



RSSDI News

The Official Bulletin of
Research Society for the Study of Diabetes in India (RSSDI)

Patrons

Dr HB Chandalia
Mumbai
Dr C Munichoodappa
Bengaluru
Dr Ashok K Das
Puducherry
Dr Binode K Sahay
Hyderabad
Dr OP Gupta
Ahmadabad
Dr V Seshiah
Chennai

President

Dr PV Rao
Hyderabad

President Elect

Dr Rajeev Chawla
New Delhi

Immediate Past President

Dr Sarita Bajaj
Allahabad

Vice Presidents

Dr Vijay Paniker
Mumbai
Dr Ch. Vasanth Kumar
Hyderabad

Secretary (2017–19)

Dr BM Makkar
New Delhi

Joint Secretary (2017–19)

Dr Rakesh Sahay
Hyderabad

Treasurer

Dr Jayant Kumar Panda
Cuttack

Executive Committee

Dr Anuj Maheshwari
Lucknow
Dr Sanjay Kalra
Karnal
Dr Sunil Gupta
Nagpur
Dr KR Narasimha Setty
Bengaluru
Dr Vijay Viswanathan
Chennai
Dr CR Anand Moses
Chennai
Dr Sanjay Agarwal
Pune
Dr Sujoy Ghosh
Kolkata
Co-opted
Dr Banshi Saboo
Ahmedabad
Dr Jayaprakashai Jana
Nellore
Dr Jyotidev Kesavadev
Keralla

Message from the RSSDI President & Secretary



Dr PV Rao
President



Dr Brij Mohan Makkar
Honorary Secretary

Dear Friends,

At the outset we would like to thank all the members of Research Society for the Study of Diabetes in India (RSSDI) for posing their faith in us and electing us for this responsible post. On behalf of RSSDI governing council, we would also like to convey best wishes for a very happy, healthy, and prosperous 2018 to you and your families.

RSSDI is making constant efforts to encourage research in diabetes and at the same time improving diabetes care for patients in India. Last year, RSSDI brought out some landmark publications including the RSSDI Yearbook, a compendium of current research in diabetes, which has been appreciated by one and all. RSSDI published its first Clinical Practice Recommendations in 2015, which have been revised last year and released at the 45th Annual Conference of RSSDI at Bhubaneswar. The same is being published in the Jan 2018 issue of IJDDC and you will be getting your copy of the same shortly. RSSDI also runs diploma programs in diabetes, gives research grants to deserving research projects in diabetes, supports research for postgraduate students, and also gives travel grants to young researchers for presenting their work at different scientific platforms. All this information is online and available at www.rssdi.in.

RSSDI also has almost complete virtual office at its website where any member can access all the desired information and update his/her membership details from time-to-time. I am sure with your support and participation we will be able to take RSSDI to further heights.

Long live RSSDI!

Dr PV Rao
President, RSSDI

Dr Brij Mohan Makkar
Honorary Secretary, RSSDI

National RSSDI Executive Committee Meeting

45th National Conference of Research Society for the Study of Diabetes in India on 3rd to 5th November at Bhubaneswar, Odisha, 2017.



Inaugural meeting of 45th Annual Conference of National RSSDI 2017, Janata Maidan, Bhubaneswar.



Research Committee

- Dr Sarita Bajaj
Chairperson
- Dr V Mohan
- Dr AG Unnikrishnan
- Dr Arvind Gupta
- Dr Manas Baruah
- Dr SR Aravind

Editorial Committee

- Editor-in-Chief
- Dr SV Madhu
- Executive Editor
- Dr Rajeev Chawla

Associate Editors

- Dr V Mohan
- Dr Sujoy Ghosh
- Dr Sunil Gupta
- Dr Sudhir Bhandari
- Dr Sanjay Kalra
- Dr Amitesh Aggarwal

Textbook Editorial Board

- Dr Shashank R Joshi
Editor-in-Chief

- Dr SV Madhu
- Dr Samar Banerjee

- Dr Sarita Bajaj
- Dr Rajeev Chawla
- Dr Sidhartha Shah
- Dr Vijay Panikar
- Dr PV Rao

Advisor

Credentialed Committee

- Dr PV Rao
Chairman
- Dr HB Chandalia
- Dr AK Das
- Dr Munichoodappa
- Dr BK Sahay
- Dr V Seshiah
- Dr OP Gupta

Constitution Reform Committee

- Dr Ch. Vasanth Kumar
Chairman
- Dr Samar Banerjee
- Dr KR Narasimha Setty
- Dr Anand Moses

International Committee

- Dr Sarita Bajaj
Chairman
- Dr SR Aravind
- Dr PV Rao
- Dr Vijay Panikar
- Dr Ch. Vasanth Kumar

Newsletter Editorial Board

- Dr BM Makkar
Editor
- Dr Sujoy Ghosh
- Dr Jyothidev Kesavadev
- Dr Sanjay Agarwal

State Chapters Committee

- Dr Banshi Saboo
Chairman
- Dr Jayant Panda
- Dr Anuj Maheshwari
- Dr Sunil Gupta
- Dr Vijay Viswanathan



Organizing Committee of RSSDI 2017.



National President, Professor Sarita Bajaj, Delivering the most prestigious Professor S Das Oration at the state chapter meeting on 2nd November at Mayfair Convention.

Announcement of 46th Annual Conference of RSSDI



Dr Banshi Saboo
Organizing Chairman



Dr Rajeev Chawla
Scientific Chairman



Dr Pratap Jethwani
Organizing Secretary

Team RSSDI, 2018
Ahmedabad, Gujarat, India

Announcements

Dear Members,

RSSDI is making constant efforts to keep its members seamlessly connected with the secretariat. In order to help us stay connected with you, please update your membership details like complete postal address, email ID, PAN number, and mobile number. Kindly log in your membership area on our website www.rssdi.in under subheading Members Corner and update your details to ensure continuing delivery of RSSDI Newsletter and Journals.

Invitation for Certificate Course in Diabetology from RSSDI Accredited Centers

Advanced Certificate Course in Diabetology from RSSDI Accredited Centers in Association with Jaipur National University

RSSDI invites applications for 2-year (MBBS)/1-year (Post-MD/DNB) Advanced Certificate Course in Diabetology from RSSDI accredited centers in association with Jaipur National University (JNU). Please apply to JNU Medical College and Hospital (Permitted by MCI & Government of India).

Tel.: 0141-3063443, (M): 7230013573

Email: osd.medical@jnujaipur.ac.in

Website: www.jnuhealthcare.com

Batch details of Advanced Certificate Course in Diabetology – The students can enrol their names in the following batches available for this course each year.

- 1st Batch – January to June (2018)
- 2nd Batch – July to December (2018)

New Session will start from 1st July 2018.

Interested candidates also can apply at one of the centers out of 17 RSSDI accredited centers given below:

RSSDI List of Accredited Centers

S.N.	Institute Name	Institute Location
1.	Diacon Hospital	Bengaluru, Karnataka
2.	North Delhi Diabetes Centre	New Delhi
3.	Prithvi Hospital	Tumkur, Karnataka
4.	TOTALL Diabetes Hormone Institute	Indore, Madhya Pradesh
5.	Dia Care - A Complete Diabetes Care Centre	Ahmedabad, Gujarat
6.	Sonal Diabetes Hospital	Surat, Gujarat
7.	Jothydev's Diabetes and Research Centre	Trivandrum, Kerala
8.	Advanced Endocrine and Diabetes Hospital	Hyderabad, Telangana
9.	GD Hospitals and Diabetes Institute	Kolkata, West Bengal
10.	Aditya Diagnostics and Hospital	Dibrugarh, Assam
11.	Sunil's Diabetes Care n' Research Centre Pvt Ltd.	Nagpur, Maharashtra
12.	Marwari Hospital and Research Centre	Guwahati, Assam
13.	Down Town Hospital	Guwahati, Assam
14.	St. Theresa's Hospital	Hyderabad, Telangana
15.	Aegle Clinic	Pune, Maharashtra
16.	Tulip Hospital	Sonipat, Haryana
17.	Lilavati Hospital & Research Centre	Bandra West, Mumbai, Maharashtra

Announcements for Research Grants

- For providing research grants, RSSDI invites proposals from Indian scientists, interested in conducting original research in the field of diabetes mellitus. Furthermore, limited grants are also available for the students of medical colleges for smaller projects

- There is no deadline for submission of the proposals, which can be sent throughout the year. These proposals may fall into one of the following three categories:
 1. Projects involving funding up to ₹40,000 per project (preference will be given to young scientists <40 years)
 2. Projects involving funding up to ₹10 lakhs
 3. We also invite proposals for more than ₹10 lakhs as major projects but these have to be preferably multicentric
- The detailed proposals should include the following:
 - ◇ Title, names of principal and coinvestigators, summary, introduction/background, review of literature, aims, methodology, study design and detailed plan of work, and bibliography. Brief biodata of the principal investigator and other coinvestigators
 - ◇ Importance of work in the context of national priorities. Detailed budget sought along with full justification/proposed utilization of funding sought from RSSDI
 - ◇ Whether the project is being partly funded from any other source? If yes, please mention the source and the amount received
 - ◇ Ethical committee clearance of the institution or other bonafide body.

Announcements for RSSDI Fellowships

RSSDI invites applications for "Fellowship of RSSDI" (FRSSDI) from its members every year. The procedure for the fellowship is as under:

- Not more than 10 per year of which not more than 2 will be given to outstanding applicant any other specialty
- Applicant should be nominated by 2 RSSDI fellows
- One fellow can nominate only 2 applications.

Criteria for consideration

- Involved in diabetes care for at least 10 years
- Should be RSSDI member for more than 10 years
- Any special contribution to diabetes care and more than 5 publications in national journals in diabetes.

Qualification

- Minimum MD/MS/DNB or MBBS with RSSDI certificate course in diabetes/diploma in diabetes.

Experience

- 10 years after acquiring qualification.

Applications should be accompanied with detailed CV and two nominations. Finals awards of fellowship will be decided by the credential committee and the decisions of the credential committee will be final.

All EC members will be bestowed with the fellowship as an honor, if they are not fellows already, upon induction into the EC.

Last date for receipt of applications is 30th May 2018

Travel Grants for Young Diabetes Researchers to Attend International Conferences

RSSDI facilitates research presentations by young researchers at international meetings by providing grants.

Criteria for the travel grant are as follows:

- Applicant should apply 2 months in advance
- Travel grant is open only to RSSDI members
- Applicant should submit oral paper/poster acceptance document to RSSDI secretariat
- Applicant should submit declaration that he/she is not receiving grant from any other agency/organization. In case of receiving grant from any other organization, RSSDI shall pay only the exceeding amount not covered by that agency.

Call for Applications for RSSDI Orations and Awards – 2018

Applications are invited for the three RSSDI orations to be given at the 46th Annual Scientific Meeting of Research Society for the Study of Diabetes in India to be held from 22nd to 25th November 2018 at Gujarat University Convention and Exhibition Centre, Ahmedabad.

1. **Professor M Vishwanathan Oration**
2. **Professor MMS Ahuja Oration**
3. **Professor Sam GP Moses Oration**

4. Late Dr BN Srivastava and Late Sarandulari Shrivastava Award

All researchers who have contributed to the knowledge in the field of **complications of diabetes** may apply

5. Dr VG Nadgouda Lecture in Cardiometabolism

All researchers who have contributed to the knowledge in the field of **cardiometabolism** may apply

The applications should be accompanied by:

1. Summary of the academic achievements along with the details of original research carried out
2. Brief CV with list of research publications and three copies of their best papers in the subject

6. RSSDI Novartis Young Investigator Award

All young Indian researchers involved in diabetes research who are below 40 years of age as on January 1st 2018 are eligible to apply.

The subject of the research can be on any aspect related to clinical diabetology, epidemiology, or basic science aspects of diabetes. The applicant should have been the first author of the paper for which the application is made.

7. RSSDI Distinguished Service Awards

Criteria:

1. At least 20 research publications at national level/diabetes care for at least 15 years/innovation
2. Should be RSSDI member for more than 15/20 years
3. Significant contribution to RSSDI
4. Awards/orations/expert member of national level government/equivalent academic bodies/excellence in teaching/medical education/significant public service activities
5. Nomination by 2 life members of more than 10 years standing/past or present EC member/patron/credential committee of RSSDI.

The applications should be accompanied by:

1. Summary of the academic achievements along with the details of original research carried out
2. Complete CV with list of research publications.

All candidates should be nominated by 2 RSSDI ACAD life members.

One hard copy of the application should be mailed to:

Dr PV Rao (Chairman Credential Committee)

6-3-349/17 Dwarakapuri, Hyderabad 500 082, India

And one soft copy of the application should be sent by email to: raopaturi@gmail.com

Or

Dr Brij Mohan Makkar (Honorary Secretary, RSSDI)

RSSDI Secretariat

Dr Makkar's Diabetes & Obesity Centre

A-5 B/122, Paschim Vihar, New Delhi - 110063, India

Email: rssidhq@gmail.com

Website: www.rssdi.in

Last date for receipt of applications is 30th May 2018

Theme Symposia for RSSDI-2018

All the RSSDI members are invited to collect original clinical data as per the following themes which can be presented at the 46th Annual Conference of RSSDI 2018 on 23-25 November 2018 at Ahmedabad.

- Professor MMS Ahuja Symposium—Population Specific Characteristics of Diabetes in India
- Professor BB Tripathy Nutrition Symposium—Dietary Carbohydrate Consumption in Diabetes Patients and Normal Individuals.

Last date for submission for abstracts: 31st August, 2018.

Address and Email of Scientific Chair 2018

Dr Rajeev Chawla

North Delhi Diabetes Centre

Rohini, New Delhi - 110085

Email: scientificrssdi2018@gmail.com

Chapter News

State chapters of RSSDI have conducted several activities in this quarter so far, both academic as well as those related to functioning of the society. The details are given below:

Odisha Chapter

On 22nd October 2017, the second governing body meeting of Odisha chapter was conducted.

Odisha chapter held its state annual conference on 2nd November in which one BB Tripathy symposia was conducted and had eminent speakers. The general body meeting was conducted in which Professor SC Mohanty was inducted as the chairman of the state chapter for the current session and Dr Niranjana Tripathy was elected as the President-elect to be inducted as chairman for the next session.

On 3rd, 4th, and 5th November, Odisha chapter successfully conducted its 45th National Conference in which the state team worked day and night for the success of the event. More than 7,000 delegates participated in the event. A delegation from UK Embassy also attended the meeting. The inaugural function was presided by our Honorable Health Minister of the State, Mr (SJ) Pratap Jena. More than 10 international faculties had their presentations on various aspects of diabetes. Doctors from every corner of the country attended the conference.

World Diabetic Day 2017 was celebrated with a walk for diabetes. On the occasion, a mega health check-up camp was organized in PJ College, Kesura (a suburban area of Bhubaneswar). About 350 patients participated and were benefitted with different free investigations like FBS, PPBS, BMI, VITALS, HbA1C, TSH, BMD, MICRAL, ECG, uric acid, PFT, and LFT. On the occasion, many public health lectures were organized addressing the various aspects of diabetes.

On December 16th, 2017, a CME was conducted in hotel Hotel Hindustan International, Bhubaneswar, in which about 50 delegates from neighboring areas of Bhubaneswar were present and couple of important topics about diabetes were discussed. The CME was presided by immediate past President, Dr PK Acharya.



22nd October, EC Meeting, at Mayfair Convention, board room



State GB meeting, last President-elect, Professor SC Mohanty taking charge from the current Chairman Dr PK Acharya with new President-elect Dr Niranjana Tripathy (on the left)

Chapter News



Walkathon Conclusion on World Diabetes Day



A juvenile diabetic attending the camp along with the sarpanch on World Diabetes Day and patient education program during the World Diabetes Day

Assam Chapter

On November 14, 2017, Assam Chapter organized "Diabetes Awareness Amongst Women." In this event, Lions Club of Guwahati, Greater Lions and Leo Club of Umang, Marwari Hospitals, Down Town Hospital, Assam Down Town University, and Sun Valley Hospital participated and provided logistic support.

In November 16, a CME program "Role of Mid-Meal Snacks in Type 2 Diabetes" organized by Dr Dinesh Agarwal at hotel Gateway Grandeur, Guwahati.

On November 19, 2017, a free health checkup camp was organized in Chatribari Kali Mandir. On 10th December 2017, another free blood sugar camp was organized in Fancy Bazar, Guwahati, Assam, and more than 70 patients were examined.



Rajasthan Chapter

Rajasthan chapter organized "Walkathon" of 2.5 km walk from 6 AM to 8 AM starting from Satyeshwar Mandir near Kota Talav followed by talk on women and diabetes. Approximately 1,000 women participated in the Walkathon on 12th November 2017.

World Diabetes Day, was celebrated at Kota on 14th November 2017 where the main theme was were "Women and Diabetes, Diabetes and Pregnancy, Myths in Diabetes, and Diet in Diabetes," attended by all the "eminent ladies clubs" of Kota who joined both the programs. The program was attended by 275 ladies of Kota.

Chapter News



Bihar Chapter

The first Annual Conference of the state chapter was held on 28th and 29th October 2017, which was attended by more than 500 registered delegates. Inaugurated by legendary personality in the field of medicine in India Padamshree Dr SN Arya.

The lifetime achievement award was given to the seniormost diabetologist of Bihar, Professor HK Singh.

The conference was addressed by eminent speakers from different parts of India. Postgraduate student of various medical college also actively participated with their case presentation. The conference was a grand success.



Inauguration speech by Padmashree Dr SN Arya (bottom left)

Chapter News

Madhya Pradesh Chapter

RSSDI Madhya Pradesh chapter conducted diabetes meeting on 18th November 2017 at Bhopal. Meeting witnessed a good attendance and active participation of members and was appreciated by all.



Dr Anant Nigam delivering the lecture



Dr Sushil Jindal is answering the questions

Karntaka Chapter

Karnataka RSSDI Annual Conference, which was conducted on 25th and 26th November 2017 at the Hotel Capitol, was a grand success. There were 436 attendees at the conference. The theme of the Karnataka RSSDI 2017 was 3D = Diabetes – Detection, Dimension, Decision. On this occasion, Karnataka RSSDI also launched its own website—www.krssdi2017.com. The chief guest for the conference was Dr KS Ravindranath—Ex Vice-chancellor of Rajiv Gandhi University of Health Sciences along with senior doctors like Dr Maj Gen KJ Shetty, Dr Lily John, Dr CN Manjunath, Dr Ganapathi Bantwal, and Dr MA Shekar.

Diabetes awareness walkathon was arranged at Cubbon Park on Sunday 26th November 2017, it was attended by 350 participants including general public and was widely covered in both TV and print media.



Uttar Pradesh Chapter

On 12th November 2017, before World Diabetes Day, the Uttar Pradesh chapter organized a CME in which 12 deliberations including two debates were done at hotel Fortune Park BBD. It was attended by more than 80 delegates.

Uttar Pradesh chapter also initiated a campaign named "Madhumeha Vijay." Under this campaign, best poster from every city will be awarded during the RSSDI-UP annual conference and they will be displayed there also.

On 13th of November, one press conference was organized at guest house of King George's Medical University. On 16th November, Professor MLB Bhatt Vice-chancellor King George's Medical University inaugurated the Medical van of RSSDI, which has been made possible by central RSSDI. He fagged off the van in presence of the executive members of RSSDI-UP chapter. On 16th November, the mobile van was taken to Rani Khera, Bachhrawan, Raebareli, for a medical camp, which was the first utilization of the van along with the team of residents and paramedical. Public education talks were organized and a total of 256 patients were examined out of which 36 were diabetics and 54 were hypertensive.

On 22nd November, a program was organized at IT in relation to women and diabetes. It was attended by 100 inmates of IT college students and teachers. A CME was organized at Hotel Comfort along with the organizing committee meeting of RSSDI-UPICON 2018. Another CME was organized with meeting of governing body of RSSDI-UP chapter on 16th of December at India Awadh Hotel Lucknow, in which diabetes symposium was organized.

Chapter News

On 30th December, a mega camp was organized at Baheraich in which public health lectures were conducted, and blood glucose and blood pressure measurement was done. A total 385 persons were screened and 48 new cases of diabetes were detected.



Delhi Chapter

Delhi chapter has been regularly organizing bimonthly scientific meetings covering a variety of topics with relevance to diabetes patients. While June bimonthly CME had a case presentation on "Diabetes Dementia and Depression-A Vicious Trio" followed by "Neurologist's Perspective and an Endocrinologist's Perspective," August 2017 bimonthly CME had a case presentation on "Nonalcoholic Fatty Liver Disease and Diabetes: Understanding Its Clinical Importance," followed by a gastroenterologists perspective and an endocrinologists perspective.

September witnessed an insulin workshop discussing the intricacies of insulin therapy were which was attended by over 25 delegates.

October 2017 witnessed prestigious annual conference of RSSDI Delhi chapter. The conference has some of the best faculty from across the country and was attended by a record 440 delegates. The scientific program was appreciated by one and all and so was the overall arrangements and conduct of the conference.

World Diabetes Day was celebrated by a large number of members in their clinics, free camps, health talks, health shows, and health walks. Members were requested to reach out to under privileged sections. Each member did in his own way and one full week was devoted to diabetes education and creation of diabetes awareness.

December 2017 bimonthly meeting too was yet another academic feast for clinicians wherein topics related to chronic kidney disease and urology were addressed .



Chapter News



Tamil Nadu Chapter

Under Tamil Nadu chapter of RSSDI, Diabetes Club of Tiruchirappalli conducted the World Diabetes Day Program on 14th November 2017 in an elaborate manner at Indian Medical Association Hall, Salai Road, Trichy, as this year, the Theme is “Women and Diabetes,” the members of Diabetes Club of Tiruchirappalli felt that women and diet should be highlighted. Fireless cooking competition was organized from 11 AM to 1 PM. A total of 47 participants took part in it. The prizes were divided into presentation, taste, and nutrition content. Each category had 3 prizes. Judges were called from eminent catering colleges and professors of nutrition and dietetics. The participants were from cross-section of the society in the age group of 18–70 years.

It was well attended by more than 350 audience. Press and media were covered. A total of 30,000 handouts were distributed to the public to create awareness. Huge banners were erected at strategic places in Trichy.

Indian Medical Association hall and Trichy Diabetes Speciality Centre (P) Ltd. buildings were illuminated with blue lights symbolizing World Diabetes Day 2017.



Haryana Chapter

Conference on Diabetes Mahabhartha: Held on 1st October 2017 at Cassa Bella celebration hall, Gurgaon. In IMA Haryana State Annual Conference. This program was attended by of 430 delegates from all over Haryana.

Diabetes Check-up Camp: Regular diabetes camp is held on every 2nd Sunday at Jain Charitable Hospital from 8 AM to 11 AM. This camp is held regularly for the past 20 years. In the month of October, 112 patients were examined free for blood sugar testing and eye check-up.

Chapter News

Haryana chapter also celebrated the World Diabetes Day on 14th November 2017 in a very successful way.



West Bengal Chapter

On the occasion of World Diabetes Day, West Bengal Chapter organized a walkathon "Walk For Diabetes" in Kolkata.



World Diabetes Day 2017, Kolkata, walks for diabetes walkathon



World Diabetes Day walk for diabetics, kids joining the walk

Conference Calendar

AACE 27th Annual Scientific & Clinical Congress 2018

May 16–20, 2018
Boston, Massachusetts, United States

54th Annual Meeting of the European Association for the Study of Diabetes

October 1–5, 2018
Berlin, Germany

American Diabetes Association's 78th Scientific Sessions

June 22–26, 2018
Orlando, Florida, United States

46th Annual Meeting of Research Society for the Study of Diabetes in India

November 22–25, 2018
Ahmedabad, Gujarat, India

Please note that the International Journal of Diabetes in Developing Countries (IJDDC) now has a new weblink.
<http://www.springer.com>

RSSDI Secretariat

Dr Makkar's Diabetes & Obesity Centre

A-5 B/122, Paschim Vihar, New Delhi - 110 063, India

Phone Number: 011 - 27061022

Email: rssdihq@gmail.com; Website: www.rssdi.in