



# RSSDI NEWS

2003 • 31 • 3 • August

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2003

## ORGANIZING COMMITTEE

### CHAIRMAN

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### SECRETARY

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### CHAIRMAN

## SCIENTIFIC COMMITTEE

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 \* Nicholas Piramal India \* USV \*  
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 \* Bayer India \* Torrent Pharmaceuticals \*  
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 \* Life Scan Johnson & Johnson \*  
 \* Panacea Biotec \* Wockhardt \* Lupin \*

## RSSDI SECRETARIAT

School of Diabetology  
 Department of  
 Endocrinology and Metabolism  
 Nizam's Institute of Medical Sciences  
 Hyderabad 500 082 AP

## 31st Annual Scientific Meeting of the Research Society for the Study of Diabetes in India

October 10, 11 and 12, 2003, Jaipur

### Registration Fees

Category	Upto 31.08.2003	Spot registration
Members (Rs.)	2600	4500
Non member (Rs.)	4000	5500
Associate* (Rs.)	1800	2500
Accompanying persons (Rs.)	2000	3000
Foreign delegates (US\$)	250	300

\* Students/Residents (Proof required from Professor/Head of the Department)  
 Children above 12 years age may please be registered

### Remittances

All remittances must be made by bank draft/bankers cheque to RSSDI 2003 payable at JAIPUR. Outstation cheques should carry an additional amount of Rs. 50 towards banking charges.

### Cancellation

Request for refund of cancellation of registration will be accepted upto 30th August 2003 only. An amount equivalent to 50% will be deducted for each individual refund. All refunds will be made after the conference.

Spot Registration is only for a few

THE REGISTRATION IS MANDATORY FOR DELEGATES WHO ARE PRESENTING PAPERS.

Delegates who have registered and paid and have not received confirmation should contact RSSDI 2003 Secretariat.

All delegates are required to bring the receipt to the registration desk for authentication.

Registration Fees for Delegates includes: Admission to the scientific sessions and exhibition Conference documentation (abstract volume etc.), Admission to the Opening Ceremony, Social events and closing ceremony, Conference Lunches, Coffee/Tea during breaks, Certificate of attendance.

Registration Fees for Associates/Accompanying Persons include: Admission to the Opening Ceremony and Social events, Three Lunches.

Diabetes researchers are invited to collect relevant data for presenting theme papers and for sending research abstracts of oral or poster presentations to Chairman, Scientific Committee.

### RSSDI 2003 Secretariat [www.rssdi2003.com](http://www.rssdi2003.com)

#### Dr. Anant Nigam

Organising Chairman  
 A-46 Bajaj Nagar  
 Jaipur 302 015 RJ  
 tel 0141 2705303 2706303  
[dranigam@hotmail.com](mailto:dranigam@hotmail.com)

#### Dr. Arvind Gupta

Organising Secretary  
 D-88 Krishna Marg, Babu Nagar  
 Jaipur 302 015 RJ  
 tel 0141 2708808  
 fax 2214796  
[arvindneelam@hotmail.com](mailto:arvindneelam@hotmail.com)

### THEME SUBJECTS

#### Nutrition Section:

Nutritional strategies in Diabetes

#### Scientific Section:

Ahuja Symposium: Vascular wall in Diabetes

#### Prof K M Prasanna Kumar

Chairman-Scientific committee  
 Dept of Endocrinology and Metabolism  
 M S Ramiah Medical College Hospital  
 MSRIT Post, Bangalore 560 054  
 Fax 080 608595  
[kmprasanna@vsnl.com](mailto:kmprasanna@vsnl.com)

Notice is hereby given that the XXXI Annual General Body Meeting of the Research Society for the Study of Diabetes in India will be held on Saturday, October 11, 2003 at 17.15 hours in the BM Birla Auditorium, Jaipur, Rajasthan.

Proposed Agenda

- To read and confirm the Minutes of the XXX Annual General meeting of the Research Society for the Study of Diabetes in India held on Saturday, October 12, 2002 at 5.30 p.m. in the International Convention Centre, Hotel Le Meridien Campus, Kochi.
- To consider and adopt report of the Society and its activities, and Statements of Accounts and the Balance Sheets of the years 2002-2003.
- To confirm and adopt the venue and themes for the XXXII Annual Scientific Meeting of the Research Society for the Study of India to be held in Patna, and to consider and adopt the venue for the XXXIII Annual Scientific Meeting of the Research Society.
- To consider and adopt the constitution of Maharashtra and Orissa State Chapters of the Society.
- To consider any other business with the permission of the chair.
- To install the President of the Society for the year 2004.

Hyderabad  
August 1, 2003

**Dr. P.V. Rao**  
*Secretary*

- If there is no quorum within 15 minutes of the appointed hour, the meeting will stand adjourned upto 5.30 pm and then the meeting will proceed on the same day and at the same place when it will not be necessary to have a quorum.
- Any member who wishes to ask any question is requested to send the same in writing to the Secretariat so as to reach the Secretariat on or before September 30, 2003.

### ELECTION OF THE RSSDI PRESIDENT FOR THE YEAR 2004

The tenure of the President shall be one RSSDI year (2.5.2 item i), and (2.5.3) to get elected as the President, a candidate should have held an elected position in the EC for three years. (3.1) Nominations are invited from among the eligible members for the post of the President duly proposed by a valid member and seconded by a valid member accompanied by candidate's consent and bio-data to reach the Honorary Secretary before September 15, 2003.

### LIFE MEMBERSHIP OF RSSDI

RSSDI is the largest Indian organization of diabetes health care professionals and researchers.

In August 2003, 2932 life members are represented from 29 Indian States and Union Territories, and Nepal.

Life membership subscription is Rs.1500. For cheques, add Rs.50 as out station charges. Kindly make your cheque/bank draft payable to **RSSDI** and send it to RSSDI Secretariat in Hyderabad.

*It is proposed to increase RSSDI Life Membership fee to Rs.2500 in 2004.*

### CONQUEST OF DIABETES BY DIET AND EXERCISE

Dr. H.B. Chandalia and Ms. Sonal Modi in 160 pages, 2 colors, laminated and soft bound, unique in content, style of writing and layout, of great educational value and utility to people with diabetes and obesity, general practitioners and nutritionists  
Send Rs.250 to

**DENMARC** at  
104 Lady Ratan Tata Medical and Research Center  
Maharshi Karve Road  
Mumbai 400 021

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### DIABETIC FOOT: A CLINICAL ATLAS

By Sharad Pendsey  
Foreword by: Marvin Levin,  
ME Edmonds, AVM Foster  
The atlas is a hardbound book with 48 chapters, 53 case studies and 640 photographs covering all the aspects of Diabetic Foot. For procuring your copy, please send a DD of Rs.1500 in the name of **DREAM Trust**, payable at Nagpur to DREAM Trust  
Shreeniwas, Opp. Dhantoli Park  
Nagpur 440 012  
tel 0712 2521898 fax 2545989  
*sharad@nagpur.dot.net.in*  
Please mention correct mailing address and telephone numbers for easy delivery by courier, which will be free. Sale proceeds will go to DREAM Trust, a registered charity (www.dreamtrust.org).

### RSSDI Maharashtra Chapter

103/104, Lady Ratan Tata Medical Centre, M. Karve Road, Cooperage, Mumbai 400 021

### Balance Sheet as at 31st March, 2003

Liabilities	As at 31-3-03	Assets	As at 31-3-03
Capital Account	2,050	Current Assets	2,050
Reserves & Surplus	<u>2,050</u>	Bank Accounts	<u>2,050</u>
Loans (Liability)			
Current Liabilities			
Net Profit			
Opening Balance			
Current Period	2,050		
Less: Transferred	<u>2,050</u>		
<b>Total</b>	<b>2,050</b>	<b>Total</b>	<b>2,050</b>

### Profit and Loss Account for the Year Ended 31st March, 2003

Particulars	1-4-02 to 31-3-03	Particulars	1-4-02 to 31-3-03
Indirect Expenses	50	Indirect Incomes	2,100
Bank Charges	<u>50</u>	Membership	<u>2,100</u>
Net Profit	2,050		
<b>Total</b>	<b>2,100</b>	<b>Total</b>	<b>2,100</b>

## DIABETES UPDATE

Maharashtra Chapter of RSSDI  
on September 13 and 14, 2003  
at Lilavati Hospital, Mumbai  
*tentatively approved for 15 RSSDI  
Credits*

Register by sending Rs.1500 by draft  
favoring

**Maharashtra Chapter of RSSDI** to  
Prof. H.B. Chandalia  
104 Lady Ratan Tata Medical and  
Research Center

Maharshi Karve Road, Mumbai 400 021  
tel 022 23634320, 22840244-5  
[denmarc@hotmail.com](mailto:denmarc@hotmail.com)

**Annual General Body Meeting and the  
Governing Council Meeting of the  
Maharashtra Chapter of RSSDI will be  
held during this Update.**

## ENDOCRINOLOGY UPDATE 2003

on September 20 and 21, 2003

at Army Hospital R&R, Delhi Cantt  
*tentatively approved for 5 RSSDI  
Credits*

Register by sending  
Rs.400 by draft favoring

## Endocrinology Update 2003

Gp.Cpt. K.M. Suryanarayana  
Department of Endocrinology  
Army Hospital R&R, Delhi Cantt 110 010  
tel 011 25668141, 25668145  
[endoahrr03@indiatimes.com](mailto:endoahrr03@indiatimes.com)

## UPDACON 2003

Uttar Pradesh Diabetes Association  
2nd Annual Conference  
on September 27 and 28, 2003  
at Hotel Taj, Lucknow  
*tentatively approved for 5 RSSDI  
Credits*

Theme: Practical Management of  
Diabetes Mellitus

Register by sending Rs.600 by draft  
favoring **UPDACON 2003** to

Lt.Col. M.K. Garg  
Command Hospital, Lucknow 226 002.  
tel 0522 2296575, 2296576  
[mkgargs@hotmail.com](mailto:mkgargs@hotmail.com)

## ESICON 2003

Endocrine Society of India  
33rd National Conference in Bangalore  
on November 21,22 and 23

Theme: Molecular Basis of Endocrine  
Disorders

Non members may register by sending  
Rs. 2500 by draft favoring

## ESICON 2003

to Dr. Mala  
Dharmalingam  
MS Ramaiah Medical College and  
Hospital, New BEL Road  
Bangalore 560 054  
tel 080 3603649 fax 3608595  
[drmala@vsnl.net](mailto:drmala@vsnl.net)

## NEDSCON 2003

North East Diabetes Society  
8th Annual Conference  
on November 1 and 2, 2003  
at Jubilee Hall, Regional Institute of  
Medical Sciences, Imphal  
Theme: Diabetes and Coronary  
Artery Disease  
*tentatively approved for 5 RSSDI  
Credits*

Non Members may register before  
September 30 by sending Rs.400 by  
draft favoring **NEDS, MANIPUR** to

Dr. Th. Premchand Singh  
Department of Medicine  
Regional Institute of Medical Sciences  
Imphal 795 004 Manipur  
tel 0385 2310720, 2310705 ext 108,  
234  
[premth@sancharnet.in](mailto:premth@sancharnet.in)

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## APDF 2003

Andhra Pradesh Diabetes Federation  
12th Annual Meeting  
on November 8 and 9, 2003  
at Visakhapatnam  
*tentatively approved for 5 RSSDI  
Credits*

Register by sending Rs.500 before  
September 30 by draft favoring

## APDF 2003

Dr. M. Chinnikrishnu  
Diabetes Care Centre  
Seethammadhara  
Behind Gurudwara  
Visakhapatnam 530 013  
tel 0891 2551885, 2501336, 2501579

## WebCME in Diabetes

[www.diabetes.org.in](http://www.diabetes.org.in)

Question data bank has 5800 single  
response MCQs,10 questions are  
randomly generated in each WebCME  
course or exam. Choosing right  
answers for 10 questions in each exam  
must be completed within seven days. A  
passing grade of at least 50 per cent  
must be attained in each of 100 exams  
before Credits and a Certificate of  
Completion of WebCME (Competence  
with 100 credits) will be awarded.NIMS  
Diabetes Online Learning Center  
acknowledges that a clinician has  
completed the WebCME in diabetes,  
attained 100 credits and is now eligible  
for Certificate of Competence as a part  
of the ACCREDITATION PROGRAM  
by the University Department of  
Endocrinology and Metabolism,  
Nizam's Institute of Medical Sciences, to  
recognize Clinicians for providing  
primary care in Diabetes.

As the current addresses of the following members are  
not known, all communications to them are withheld. If you  
know any of them, kindly intimate their present addresses.

AP	Aswapuram	Prem Chand M.
AP	Hyderabad	Buchi Babu Reddy O.
AP	Hyderabad	Hymavathy G.
AP	Hyderabad	Lily Rodrigues
AP	Hyderabad	Raja Kumar R.
AP	Hyderabad	Ramesh Kumar B.
AP	Hyderabad	Rasheed Mandur M.A.
AP	Hyderabad	Satyanarayana Rao B.
AP	Hyderabad	Subhashini C.
AP	Hyderabad	Venkata Rao Y.
AP	Hyderabad	Vijaya Kumar T.
AP	Kamareddy	Vijaya Kumar V.
AP	Karimnagar	Adivishnu P.
AP	Nellore	Bujamma Nukalapati
AP	Secunderabad	Venkateswarlu S.
AP	Tenali	Valleswary K.
AP	Tirupati	Ramana G.V.
AP	Vijayawada	Ramana D.V.
AP	Vijayawada	Srinivasa Raju M.
AP	Visakhapatnam	Narayana R.V.
AP	Visakhapatnam	Ramakrishna Raju P.
AP	Visakhapatnam	Venkata Giri A.
AP	Yellandu	Srinivasa Rao S.
AP	Yellandu	Suresh T.
AS	Guwahati	R. Bhartia
CG	Mahasamund	T.R. Rathore
CG	Raipur	Kaiser Saleem
CG	Raipur	Kalpna Dash
CH	Chandigarh	Meghachandra Singh M.
DE	Delhi	K. Aggarwal
DE	Delhi	M.K. Bhatnagar
DE	New Delhi	Pankaj Shah
DE	New Delhi	V.P. Gupta
DE	New Delhi	Veena Kohli
GJ	Surat	Nagimbhai Patel
GJ	Vadodara	Mamta Biswas
HA	Ambala	Manmeet Singh
HA	Faridabad	Dinesh Gupta
HA	Gurgaon	Lokesh Abrol
KA	Bangalore	A.C. Nanda
KA	Bangalore	Anil Jaiswal
KA	Bangalore	Arun K.
KA	Bangalore	Channarayana V.
KA	Bangalore	Gurumurthy S.
KA	Bangalore	J.A. Vaz
KA	Bangalore	Sathish Babu N.S.
KA	Bangalore	Satish Rajan G.
KA	Bangalore	B.A. Rudrawadi
KA	Bangalore	Pavan Kumar N.
KA	Bangalore	Rajendra Prasad H.
KA	Bangalore	Vasundhara V. Hegde
KA	Bangalore	Srinivasan N.C.
KA	Bangalore	Ravishankar S.
MP	Bamhni Banjar	Bharat Chaturvedi
MP	Jabalpur	D.S. Behrani
MP	Jabalpur	Suneel Gulhati
MS	Aurangabad	D.S. Sane
MS	Aurangabad	Ramesh B. Sharma
MS	Miraj	Anil S. Mane
MS	Mumbai	G.S. Mutalik
MS	Mumbai	Jayantilal S. Shah
MS	Mumbai	Narendra R. Gaikwad
MS	Mumbai	R.D. Kulkarni
MS	Mumbai	Rajendran K.G.
MS	Pune	B.B. Shetty
MS	Pune	G.M. Shetty
MS	Pune	J.B. Shetty
MS	Pune	N.S. Shetty
MS	Pune	Neeta Goyal
MS	Salava	B.D. Punekar
MS	Tarapur	Ramesh Kumar Sachdeo
MS	Thane	Prashant Kulkarni
MS	Thane W	Seetha Raju
MS	Thane W	Smitha Patil
OR	Bhubaneswar	Binoy Kumar Mohanty
OR	Cuttack	Purabi Mohanty
OR	Rourkela	Anil Dutt
PB	Jalandhar	J.S. Saini
PO	Pondicherry	Balasubramanian S.
RJ	Kota	Yashasvi Gautam
TN	Chengalpattu	Perumal Veeraswami
TN	Chennai	Gandhi V.S.
TN	Chennai	Gopalraj G.
TN	Chennai	Hemalatha K.E.
TN	Chennai	Lavanya Kalva
TN	Chennai	Madhavan R.
TN	Chennai	Manjula N.
TN	Chennai	Ramadorai R.S.
TN	Chennai	Ravindranath R.
TN	Chennai	Sakuntala G.
TN	Chennai	Sankaran A.
TN	Chennai	Sankaran M.V.
TN	Chennai	Srinivasan K.
TN	Chennai	Uma P.
TN	Coimbatore	Angusamy S.
TN	Coimbatore	Joy Patricia
TN	Coimbatore	Rama Subramanian R.
TN	Thoothukodi	Ramakrishnan K.
TR	Tiruchirappalli	Sushanta Kumar Sen
UP	Agartala	Santosh Saxena
UP	Ailhabad	Sunder Kumar
UP	Noida	Pradeep Jain
WB	Varanasi	Peddappa Reddy P.
WB	Bhakti Nagar	Tarak Nath Bandyopadhyay
WB	Burdwan	Pradeep Kumar Jain
WB	Gaintala	Pradeep Kumar Jain
WB	Kolkata	Monojit K. Mukhopadhyay
WB	Kolkata	Subir K. Dutta

# RSSDI TEXTBOOK OF DIABETES MELLITUS

M M S Ahuja, B B Tripathy, Sam G P Moses, H B Chandalia, A K Das, P V Rao, S V Madhu

- Preface
- Landmarks in the History of Diabetes  
*Bibhuti B Tripathy, S S Rastogi, Anand Moses, Sam G P Moses*
- Section I: Physiology and Metabolism**
- Intermediary Metabolism  
*N C Panda, Sidhartha Das*
  - Insulin Biosynthesis and Secretion  
*P S Lamba*
- Section II: Epidemiology, Diagnosis and Classification**
- Definition, Classification and Diagnosis  
*Bibhuti B Tripathy*
  - Epidemiology of Diabetes and its Complications  
*G R Sridhar, P V Rao, M M S Ahuja*
  - Epidemiology of Diabetes in Migrant Populations  
*Venkata Ranga Rao Kodali*
  - Impaired Glucose Tolerance and Impaired Fasting Blood Glucose  
*Dinesh K Nagi*
- Section III: Pathogenesis of Diabetes Mellitus**
- Pathogenesis of Type 1 Diabetes Mellitus  
*Eesh Bhatia*
  - Pathogenesis of Type 2 Diabetes Mellitus  
*Bibhuti B Tripathy*
  - MODY: Maturity Onset Diabetes of Youth – Monogenic Diabetes Mellitus  
*G Premalatha, M Rema, V Mohan*
  - Role of Intrauterine and Infantile Malnutrition in the Pathogenesis of Diabetes  
*S N Kulkarni, N F Shah*
  - Genetics and Immunological Studies  
*C B Sanjeevi, A Kanungo*
  - Biochemical Parameters and Hormonal Profile  
*C Snehalatha, V Vijay*
  - Insulin Resistance  
*R D Lele, A R Marita*
  - Pathology of Pancreas in Diabetes Mellitus  
*S J Nagalotimath*
- Section IV: Clinical Features of Diabetes Mellitus**
- Clinical Features of Type 1 Diabetes Mellitus  
*Mihir Saikia*
  - Clinical Features of Type 2 Diabetes Mellitus  
*S Duttachoudhury*
  - Malnutrition Modulated Diabetes Mellitus  
*K C Samal, Bibhuti B Tripathy*
  - Youth-Onset Diabetes in India: Nature of Diabetes and use of Bovine Insulin in their Treatment  
*N Kochupillai, R Goswami*
  - Fibrocalculous Pancreatic Diabetes  
*V Mohan, G Premalatha*
  - Secondary Diabetes Mellitus  
*K Kannan*
- Section V: Management of Diabetes Mellitus**
- Approach to Management of Diabetes Mellitus  
*V S Ajaonkar, Shilpa Kale-Verma*
  - Patient Education in Diabetes Care  
*M C Srivastava*
  - Monitoring of Glycemic Control  
*Suresh B Mehtalia, Prema Varthkavi, Hemraj B Chandalia,*
  - Comorbid Conditions and Complications  
*P S Lamba, P S Chatterjee, H B Chandalia*
  - Nutrition Management in Diabetes Mellitus  
*Rekha Sharma*
  - Exercise and Yoga  
*Binode K Sahay, Rakesh K Sahay*
  - Oral Antidiabetic and Antihyperglycemic Agents  
*V Seshiah, C V Harinarayan, V Balaji*
  - Insulin Therapy  
*Anil Kapur*
  - Current Status of Indigenous Drugs in the Management of Diabetes  
*R V Jayakumar*
- Section VI: Complications of Diabetes Mellitus**
- Complications - Overview  
*S K Singh, J K Agrawal*
  - Acute Metabolic Complications  
*Hemraj B Chandalia*
  - Hypoglycemia in Diabetes Mellitus  
*Siddharth N Shah, S R Joshi*
  - Acute Infections  
*C B Sridhar, S Anjana, Jayant Thomas Mathew*
  - Chronic Infections  
*Bharat B Trivedi*
  - Determinants and Pathogenesis of Macrovascular Disease  
*Sidhartha Das*
  - Determinants and Pathogenesis of Microvascular Disease  
*P S Lamba*
  - Hypertension and Diabetes  
*V Shantaram*
  - Dyslipidemia in Diabetes  
*Subhankar Chowdhury*
  - Diabetes and Coronary Heart Disease  
*Sukumar Mukherjee*
  - Diabetes and Cerebrovascular Disease  
*B C Bansal, Pushpa Yadav, B K Tripathi, A K Agarwal*
  - Peripheral Vascular Disease and the Diabetic Foot Syndrome  
*Sharad P Pendsey*
  - Eye Disorders and Diabetes  
*Vinata Rajendran, Rajani Battu, Seemant Raizada, Mahesh P Shanmugam, S S Badrinath*
  - Kidney Diseases in Diabetes  
*S C Dash, D Bhowmik*
  - Neurological Complications of Diabetes  
*Ashok Kumar Das, Thomas Matheo*
  - Impact of Glycemic Control of Complications of Diabetes Mellitus  
*Ashok Kumar Das, T S Ashida*
  - Skin Diseases and Diabetes  
*Sarita Bajaj, A K Bajaj*
- Section VII: Diabetes through Ages and Life-Events**
- Diabetes Mellitus in Neonates and Infants  
*P S N Menon, Umakanth A Khatwa*
  - Childhood Diabetes  
*Aspi J Irani*
  - Diabetes in Adults  
*P G Raman*
  - Diabetes in Elderly  
*Radha Reddy, K M Prasanna Kumar*
  - Pregnancy and Diabetes  
*C Munichoodappa*
  - Surgery and Diabetes  
*K M Prasanna Kumar*
- Section VIII: Living with Diabetes**
- Psycho-social Aspects of Diabetes  
*G R Sridhar, K Madhu*
  - Psychiatric Aspects  
*M V Muraleedharan*
  - Economic Aspects, Insurance, Driving and Employment Problems in Diabetics  
*D K Hazra, S Sarin*
- Section IX: Health Care Delivery**
- Organization of Health-Care for Persons with Diabetes  
*Vijay Panikar*
  - Role of Primary Care Physicians and Paramedical Personnel  
*G S Sainani*
- Section X: Prevention**
- Prevention of Type 1 Diabetes  
*C B Sanjeevi*
  - Prevention of Type 2 Diabetes - the Indian Angle  
*A Ramachandran*
  - Prevention of Complications of Diabetes  
*Sharad P Pendsey*
- Section XI: Future Directions in Diabetes Care and Research**
- A Glimpse Into Future  
*Hemraj B Chandalia*