From the Desk of the Organizing Secretary of the RSSDI 99 ....

Dear Colleagues,

We indeed appreciate the compassion and fellow feeling shown to us by all of you following the ravage caused by the super cyclone. The devastation is beyond human comprehension. Centuries old banyan trees and generations old civilization have been wiped off by the carnage of nature. The prosperous lively humanity of coastal Orissa lies orphaned and dazed.

Men, live stock, plantations and crops have all been devoured by the fury of nature. However the nation has stood up to the cause. The very pulse of sharing and caring with the deep feelings of national integrity has leaped forward. What has been lost is lost and cannot be retrieved. Lamenting will not help. We have to overcome the melancholy. The world is for the crusader. With the good wishes and timely help we have to move forward. Courage has to be infused. Normalcy has to be restored. The vanquished should be made the victor. The stride has to start - time and tide wait for none.

We therefore decided to host the 27th Annual Scientific Meeting of the RSSDI for the sake of science and benefit of mankind. There may not be entertainment programme nor the elated feelings of festivity, yet the abundance of scientific feast and academic jest will not be deficient. As the phoenix, we will make RSSDI conference a true academic meet.

The conference will be conducted from 10th to 12th February 2000 at Hotel 'The Garden Inn', Bhubaneswar. As decided by the Organizing Committee, the last date for registration has been shifted up to December 31, 1999. The registration charges will be as follows and from January 1, 2000 spot registration shall be in vogue for all participants whether member, non-member, spouse/accompanying person etc. The registration fees for foreign delegates shall continue to be $250.

Upto December 31, 1999 Registration Fees shall be : RSSDI Member - Rs.1200 (Please clearly mention the membership number); Non-Member - Rs.1300; Spouse/ Accompanying person - Rs.800; Foreign Delegates - $ 250

Those who have already registered do not have to register again. All payments are to be made by demand draft in the name of RSSDI 99 payable at Cuttack. Please mention your address of correspondence clearly. Rs.150 per person for one day site-seeing to Puri and Konark stands as before. All desirous for sight-seeing have to mention your address of correspondence clearly. Rs.150 per person for one day site-seeing to Puri and Konark stands as before. All desirous for sight-seeing have to send their contributions by December 31, 1999 and have to mention their registration number along with the draft. Those who have already paid for sight-seeing should not repeat. Sight-seeing to Puri and Konark will be organized on February 11, 2000 only. However, delegates desirous to take trips on other days can do individually through travel agents and tourist offices at Bhubaneswar by personal endeavor.

Enquiries for submission of abstracts, registration, request for travel grants and further information from :

Dr. Sidhartha Das, Organizing Secretary - RSSDI 99, Saradiya, Mission Road Buxi Bazar, Cuttack 753 001 OR tel 0671 619634 fax 618714 graphic@dte.vsnl.net.in sidhartha-das@iname.com

Dr. P.K. Acharya, Vice-Chairman (Executive), N1-A/10, IRC Village, Nayapally Ekmrakanan Road, Bhubaneswar 751 015 OR tel 674 555531 fax 554345
**XXVII ANNUAL SCIENTIFIC MEETING OF THE RESEARCH SOCIETY FOR THE STUDY OF DIABETES IN INDIA rssdi 99**

**FEBRUARY 10, 11 AND 12, 2000 BHUBANESWAR**

**THEMES FOR rssdi 99**

Secondary diabetes, in the Scientific section,
Qualitative aspects of dietary fats, in the Nutrition section

**NOTICE**

Consequent to the announcement of the rssdi 99 meeting at Bhubaneswar between February 10 and 12, 2000, notice is hereby given that the XXVII Annual General Body Meeting of the Research Society for the Study of Diabetes in India will be held on February 12, 2000 at Hotel 'The Garden Inn', Bhubaneswar.

**ELECTION OF THE RSSDI PRESIDENT FOR 2000**

The tenure of the President shall be one RSSDI year (2.5.2 item i), and (2.5.3) to get elected as the President, a candidate should have held an elected position in the EC for three years. (3.1) Nominations were invited from among the eligible members for the post of the President duly proposed by a valid member and seconded by a valid member accompanied by candidate’s consent and bio-data to reach the Honorary Secretary before September 30.

One nomination was received for the post of Honorary President from Prof. B.K. Sahay, Hyderabad, and the formal announcement of election results will be made in the XXVII Annual General Body Meeting of the Research Society for the Study of Diabetes in India, to be held in Bhubaneswar.

**DIABETES IN NEXT MILLENNIUM**

on December 19, 1999 in Bellary
approved for 5 RSSDI credit hours
Register by sending Rs.100 (Rs.50 for PGs) by draft favoring
Diabetes in Next Millennium to
Prof. Tekur Ramnath
Principal
Vijayanagar Institute of Medical Sciences
Bellary 583 104 KA
tel 08392 42104 42380 fax 49424 42024

**MICROALBUMINURIA AND DIABETES**

on January 23, 2000 at Nizam’s Institute of Medical Sciences
approved for 5 RSSDI credit hours
Register by sending Rs.100 by draft favoring CME Nephrology to
Prof. K.V. Dakshinamurthy
Head, Department of Nephrology
Nizam’s Institute of Medical Sciences
Hyderabad 500 082 AP
tel 040 3310076

**CME IN DIABETES**

on January 30, 2000 at Medical College, Trivandrum
approved for 5 RSSDI credit hours
Register by sending Rs.200 by draft favoring Kerala Diabetic Foundation to
Prof. R.V. Jayakumar
Head, Department of Medicine
Medical College
Trivandrum 695 011 KE
tel 0471 59725 594424 fax 0481 596506
dr_jayakumar@vsnl.com

**DIET AND DIABETES**

on February 26, 2000 at St. John’s Medical College, Bangalore
approved for 5 RSSDI credit hours
Register by sending Rs.250 by draft favoring St. John’s Medical College to
Prof. Anura V. Kuppad
Nutrition Division
St. John’s Medical College
Bangalore 560 034 KA
tel 080 5530724 ext 430 fax 5532037
akuppad@newmail.net

**DIABETES IN MIDDLE EAST, EASTERN MEDITERRANEAN AND SOUTH EAST ASIA**

Second Conference on March 2, 3 and 4, 2000 in Dhaka, Bangladesh
Registration enquiries to DIMEMSEA Room 304 A Research Division BIRDEM 122 Kazi Nazrul Islam Avenue Dhaka 1000 Bangladesh
tel 880 2 863700 867130 866641-50 fax 867130 863004 lali@citechco.net

**APDF CME IN DIABETES**

on March 19, 2000 in Rajahmundry
Andhra Pradesh Diabetes Federation approved for 5 RSSDI credit hours
Register by sending Rs.100 by draft favoring IMA, Rajahmundry to
Dr. Kandula Sai
Behind Danavaipeta
Rajahmundry 533 103 AP
tel 0883 467200 469559 478437

**DIABETES AND GASTROINTESTINAL SYSTEM**

at Nizam’s Institute of Medical Sciences in March 2000
approved for 5 RSSDI credit hours
Enquiries with Dr. Ajit
Head, Department of Gastroenterology
Nizam’s Institute of Medical Sciences
Hyderabad 500 082 AP
tel 040 3310076

**5th International Congress of the Immunology of Diabetes Society**

Chennai, India
February 14-16, 2001
Further enquiries from Dr. C.B. Sanjeevi
Department of Molecular Medicine
Karolinska Institute
CMN L8:03 S-171 76 Stockholm SWEDEN
tel +46-8 517 76254 fax +46-8 517 76179 sanjeevi.carani@molmed.ki.se

HANDBOOK OF NUTRITION AND DIABETES MANAGEMENT
by SAM G.P. MOSES
send Rs.90 to PARAS MEDICAL PUBLISHER
5-1-473, Putlibowli, P.O. Box 544 Hyderabad 500 095

Mailing enquiries to Dr. P. Ushabala, Diabetes Education and Treatment Center, Kantisikkeru Road, Panjagutta, Hyderabad 500 082 AP tel 040 3391911  uhabala@pol.net.in
### INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st March, 1998

<table>
<thead>
<tr>
<th>Expenditure</th>
<th>Amount Rs.</th>
<th>Income</th>
<th>Amount Rs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>To Printing and Stationery</td>
<td>66,780.00</td>
<td>By Membership Fee</td>
<td>2,45,720.00</td>
</tr>
<tr>
<td>To Postage and Telegrams</td>
<td>31,781.50</td>
<td>By Sponsorship Fee</td>
<td>56,500.00</td>
</tr>
<tr>
<td>To Telephones</td>
<td>14,482.00</td>
<td>By Corporate Membership Fee</td>
<td>1,00,000.00</td>
</tr>
<tr>
<td>To Bank Charges</td>
<td>587.00</td>
<td>By Contribution from rssdi 97</td>
<td>8,200.00</td>
</tr>
<tr>
<td>To Diabetes Bulletin</td>
<td>60,040.00</td>
<td>By Interest on FDRs and SB a/c</td>
<td>92,396.00</td>
</tr>
<tr>
<td>To Travelling expenses</td>
<td>36,345.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>To Audit Fee</td>
<td>2,500.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>To Excess of Income over Expenditure</td>
<td>2,90,300.50</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total expenditure</strong></td>
<td><strong>5,02,816.00</strong></td>
<td></td>
<td><strong>5,02,816.00</strong></td>
</tr>
</tbody>
</table>

**BALANCE SHEET AS ON 31st March 1998**

<table>
<thead>
<tr>
<th>Liabilities</th>
<th>Amount Rs.</th>
<th>Assets</th>
<th>Amount Rs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excess of Income over Expenditure</td>
<td>10,30,229.50</td>
<td>Fixed Deposits</td>
<td>8,50,000.00</td>
</tr>
<tr>
<td>(Rs. 7,39,929.00 + Rs.2,90,300.50)</td>
<td></td>
<td>Accrued Interest on FDRs</td>
<td>70,990.00</td>
</tr>
<tr>
<td>Outstanding liabilities</td>
<td>3,160.00</td>
<td>Deposit in NIMS</td>
<td>20,000.00</td>
</tr>
<tr>
<td>(Rs.660+Rs.2500)</td>
<td></td>
<td>Cash in Hand</td>
<td>136.10</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Cash at Bank</td>
<td>92,263.40</td>
</tr>
<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>10,33,389.50</strong></td>
<td></td>
<td><strong>10,33,389.50</strong></td>
</tr>
</tbody>
</table>

For **REDDY & ASSOCIATES**
Chartered Accountants
Hyderabad Sd/- PROPRIETOR
October 20, 1999
(T. Chandra Reddy 200353)

### INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st March, 1999

<table>
<thead>
<tr>
<th>Expenditure</th>
<th>Amount Rs.</th>
<th>Income</th>
<th>Amount Rs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>To Printing and Stationery</td>
<td>39,185.00</td>
<td>By Membership Fee</td>
<td>1,58,610.00</td>
</tr>
<tr>
<td>To Postage and Telegrams</td>
<td>28,110.00</td>
<td>By Sponsorship Fee</td>
<td>83,500.00</td>
</tr>
<tr>
<td>To Telephones</td>
<td>21,036.00</td>
<td>By Contribution from rssdi 97</td>
<td>3,14,000.00</td>
</tr>
<tr>
<td>To Bank Charges</td>
<td>836.00</td>
<td>By Donation</td>
<td>21,225.00</td>
</tr>
<tr>
<td>To Diabetes Bulletin</td>
<td>80,000.00</td>
<td>By Interest on FDRs and SB a/c</td>
<td>1,13,748.00</td>
</tr>
<tr>
<td>To Travelling expenses</td>
<td>17,050.00</td>
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<td></td>
</tr>
<tr>
<td>To Typist</td>
<td>1,500.00</td>
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</tr>
<tr>
<td>To Obituary</td>
<td>12,925.00</td>
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<td></td>
</tr>
<tr>
<td>To Depreciation</td>
<td>4,466.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>To Audit Fee</td>
<td>2,500.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>To Excess of Income over Expenditure</td>
<td>4,83,475.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total expenditure</strong></td>
<td><strong>6,91,083.00</strong></td>
<td></td>
<td><strong>6,91,083.00</strong></td>
</tr>
</tbody>
</table>

**BALANCE SHEET AS ON 31st March 1999**

<table>
<thead>
<tr>
<th>Liabilities</th>
<th>Amount Rs.</th>
<th>Assets</th>
<th>Amount Rs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excess of income over expenditure</td>
<td>15,13,704.50</td>
<td>Fixed Assets</td>
<td></td>
</tr>
<tr>
<td>(Rs.10,30,229.50 + Rs.4,83,475.00)</td>
<td></td>
<td>Computer</td>
<td>17,862.00</td>
</tr>
<tr>
<td>Outstanding liabilities</td>
<td>5,000.00</td>
<td>less: Depreciation</td>
<td>4,466.00</td>
</tr>
<tr>
<td>(Rs.10,30,229.50 + Rs.4,83,475.00)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>15,18,704.50</strong></td>
<td></td>
<td><strong>15,18,704.50</strong></td>
</tr>
</tbody>
</table>

For **REDDY & ASSOCIATES**
Chartered Accountants
Hyderabad Sd/- PROPRIETOR
October 20, 1999
(T. Chandra Reddy 200353)
Primary care physicians are invited for a post-CME self-assessment program after similar programs of IMA College of General Practitioners, IMA Academy of Medical Specialties (DSC) and the AKN Sinha Institute of Continuing Medical Education, IMA. Clinicians with MB BS qualification after attending 100 hours of the RSSDI accredited CME programs wishing to attend the post-CME self-evaluation in the School of Diabetology, Hyderabad may please write to the Honorary Secretary.

Self-evaluation program also includes submission of 20 detailed case records with 2 IDDM and 2 GDM cases in the long case format as prepared for examinations in teaching hospitals. In addition, investigations, treatment given and follow-up should also be briefly mentioned. These records are to be neatly typed on A4 size white papers and spiral bound, and submitted at the time of self-evaluation program of the Accreditation.

Please note that for registering to the self-assessment of the accreditation program, 1. draft for Rs.1000 favoring 'diabetology',
2. copy of your M.B., B.S. certificate, and
3. copies of accredited CME programs attended by you,
should reach the Secretariat before December 18, 1999.

The date of the self-assessment program is tentatively fixed for December 26, 1999 to be held in School of Diabetology at NIMS, Hyderabad for 2 hours between 12 noon and 2 pm. The self-assessment will be to answer about 60 to 100 MCQs in two hours. You are required to submit 20 case records neatly typed on A4 size papers and spiral bound, on the day of self-assessment. Further details on preparing these case records are as in the RSSDI NEWS of September 1999.

RSDDI LIFE MEMBERSHIP
Send Rs.1500 by draft favoring RSSDI, copy of the degree certificate and complete postal address to the Secretariat.

RSSDI ACCREDITED CONTINUING MEDICAL EDUCATION PROGRAM

Primary care physicians are invited for a post-CME self-assessment program after similar programs of IMA College of General Practitioners, IMA Academy of Medical Specialties (DSC) and the AKN Sinha Institute of Continuing Medical Education, IMA. Clinicians with MB BS qualification after attending 100 hours of the RSSDI accredited CME programs wishing to attend the post-CME self-evaluation in the School of Diabetology, Hyderabad may please write to the Honorary Secretary.

Self-evaluation program also includes submission of 20 detailed case records with 2 IDDM and 2 GDM cases in the long case format as prepared for examinations in teaching hospitals. In addition, investigations, treatment given and follow-up should also be briefly mentioned. These records are to be neatly typed on A4 size white papers and spiral bound, and submitted at the time of self-evaluation program of the Accreditation.

Please note that for registering to the self-assessment of the accreditation program, 1. draft for Rs.1000 favoring 'diabetology',
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RSDDI LIFE MEMBERSHIP
Send Rs.1500 by draft favoring RSSDI, copy of the degree certificate and complete postal address to the Secretariat.

XXIX ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF INDIA
December 19, 20 and 21, 1999
HYDERABAD
Enquiries for submission of abstracts, registration, request for travel grants and further information from Prof. N. Sudhakar Rao Organizing Secretary 3-6-537/A 208 Street 7 Himayat Nagar Hyderabad 500 029 AP tel 040 7631103 3600829 098480 45962 fax 3236756 rssdi@hd2.dot.net.in Register by sending draft favoring Organizing Secretary, ESICON 99, Hyderabad Registration was Rs.500 for bonafide students or accompanying persons, Rs.1000 for life members and Rs.1500 for others
Date of CME December 19
Date of Inauguration December 19
Sightseeing December 21 and 22

AHUJA RESEARCH FUND
At the 25th anniversary meeting of the RSSDI, Prof. M.M.S. Ahuja has decided to take steps for formation of a diabetes research forum with a seed money donation of Rs. one lakh. Following his sad demise, it is proposed that the objectives of this forum shall be met through an independent team of eminent teachers and researchers under the guidance of Prof. K. Kannan, Madurai in association with Dr. C.S. Yagnik, Pune; Dr. Ajay Sood, New Delhi; Dr. Eesh Bhatia, Lucknow; Prof. K.M. Prasannakumar, Bangalore and Prof. R.V. Jayakumar, Kottayam. A corpus fund of Rs.10 lakhs will be raised and managed by Prof. K. Kannan in Madurai, for disbursing the annual interests accrued as diabetes research grants. The first donation of Rs.21,225 to this trust was received from Professor Paul Zimmet, International Diabetes Institute, Caulfield, Australia on October 27, 1998.

Generous donations to this good cause are solicited from all clinicians, researchers and sponsors, to be remitted in favor of Ahuja Research Fund a/c, Madurai and sent to Prof. K. Kannan, 789 Ar. Anna Nagar, Madurai 625 020 TN tel 0452 726434 533563 537266 fax 650122 arunkan@vsnl.com

INTERNATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES

DIABETES BULLETIN
The Journal is not being published as per schedule, from mid 1997, but prior to this the publication of the Journal was fairly regular and per schedule. The chief reason for the present delay is paucity of material.

In order to rectify the situation we request medical teachers, researchers and scientists to submit a few articles a year for publication. These could be in the form of original articles or comprehensive reviews. If your busy schedule does not permit you to submit materials to us we would appreciate it if you could encourage other junior doctors to work under your guidance to submit their work for publication.

We would also like to inform you that we are in the process of getting our Journal approved by an abstracting agency. For this purpose, the section on abstracts would have to be deleted from the Journal. However since this occupies quite a few pages, omission of this section would call for greater support from your side in the form of articles, reviews and case reports to maintain the current size and standard of the Journal.

We hope that you will support the Journal wholeheartedly. This will ultimately help us all in projecting diabetes research from India on a global scale.

ACADEMIC LIFE MEMBERSHIP
Eligible life members may please ensure that their membership is included under the category of academic life members by checking address label on the envelope enclosing this issue of RSSDI NEWS. Academic life members are identified with letters ACAD preceding their membership number on the first line of address label.

The RSSDI invites applications from clinicians with post graduate degree and researchers with doctorate qualification for academic life membership, addressed to the Credential Committee mentioning the years of obtaining their post graduate qualifications.