conducting research in the field of diabetes mellitus for funding by RSSDI. These proposals may fall into one of the following two categories:

- Projects involving funding upto Rs 40,000 per project (Preference to young scientists < 40 yrs) – 10
- Projects involving funding upto Rs.4 lakhs (preferably multicentric) – 2

The proposal should include the following:

- 1 Title, Names of Principal and co investigations, introduction / background, review of literature, aims, methodology, study design and bibliography.
- ¹ Brief biodata of PI and other coinvestigators
- Brief mention of budget / proposed utilization of funding sought from RSSDI
- ¹ Whether the project is being partly funded from any other source? If yes source and amount.

Hard copies of the proposal may be sent to Dr S.V Madhu, Chairman, Research Committee-RSSDI, 149, Bhagirathi, 13/1, Sector 9, Rohini, Delhi 110 085. In addition a soft copy of the proposal may be sent by e-mail at svmadhu@bol.net.in or svmadhu@yahoo.com

Allocation of research grants would be done by June 2004 and hence all diabetes researchers seeking RSSDI grants should send in their proposals by May 31, 2004.

RSSDI – LIFESCAN AWARD

The Editorial Board of International Journal of Diabetes in Developing Countries is pleased to announce the institution of an annual RSSDI-LIFESCAN award for the following categories of articles published in the journal with effect from the year 2003:

Best Original Paper	Rs 5000
Best Short Paper	Rs 2500
Best Case Report	Rs 2500

The articles appearing in the four issues of the Journal of the previous year will be eligible for consideration. The awards shall be presented at the annual RSSDI meetings commencing year 2003.

POSTGRADUATE CERTIFIED DIABETES EDUCATOR COURSE

The M.V. Diabetes Specialities Centre and Madras Diabetes Research Foundation, Chennai, is conducting a one year PG Certified Diabetes Educator Course

Duration of the Course: June 2004 to May 2005

Registration Fee: Rs.500 (US \$12)

Course Fee: Rs. 20,000 (US \$ 465) **Eligibility:** B.Sc. Nutrition and Dietetics with Internship/Home Science/ Nursing

with 2 years experience For further details, contact Prof. V. Mohan Madras Diabetes Research Foundation 6 Conran Smith Road Gopalapuram,Chennai 600 086 tel 044 28359048, 28359051, 28353038 fax 28350935

mvdsc@vsnl.com www.mvdsc.org

Diabetes Research Centre – World Diabetes Foundation Project for Training of Doctors and Nurses in Treatment and Prevention of Diabetes

Diabetes Research Centre

(WHO Collaborating Centre for Research, Education and Training in Diabetes)

Applications are invited from eligible doctors serving in the public and private sectors, including general practitioners and from eligible community nurses serving in PHC/CHC for a five-day training workshop for doctors and a three day training workshop for nurses in diabetes to be conducted by the WHO Collaborating Centre for Research, Education and Training in Diabetes as part of DRC-WDF Project. The Training programme will cover States of Kerala, Karnataka, Andhra Pradesh, Delhi, Gujarat, Orissa and Southern districts of Tamil Nadu.

Last date for submitting applications with complete bio-data and xerox copies of Medical Degree & MCI Registration Certificates / Nursing Degree and RN&RM Certificates was February 15, 2004. Further enquires to:

The Project Director, DRC-WDF Project **Diabetes Research Centre** (WHO Collaborating Centre for Research, Education and Training in Diabetes) 4, Main Road, Royapuram Chennai 600 013.

"Step by Step"

Improving Diabetes Foot care in the developing world

Project supported by the World Diabetes Foundation (WDF)

Excellent opportunity for practicing doctors, with a special interest in Diabetes!

Project at a glance: 100 pairs of doctors with their paramedics, to be trained in practical foot care management.

Write for application form to: Dr. Sharad Pendsey Project In-charge Diabetes Clinic & Research Centre "Shreeniwas", Opp. Dhantoli Park Nagpur 440 012 (India)

Accreditation in Diabetology 2004

Clinicians after attending 100 hours of the accredited CME programs may attend the post CME self-evaluation on December 7 in the School of Diabetology.

Self evaluation program also includes submission of 20 detailed case records with 2 IDDM and 2 GDM cases in the long case format as prepared for examinations in the teaching hospitals. In addition, investigations, treatment given and followup should also be briefed. These records are to be neatly typed on A4 size white papers and spiral bound, and submitted at the time of self- evaluation program of the Accreditation.

Please note that for registering to the self assessment of the accreditation program, the following should reach the School of Diabetology before November 15, 2004:

Draft for Rs.10,000 favoring Diabetes Research Society; Copy of the M.B.,B.S. certificate; Copies of accredited CME programs attended

The date of the self assessment program is scheduled on Sunday, December 5, 2004 to be held in School of Diabetology at NIMS, Hyderabad between 9 am and 5 pm. The self assessment may include answering about 60 to 100 MCQs in two hours and / or viva voce by a visiting Faculty from WHO Institute for Diabetes at University of Zagreb Medical School, Croatia and Technical Officer ic Diabetes at WHO Head guarters in Geneva.

Accreditation is an attendance and self evaluation system of the continuing medical education activity for primary care physicians. It is not equivalent to a Certificate, Diploma or Degree awarded by the Universities, and it does not confer any academic

qualification or distinction on a clinician.

Mailing enquiries to Dr. P. Ushabala, Diabetes Education and Treatment Center, Classic Enclave, Kantisikhara Road, Panjagutta, Hyderabad 500 082 AP

2.3 **EXECUTIVE PATRONS**

Two eminent founder members and three members of eminence with unflinching support and services to the RSSDI for long years have been designated as Executive Patrons for life. The Executive patrons shall be regular members of the EC and shall be empowered to act as consultants and advisors to the EC and the GB of the RSSDI. At no point of time there shall be more than five Executive Patrons. In case of vacancy, the EC may nominate such academic member who is deemed outstanding as researcher or teacher with long standing service to the RSSDI as Executive Patron. No person shall be considered for nomination as an Executive Patron unless he or she has been a Member of the RSSDI for at least fifteen years.

ELECTION OF EXECUTIVE COMMITTEE 2.5.2

- Tenure of the President shall be one RSSDI year. i
- Tenure of the two Vice Presidents, the Honorary Secretary, the Honorary Joint Secretary, ii. the Honorary Treasurer and the six EC members shall be three RSSDI years.
- iii. The Headquarters of the RSSDI shall be at the place where the Honorary Secretary and Honorary Treasurer reside. Accordingly these two office bearers shall be from one place of residence.
- iv. The President, the Vice Presidents and two EC members shall be elected on all India basis. The remaining four EC members shall be elected one from each zone (North, South, West V and East)
- vi The Honorary Editor and the Honorary Joint Secretary shall be nominated by the President in due consultation with the EC.

2.5.3 ELIGIBILITY

To get elected to the EC, one shall be a member of the RSSDI for at least five years. For the posts of the President, the Vice President, the Honorary Secretary or the Honorary Treasurer, a candidate should have held an elected position in the EC for three years. Except Executive Patrons, other EC members shall not serve on the committee for more than three consecutive terms.

31 **FI ECTION PROCEDURE**

The Honorary Secretary shall adhere to the following calendar of events with regard to election procedure

By July 1, 2004 invite nominations from among the members.

By July 31, 2004 nominations for office bearers and EC duly proposed by a valid member and seconded by a valid member accompanied by candidate's consent and bio-data should reach the Honorary Secretary. By August 15, 2004 the list of candidates contesting are distributed to the candidates.

By August 31, 2004 any withdrawals should be sent to Honorary Secretary in writing.

By September 30, 2004 the Honorary Secretary shall send by certificate of posting the list of the candidates contesting and their bio-data printed in a booklet for postal balloting by all the eligible members of the RSSDI.

By October 15, 2004 the ballot papers are returnable.

If any of the above dates is a postal holiday, the next day shall be considered as working day. Results of the election shall be announced during annual scientific meeting, and new office bearers along with EC members installed.

Any candidate, sending bio-data, indulging in any other form of canvassing directly to members (voters) or collecting ballot papers from voters, shall be disgualified. If any candidate or member is found indulging in the same, he or she shall be debarred from the election and shall be debarred from contesting elections for next three consecutive years.

3.2 BALLOT PAPERS

Should bear the signature of the Honorary Secretary or one of the members of election committee. The voting is by marking `X' against the name of the person to be elected. The voter should not sign on the ballot paper. He puts his signature and writes his address on envelop A which contains the ballot paper. The envelop A is sealed and put in envelop B and posted. The latter shall be pre-stamped and have self address of the RSSDL

3.3 ELECTION COMMITTEE

The President may nominate two of the office bearers. EC members or RSSDI members to assist the Honorary Secretary in conducting elections. If there are no office bearers, EC members, or RSSDI members for such nomination in the headquarters any two persons of good standing in the medical profession available in the headquarters may be nominated for the purpose of only to assist the Honorary Secretary in conducting elections. The President or one of the Vice Presidents shall be present when counting the votes. The President or a Vice President. Honorary Secretary and two members nominated to assist the Honorary Secretary (in all four persons) shall be the returning officers. The list of successful candidates should be signed by all the returning officers and submitted to the President or a Vice President, presiding over the counting of votes. The non RSSDI members serving on the election committee may be paid a honorarium at the discretion of the President Likewise the President or Vice President by option may be paid TA and DA for attending the counting of votes at a place other than the aGBm. The limit of such an allowance shall be fixed by the EC. Where any of the present office bearer is a contestant, he or she should be replaced by a non-contesting member.

VACANCY ARISING OUT OF UNCONTESTING 3.4

Such positions may be filled in the aGBm by calling for nominations and by a process of secret ballot, if necessary, during the annual scientific meeting. Nobody gets elected in absentia.

3.5 ELECTION DISPUTES

Aggrieved candidates or parties may approach the EC and ask for arbitration. Three Executive Patrons shall form the team of arbitrators. In the absence or refusal of an Executive Patron, any Past President may be nominated as an arbitrator. Their decision is binding on both the parties. The Society shall not bear any expenses incurred by the aggrieved parties or candidates.

As the current addressess of the following members are not known, all communications to them are withheld. If you know any of them, kindly intimate their present addresses ent addresse abu Reddy O. thy G. umar S. mar R. Kumar B. d Mandur M.A. rayana G. rayana Rao B. Venkatesh N. AF

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y	of		their present addresses.
		Hyderabad Hyderabad	Buchi Babu Reddy O. Hymavathy G.
		Hyderabad	Jagan Kumar S.
		Hyderabad Hyderabad	Raja Kumar R. Ramesh Kumar B.
		Hyderabad	Rasheed Mandur M.A.
		Hyderabad	Satyanarayana G.
		Hyderabad Hyderabad	Satyanarayana Rao B. Sujatha Venkatesh N.
		Hyderabad	Venkateswara Rao Mallela
		Hyderabad	Vijaya Kumar T.
		Kadiri Kamareddy	Vidya Sagar M. Vijaya Kumar V.
		Karimnagar	Adivishnu P.
		Narasampet	Sivasomnath G.V. Subhashini C.
		Narsapur Nellore	Bujjamma Nukalapati
		Secunderabad	Venkateswarlu S.
		Tirupati Vijayawada	Ramana G.V. Ramana D.V.
		Vijayawada	Srinivasa Raju M.
		Visakhapatnam	Narayana R.V.
		Visakhapatnam Visakhapatnam	Ramakrishna Raju P. Venkata Giri A.
		Yellandu	Srinivasa Rao S.
		Yellandu	Suresh T.
		Guwahati Patna	R. Bhartia Ajay Kumar Sinha
		Mahasamund	T.R. Rathore
		Raipur Raipur	Kaiser Saleem Kalpana Dash
		Chandigarh	B.S. Bhatia
		Chandigarh	Meghachandra Singh M.
		Delhi Delhi	K. Aggarwal M.K. Bhatnagar
		New Delhi	Pankaj Shah
		New Delhi	V.P. Gupta
		New Delhi Ahmedabad	Veena Kohli Manoj Vithalani
		Surat	Naginbhai Patel
		Vadodara Vadodara	Mamta Biswas Vivek Arya
		Ambala	VIVEK Arya Manmeet Singh
		Faridabad	Dinesh Gupta
		Gurgaon Bangalore	Lokesh Abrol A.C. Nanda
		Bangalore	Anil Jaiswal
		Bangalore	Arun K.
		Bangalore Bangalore	Channaraya V. Gurumurthy S.
		Bangalore	Julius A. Vaz
		Bangalore	Sathish Babu N.S.
		Bangalore Gulbarga	Satish Rajan G. B.A. Rudrawadi
		Gulbarga	Pavan Kumar N.
		Hospet	Rajendra Prasad H.
		Kargal Manipal	Vasundhara V. Hegde Srinivasan N.C.
		Mysore	Ravishankar S.
		Cherupuzha	Achutan M.
		Kottayam Bamhni Banjar	Sarma R.N. Bharat Chaturvedi
		Bhopal	Ram Kishore Dixit
		Jabalpur Jabalpur	D.S. Behrani Suneel Gulhati
		Aurangabad	D.S. Sane
		Aurangabad	Ramesh B. Sharma
		Miraj Mumbai	Anil S. Mane G.S. Mutallik
		Mumbai	Jayantilal S. Shah
		Mumbai Mumbai	Narendra R. Gaikwad R.D. Kulkarni
		Mumbai	Rajendran K.G.
		Mumbai	Anjali R. Kulkarni
		Mumbai Pune	Aamir Shaikh B.B. Shetty
		Pune	G.M. Shetty
		Pune	J.B. Shetty
		Pune Pune	N.S. Shetty Neeta Goyal
		Salava	B.D. Punekar
		Tarapur	Ramesh Kumar Sachdeo
		Thane Thane W	Prashant Kulkarni Seetha Raju
		Bhubaneswar	Bijoyananda Mohapatra
		Bhubaneswar Cuttack	Sisir Kumar Mahapatra Purabi Mohanty
		Rourkela	Anil Dutt
		Pondicherry	Balasubramanian S.
		Kota Chengalpattu	Yashasvi Gautam Perumal Veeraswal
		Chennai	Gandhi V.S.
		Chennai Chennai	Gopalraj G. Hemalatha K.E.
		Chennai	Madhavan R.
		Chennai	Manjula N.
		Chennai Chennai	Ramadorai R.S. Ravindranath R.
		Chennai	Sakuntala G.
		Chennai	Sankaran A.
		Chennai Chennai	Sankaran M.V. Srinivasan K.
		Chennai	Uma P.
		Chennai Coimbatore	Bhalaji Su.
		Coimbatore	Angusamy S. Joy Patricia
		Thoothukodi	Rama Subramanian R.
		Tiruchirapalli Agartala	Ramakrishnan K. Sushanta Kumar Sen
		Dehradun	Atul Kumar Jain
		Agra	Ram Singh
		Allahabad Ghaziabad	Santosh Saxena Vinay Kumar Singh
		Noida	Surender Kumar
		Varanasi Bhakti Nagar	Pradeep Jain Peddappa Reddy P
5		Bhakti Nagar Burdwan	Peddappa Reddy P. Tarak Nath Bandyopadhyay
5		Gaintala	Pradeep Kumar Jain
6		Kolkata	Monojit K. Mukhopadhyay

RSSDI Textbook is available for Rs.1400 plus postage by VPP from The National Book Depot, 11/1 Rakhangi Mahal, Acharya Donde Marg, Parel, Mumbai 400 012 prachint@bom7.vsnl.net.in tel 2416 5274, 2413 1362 fax 413 0877 mobile 98210 77915

Annual Conference of the Karnataka Chapter of RSSDI

on July 24 and 25, 2004 at Mysore For further details, contact Dr. K.R. Narasimha Setty 168 End of the 4th Cross Road 1st Block, Jayanagar Bangalore 560 011 tel 080 26568575 or Dr. Y.S. Ravi Kumar on 0821 2472377

*** 3rd Annual Conference

Diabetic Foot Society of India

on September 11 and 12, 2004 in Jaipur approved for 5 CME Credits Register by sending Rs.1500 by draft favoring Diabetes Foot Society of India, Jaipur before August 14 to Dr. Surendra K. Sharma 11 Shivaji Nagar, Civil Lines Jaipur 302 006 RJ 0141 2229202 2229335 skumar7@rediffmail.com

First MDRF/AADE/ADA -Diabetes Educators Course National Workshop on Diabetes Education

The American Association of Diabetes Educators (AADE), American Diabetes Association (ADA) and Madras Diabetes Research Foundation (MDRF) on September 23, 2004 at MDRF, Chennai

Madras Diabetes Research Foundation (MDRF) - American Diabetes Association (ADA) Second Postgraduate Course 2004

on September 24, 25 and 26 at Chennai Further details from : Prof. V. Mohan 4 Conran Smith Road Gopalpuram, Chennai 600 085 tel 044 28359048, 28359051, 28353351, fax 28350935 mvdsc@vsnl.com

APDF 2004 13th Annual Meeting of the Andhra Pradesh Diabetes Federation

on October 9 and 10, 2004 at Tirupati *approved for 5 CME Credits* Registration details from Dr. J. Durga Prasad 484 VV Mahal Road, Opp ICICI Bank Tirupati 517 501 AP tel 0877 2253714 2228082 5567969 98482 79985 ddurga@yahoo.co.in

UPDACON 2004

Third Annual Conference Uttar Pradesh Diabetes Association

on October 30 and 31, 2004 at Bareilly *approved for 5 CME Credits* For further details, contact Dr. Anoop Kumar 201 Civil Lines, Bareilly 243 001 UP tel 0581 2420186

ESICON-2004

34th National Conference of the Endocrine Society of India

on November 26, 27 and 28, 2004 at Guwahati Register by sending Rs.2700 before August 1, 2004 in favor of **ESICON-2004** to Dr. (Mrs.) S. Dutta Choudhury N.L. Medicare & Research Centre

Sarvodaya Path, Near A.B.C. Off G.S. Road, Guwahati 781 005 AS tel 0361 2529390 2529713 esicon2004@rediffmail.com www.esicon2004.com

Annual Review - 2004 in Diabetology

on December 3 and 4, 2004 at Nizam's Institute of Medical Sciences in Hyderabad approved for 10 CME Credits Register by sending Rs.1000 before November 15, 2004 favoring **Diabetes Research Society**, to Dr. P.V. Rao School of Diabetology Department of Endocrinology and Metabolism, Nizam's Institute of Medical Sciences Hyderabad 500 082 AP tel 040 55341355 fax 23310076 diabetes@sancharnet.in

International Colloquium of Diabetes and Pregnancy

by Dr. V. Seshiah Diabetes Care and Research Institute on December 11, 12 and 13 at Chennai *approved for 10 CME Credits* Register by sending Rs.1500 by draft favoring **International Colloquium of Diabetes and Pregnancy 2004** before July 31, 2004 to Dr. Madhuri S. Balaji 31A, Ormes Road, Kilpauk Chennai 600 010 tel 044 26412296, 26615757 *vseshiah*@hotmail.com

WCPD - 2005

4th World Congress on Prevention of Diabetes and its Complications on February 11, 12 and 13, 2005 in Chennai *approved for 10 CME Credits* Further details from: Dr. A. Ramachandran M.V.Hospital for Diabetes 4 Main Road, Royapuram Chennai 600 013 tel 044 25954913-6, 25950711 fax 25954919 *dr_vijay@vsnl.com*

WebCME in Diabetes www.diabetes.org.in

How long do I have to complete the course?

Each course or a randomly generated exam with 10 questions generally must be completed within one week of the date of first attempt. As courses are continually updated, the completed exam is submitted for CME credit at the earliest convenience. If logged into WebCME course more than 1 year ago and has been inactive, validity of a course needs to be re-determined.

How do I know how many credit hours a WebCME course will receive?

Each successfully completed exam with 50% correct responses receives one Credit. An online facility displays the list of courses and exams taken alongwith credits obtained by individual doctors.

How does grading work?

Question data bank has largest collection of single response MCQs,10 questions are randomly generated in each WebCME course or exam, and they are valid for one week. After studying the course materials, choosing right answers for 10 questions in each exam must be completed within seven days. A passing grade of at least 50 per cent must be attained in each of 100 exams before Credits and a Certificate of Completion of WebCME (Competence with 100 credits) will be awarded.

What is the Certificate awarded?

NIMS Diabetes Online Learning Center will acknowledge that a clinician has completed the WebCME in diabetes, attained 100 credits and is now eligible for Certificate of Competence as a part of the Accreditation Program by the University Department of Endocrinology and Metabolism, Nizam's Institute of Medical Sciences, to recognize Clinicians for providing primary care in Diabetes.

Research Society for the Study of Diabetes in India was registered under the Societies Registration Act, XXI of 1860 by the Registrar of Societies, Delhi Administration vide Certificate No. S 5480 of 1972-73 dated July 29, 1972 at Delhi.