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RSSDI NEWS

1998 • 3 • March

26th Annual Scientific Meeting of the Research Society for the Study of Diabetes in India Ahmedabad

rssdi 98 themes

QUALITY OF DIABETES CARE AND ITS EVALUATION

This topic is selected as the main theme of our Annual Scientific Meeting to be held in Ahmedabad this year. This will give us an opportunity to

1. Assess the quality of diabetes care being provided at different levels (primary care physician, tertiary care centre, private clinics, medical colleges etc.).

Some of the questions we need to address are :

- a. What is the quality of care being provided at different levels of health care?
 - b. If inadequate, what remedial measures should we consider?
 - c. What is the cost of diabetes care? What other inputs are required? Can we prioritise amongst different aspects of diabetes care which are more important than others?
 - d. Whom should we entrust different aspects of diabetes care?
2. Define and elaborate upon the methods we should use to evaluate the quality of diabetes care.

Some of the questions we need to address are :

- a. What is good diabetes care? What are its components?
- b. What is the relative importance of each component? Can we design a screening system to quantitate the quality of diabetes care?

DOES FAST FOOD KILL FAST?

Fast Food : It is difficult to define fast food by convention, it is the food that can be prepared and served rapidly to suit modern fast pace of life.

The typical examples of American fast foods are : French fries, Hamburger, Pizza, Ice-cream, Hot Dog etc. The few typical Indian fast foods are : Pav Bhaji, Bhel Puri, Idli, Dosai, Pakoras etc. The fast foods may be nutritious but are likely to suffer from following drawbacks :

1. They are usually calorie packed or calorically dense.
2. They usually are high in carbohydrate and fat but somewhat low in protein.
3. They usually have poor contents of vegetable or fruits and hence are deficient in micronutrients which are present in vegetables and fruits. They may have poor content of antioxidants, vitamins, fiber and other micronutrients.

NovoCare Service from **Prof. H B Chandalia**
NOVO NORDISK A/S

DIABETES RESEARCH FORUM

There is imperative need that RSSDI should continue and initiate more activities for promoting research at the national level. Even though it was discussed number of times at Executive Committee meetings, it has not taken any concrete shape so far. On the 25th anniversary of the Society, *Prof. M.M.S. Ahuja has decided to take steps for formation of Diabetes Research Forum with a seed money donation of Rs. one lakh.*

The objectives of the Diabetes Research Forum will be

1. To design research projects which would reflect national characteristics of diabetes mellitus in India. Study designed at 3 or 4 centres employing uniform methodology.
2. To seek overseas inter-liaison for collaboration and co-operative research on Asian Indians.
3. Through research projects, evolve recommendations towards reducing complications, care costs and improving quality of life for diabetes in our country.
4. To provide financial support (seed money) for the above projects. The investigator should secure basic resources from local institutions.
5. Advisory committee will organize orientation, framing of protocol and quality assurance for the approved projects.

Each member of the research forum will contribute Rs. one lakh as to be on the Advisory Committee.

Research Forum will invite applications and meet annually to award the grants. Criteria for award will include scientific merit, design of study and competence of investigator.

LIFE MEMBERSHIP

Life Membership payment is Rs.1500, and Corporate Membership payment is Rs.100,000 by draft favoring RSSDI to be sent to the Secretariat in Hyderabad.

Membership numbers of life members who joined in 1996 and 1997, have changed as circulated in February issue of the RSSDI NEWS. Please write to Secretariat for additional copies of this issue.

8th Post Graduate Course in Diabetology

On April 3, 4 and 5, 1998
at Guwahati Medical College
by **Prof. MIHIR SAIKIA**
Course Director
approved for 20 RSSDI credit hours
Registration is Rs.1500 by draft favoring **CME in DIABETES** to
Dr. Shekhar Shah
Trincas Building, M.M. Road
Fancy Bazar, Guwahati 781 001
tel 0361 521623 522398

INTERNATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES

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The Journal is not being published as per schedule, from mid 1997, but prior to this the publication of the Journal was fairly regular and per schedule. The chief reason for the present delay is paucity of material.

In order to rectify the situation we request medical teachers, researchers and scientists to send us a few articles a year for publication. These could be in the form of original articles or comprehensive reviews. If your busy schedule does not permit you to submit materials to us we would appreciate it if you could encourage other junior doctors to work under your guidance and to submit their work for publication.

We would also like to inform you that we are in the process of getting our Journal approved by an abstracting agency. For this purpose, the section on abstracts would have to be deleted from the Journal. However since this occupies quite a few pages, omission of this section would call for greater support from your side in the form of articles, reviews and case reports to maintain the current size and standard of the Journal.

We hope that you will support the Journal whole heartedly. This will ultimately help us all in projecting diabetology research from India on a global scale.

ELECTIONS FOR RSSDI EXECUTIVE COMMITTEE, 1999

Following the Silver Jubilee Annual General Body Meeting held at Chennai and as per the amended Constitution of the RSSDI, it is decided to elect the President, Vice Presidents and Executive Committee Members for installing in the next Annual General Body Meeting at Ahmedabad in 1998. Nominations from the eligible members will be called for, before July 1, 1998.

CME in Diabetes

by Indian Medical Association
at Guntur on March 8, 1998
approved for 5 RSSDI credit hours
Register by sending draft for Rs.200 (additional Rs.200 by draft to accompany accommodation requests) favoring **Hon.Secretary, IMA, Guntur** to

Dr. Kasaraneni Suresh
Peoples Nursing Home
Kothapeta, Guntur 522 001 AP
tel 0863 220038 230279

CME in Diabetes

by Indian Medical Association
at Jaipur on March 29, 1998
approved for 5 RSSDI credit hours
register by sending draft for Rs.300 favoring **Organizing Secretary** to

Dr. S. Panicker
Sanjeevani Hospital
F58 Kalidas Marg, Bani Park
Jaipur 302 016 RJ
tel 0141 200580 201988 fax 202497

National Workshop on DIABETIC FOOT

by **Dr. PINJALA RAMAKRISHNA**
Vascular Surgeon, NIMS
at Hyderabad on April 18 and 19, 1998
approved for 10 RSSDI credit hours
register by sending draft for Rs.500 favoring **Diabetology** to

Dr. P.V. Rao
Additional Professor of Medicine
Nizam's Institute of Medical Sciences
Hyderabad 500 082 AP
fax 040 3310076

South Zone Diabetes Update 98

by Diabetic Association of India,
Southern Chapter
at Bangalore on August 7, 8 and 9, 1998
approved for 10 RSSDI credit hours
Register by sending draft for Rs.300 favoring **Organising Secretary - SZDU 98** to

Dr. S.R. Aravind
359-360 19th Main
1st Block Rajajinagar
Bangalore 560 010 KA
tel 080 3325824 3323560 3329909
fax 6606765
e-mail bhavana@blr.vsnl.net.in

CME in Diabetes

Watch DD-2 METRO
on Wednesdays at 11 pm