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Dr. Rajeev Chawla (New Delhi)

Message from the President

**Dear friends**

The RSSDI is growing in strength from year to year and it is my privilege to head such a prestigious organization for the second consecutive term. We have undertaken some new initiatives at RSSDI to improve the diabetes care and research in India such as the Certificate course in diabetes. The RSSDI certificate course in Diabetes will constitute a length of 2 years for MBBS graduates and 1 year for candidates who have completed MD in medicine. We have found that many institutions and diabetes hospitals have begun to show a keen interest in this, and in turn, find this very encouraging. The curriculum has been finalized and the inspection of institutions is nearing completion. Shortly the RSSDI certificate course in diabetes will start. Another new initiative we have been working on is the CME and workshops for RSSDI members of the state chapters. In this regard the Delhi RSSDI, recently conducted a workshop on "How to write a scientific communication" with the CME

having a good turn out and being well received by the participants. Similarly, Kolkata RSSDI is planning a workshop on Research methodologies in Diabetes. Optimistic of these workshops, I'm sure they will go a long way in urging the young scientists to take up research and publish papers in the field of diabetes. We have decided to print membership certificates for all RSSDI members and this will be posted to all of you, shortly. I am sure that all the state chapters of RSSDI will take active roles in conducting such workshops & CMEs to sensitize the younger scientists and diabetologists to take up research in diabetes.

**Dr K M Prasanna Kumar**

President

#### MESSAGE FROM THE SECRETARY

**Dear Colleagues**

Greetings from New Delhi

I hope that you are all receiving your copies of the RSSDI Newsletter in print as well as in e-newsletter form. I request all members yet again to please send their updated e-mails to me so that e-newsletters can reach you regularly in your inbox. I wish to thank our members for the enthusiastic response to our new venture of accreditation of certificate courses in diabetology by RSSDI as announced previously. Applications are invited from interested centres who wish to start this course. RSSDI will inspect and approve/accredited centres fulfilling the specified criteria. We have already conducted inspections at a few centres approved a few and look forward to more applications from you all.

I am pleased to announce that we have decided to issue a *Certificate of Life Membership* to all life members of the RSSDI. You will be receiving these very soon.

As earlier, I call upon all our members to submit new, well written research proposals for funding from RSSDI. These are open all through the year. We have also announced funding for minor projects by medical students of any of the medical colleges of India to encourage research in diabetes among the young students. I call upon our members to facilitate/encourage students in their institutes to submit suitable proposals under this scheme.

I also wish to tell all our members that we are in the process of finalizing a *Clinical Update in Diabetes* series and all members

would start receiving a copy of the same soon. I am sure you will all find this very interesting and useful.

RSSDI is growing with more and more chapters becoming active and conducting several state level activities including CMEs and workshops related to research /publications as well as patients education activities.I am sure our members are benefitting greatly from all these state level activities also.

As we prepare for our annual mega event, the *37 th Annual Conference of RSSDI* at Ahemedabad, we assure all our members that we are planning several more activities for you in the future that would help you all to be in constant touch with the latest developments in diabetes in the world.

Best wishes.

**Dr. S.V. Madhu**

Secretary

#### 37th Annual Scientific Meeting of RSSDI

Research Society for the Study of Diabetes in India

37 th Annual Scientific Meeting

RSSDI 1209

Dates: November 5-8, 1209

Venue: The Convention Center,(Nr. University Ground) Ahmedabad.

**Dr. Mayur Patel**  
**Organising Chairman**

**Banshi Saboo**  
**Organising Secretary**

#### **Conference Secretariat:**

1 & 2, Gandhi Park, Nr. Nehrunagar Circle,  
Ambawadi, Ahmedabad 380 012 INDIA

**Tel.:** +91 79 2630 4104

**Fax :** +91 79 2630 2104

**E-mail :** [info@rssdi1209.org](mailto:info@rssdi1209.org)

**Website :** [www.rssdi1209.org](http://www.rssdi1209.org)

#### **Chairman ,Scientific Committee**

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Email : [drmohans@vsnl.net](mailto:drmohans@vsnl.net)

### **Themes for Theme Symposia at RSSDI 2009**

#### **MMS Ahuja symposium -Diabetes and endothelial health**

#### **Nutrition section – Choice of Carbohydrate and Glycaemic load in diabetes.**

Please collect data on above themes and send your data to Chairman, Scientific Committee, 37th Annual Conference of RSSDI to be held at Ahmedabad from November 5 - 8 , 2009 .

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### **37 th RSSDI ANNUAL CONFERENCE ORATIONS FOR THE YEAR 2009**

- RSSDI Oration: Dr. K. M. Venkat Narayan (USA)
- Professor M. Vishvanathan Oration: Dr. Anil Bhansali, Chandigarh
- Professor Sam G.P. Moses Oration: Dr. Sharad Pandsey, Nagpur
- Natgouda lecture: Dr. S. Dwivedi, New Delhi

#### **CERTIFICATE COURSE IN DIABETOLOGY:**

- RSSDI will be approving /accrediting centers/institutes who wish to start certificate course in Diabetology.
- All interested centers with necessary infrastructure and expertise as specified may write to the RSSDI Secretariat expressing their interest and seeking accreditation / inspection by an RSSDI team for the purpose.

#### **INSTITUTES ACCREDITED FOR CONDUCTING THE RSSDI CERTIFICATE COURSE IN DIABETOLOGY (July 2009)**

- **DIACON HOSPITAL, BANGALORE**
  - Course Director: Dr. Arvind Sosal
- **NORTH DELHI DIABETES CENTRE , DELHI**
  - Course Director: Dr. Rajiv Chawla

## RESEARCH GRANT ANNOUNCEMENTS

Research proposals are invited from Indian scientists, interested in conducting research in the field of diabetes mellitus, for funding by RSSDI.

**These proposals may fall into one of the following two categories:-**

- Projects involving funding up to Rs 40,000 per project (preference will be given to young scientists < 40 yrs )
- Projects involving funding up to Rs 3-4 lakhs (preferably multicentric).

**The detailed proposals should include the following:-**

- Title, names of principal and co investigators, summary, introduction/ background, review of literature, aims, methodology, study design and detailed plan of work & bibliography.
- Brief biodata of principal investigator and other co-investigators.
- Importance of work in the context of National priorities.
- Detailed Budget sought along with full justification/ proposed utilization, of funding sought from RSSDI.
- Whether the project is being partly funded from any other source? If yes, please mention the source and the amount received.

Ethical Committee clearance of the Institution or other bonafide body.

Two hard copies and one soft copy of the proposal on CD, should be sent by courier to the following address:-

**Prof. S.V. Madhu**

Chairman, Research Committee, RSSDI  
Department of Medicine,  
Division of Endocrinology & Metabolism  
University College of Medical Sciences (UCMS)  
Dilshad Garden, Delhi – 110 095

**Phone:** +91-22692554

**Email:** [rssdihq@gmail.com](mailto:rssdihq@gmail.com)

In addition, one soft copy should be e-mailed to the following e-mail address:-

[drsvmadhu@gmail.com](mailto:drsvmadhu@gmail.com)

You may also submit your proposals online through the website [www.rssdi.in](http://www.rssdi.in)

There is no deadline for submission of proposal, which can be sent throughout the year.

Evaluation will be done from time to time and allocation of the grant would be approved by RSSDI,

based on the availability of funds.

#### ELECTION OF THE RSSDI PRESIDENT FOR THE YEAR 2010

The tenure of the President shall be one RSSDI year (2.5.2 item i), and (2.5.3) to get elected as the President, a candidate should have held an elected position in the EC for three years. (3.1) Nominations are invited from among the eligible members for the post of the President duly proposed by a valid member and seconded by a valid member accompanied by candidate's consent and bio-data to reach the Honorary Secretary on or before July 15, 2009 at the address of the conference secretariat

#### CHAPTER NEWS

Several activities have been conducted by various state chapters of RSSDI this year. Some of these are:

- **Delhi Chapter**

- Regular bimonthly CMEs with one recent update review and one research data presentation from different institutions of Delhi
  - Feb 2009:- ADA 2009 Clinical Practice Guidelines were discussed along with their practical implications
  - April 2009:- Two guest Faculties namely Dr. Prasanna Kumar RSSDI President & Dr. Shashank Joshi Vice President RSSDI spoke on 'Diabetes in Elderly' and 'Future directions in the management of diabetes' respectively.
  - June 2009 :- Relevance of Hs CRP in clinical practice was discussed
- Workshop on Scientific Communication conducted on 6 th April 2009
  - This was organized by RSSDI, Delhi chapter in association with University College of Medical Sciences and was a day long workshop on Research methodologies comprising sessions on how to plan research, improve publications & Paper Writing .It was attended by 125 delegates including P.Gs & Residents from all the the teaching Hospitals in Delhi. It was very widely appreciated.
- Forthcoming CMEs
  - RSSDI Delhi has planned 4 CMEs in NCR region this yr, 1st being on 5 th July at Faridabad & 2nd on 26 th July at Gurgaon. Next 2 CMEs are planned in Karnal & Rohtak in the month of Aug.
- 5 th Annual Conference of RSSDI Delhi Chapter will be held on 20 th Sep, 2009 at Hotel Hyatt regency .



- **Karnataka Chapter**
  - CME on Type II DM (complete discussion) and Gestational Diabetes, at Kollegal in Feb 2009
  - CME on *Current Therapies* at Devanahalli (Feb 2009)
  - CME on *Current Therapies* at Bagalkot (Mar 2009)
  - CME in *Diabetology* at Bangalore (April 2009)
- **Kerala Chapter**
  - Elections held at Thrissur in March 2009
    - Prof. Abdul Majeed (President),
    - Dr. Jabbar Puthiyaveetil (Secretary) and
    - Dr. Tom Babu (Treasurer)
  - Next meeting/CME is planned on 12th July at Kottayam
- **Chandigarh Chapter**
  - Planning a CME in September 2009

#### WELCOME TO NEW MEMBERS

We welcome all new members of the RSSDI who have been registered after January 2009. We would like to take this opportunity to extend our support and encouragement to one and all. We hope that you will find this organisation of ours as an extended family and wish that you achieve great success in life. We wish you all the very best and look forward to your active participation and valuable contribution in the organisation that would help us all to grow and achieve greater heights.

#### **Mailing Address:**

##### **RSSDI Secretariat**

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